



USA T&F NATIONAL MASTERS INDOOR CHAMPIONSHIPS

by
Bill McIlwaine

A small but very competitive crew of Canadians travelled to Reno NV for USA T&F National Masters Indoor Track and Field Championships. There were just over 700 competitors registered for the meet which was extremely well run. My congratulations to the organizers.

For some of this was our first time running on boards, and coupled with the altitude made for some very interesting race experiences. The track is a portable and was donated to the University of Nevada by Bill Cosby who apparently did some of his early entertaining in Reno and wanted to repay them in some way.

As an example of the competitiveness of the group Canadians won four of the 400 metre races and three of them, Diane Palmason (W55) 1:07.38, Earl Fee (M65) 59.53 and Harold Morioka (M50) 52.72 set new world records. Yours truly also won his 400 metre event, but no world record.



Marne McMillan on her way to a bronze medal in the W40 200 Metres at the USATF National Masters indoors in Reno.

Diane Palmason also established a new world record in the 800 Metres with a winning time of 2:40.39 which beat the old record by just over nine seconds. Her second place 200 Metre time of 30.33 is a new Canadian Record. The winning time in this race was 30.30 by Carolyn Capetta (MA) which was a new world record.

Debbie Brill, Canada's all time leading high jumper made her presence felt in international masters competition by establishing a new W40 world record of 1.72 metres.

One other Canadian Record was set by Liz McBlain (W45) in winning the shot put with a throw of 9.95 metres.

Results of Canadians:

Women:

60 Metres:

W40: 4. Marne McMillan 9.24.

200 Metres:

W40: 3. Marne McMillan 28.90.

W55: 2. Diane Palmason 30.33 (COR).

400 Metres:

W40: 3. Marne McMillan 1:04.82

W55: 1. Diane Palmason 1:07.38 (WR)

800 Metres

W45: 2. Judy Warick 2:29.09.

W55: 1. Diane Palmason 2:40.39 (WR)

1500 Metres:

W45: 1. Judy Warick 5:18.70.

60 Metre Hurdles:

W45: 2. Liz McBlain 11.25.

High Jump:

W40: 1. Debbie Brill 1.72 (WR)

W45: 3. Liz McBlain 1.37.

Long Jump:

W45: 2. Liz McBlain 3.86.

Triple Jump:

W45: 2. Liz McBlain 7.91.

Shot Put:

W45: 1. Liz McBlain 9.95 (COR).

W65: 2. Estelle Jenkins 5.95.

Weight Throw:

W45: 2. Liz McBlain 8.84 (COR).

W65: 2. Estelle Jenkins 4.79.

Men:

60 Metres:

M40: 6. Tom Dixon 7.49. 3rd in heat in 7.43.

M50: 2. Harold Morioka 7.57. 2nd in heat in 7.55.

M65: Earl Fee 9.11 for 5th in heat.

200 Metres:

M40: 3. Tom Dixon 23.98. 3rd in heat in 24.30.

M50: 2. Harold Morioka 23.94. 1st in heat in 24.60.

400 Metres:

M50: 1. Harold Morioka 52.72 (WR)

M55: 1. Bill McIlwaine 58.14.

M65: 1. Earl Fee 59.53 (WR)

800 Metres:

M40: 2. S. Robertson 2:02.25.

M55: 2. Bill McIlwaine 2:21.12.

M65: 1. Earl Fee 2:17.62



Bill McIlwaine chasing Sid Howard of New Jersey in the M55 800 Metres at the US Indoors in Reno NV.

Photo by Judy Warick.

1500 Metres:

M40: 2. S. Robertson 4:14.41.

3000 Metres:

M50: 2. Jack Miller 9:51.76.

Shot Put:

M70: 5. Walter Jenkins 8.89.

Weight Throw:

M70: 2. Walter Jenkins 8.97(COR).

Superweight Throw:

M70: 2. Walter Jenkins 6.62.