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**CANADIANS PERFORM  
WELL AT USATF  
CHAMPIONSHIPS IN MAINE**

About 30 Canadians, coming from coast to coast, travelled to the campus of the University of Maine in Orono to compete in the USATF National Masters Track and Field Championships. The meet took place July 30 - August 2 on an excellent sky blue

track with adjacent throwing facilities. The meet was very well run despite an hour delay at the start of the first day due to electrical problems. The banquet on Saturday night was excellent with a feed of lobster - what else would you expect in Maine.

Outstanding performances came from Richmond Kajaks runners Avril Douglas (W50) and Marne McMillan (W45) who combined for seven gold medals. Avril won all five of her events which included new Canadian records in the 100 metres (13.84) and 1500 metres (5:05.22) while Marne was victorious in her 800 and 1500 metre events.

Earl Fee (M65) despite being in the last year of his age group came first in the 400 metres and the 800 metres and then came up with a third place in the 200 metres.

**Women**

**100 Metres**

**W45:** - 2. Trott, Rhona (ON) 14.26 (2.0).

**W50:** - 1. Douglas, Avril (BC) 13.84 (1.4).

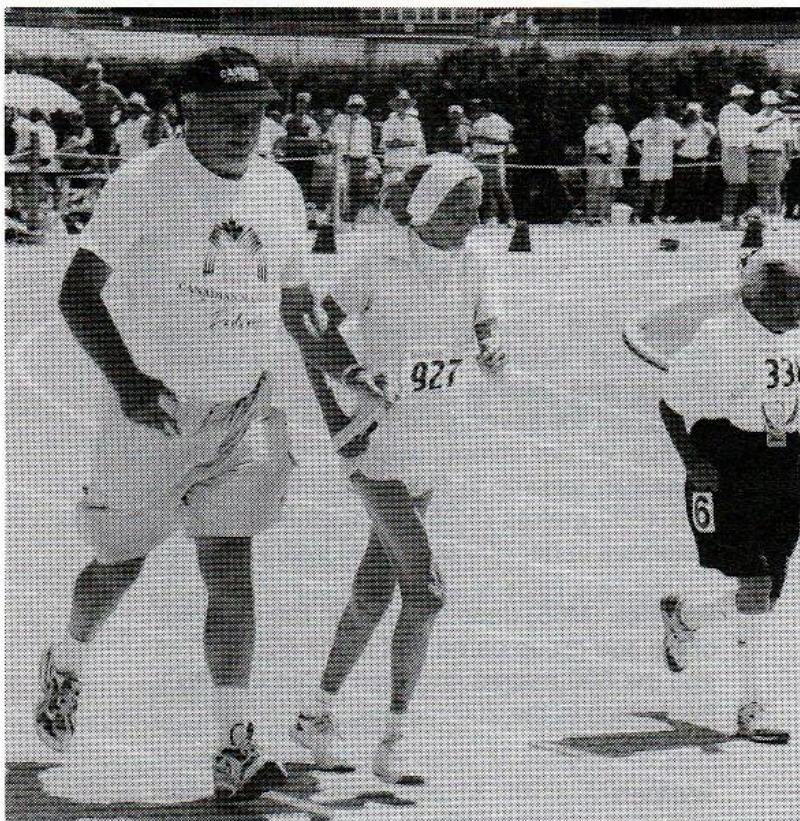
**W60:** - Heat 1. Gray, Edith (ON) 16.01 (0.0);  
Final 2. Gray, Edith 16.29 (1.5).

**W85:** - 1. Granstrom, Ivy (BC) 32.38 (0.7).



**Rhona Trott (left) W45 from Ontario came second in both the 100 and 200 metres.**  
**200 Metres**





Ivy Granstrom W85 from British Columbia shown here with guide Paul Hoebrigs in the 200 metre final.



June Marie Provost W65 from Ontario has been establishing numerous walking records this season and is seen here finishing the 10K roadwalk in Orono, ME.

**W45:** - 2. Trott, Rhona (ON) 29.49 (0.3).  
**W50:** - 1. Douglas, Avril (BC) 29.17 (-1.1).  
**W85:** - 2. Granstrom, Ivy (BC) 1:06.33 (-1.2).

#### 400 Metres

**W35:** - 1. Belanger, Renee (QC) 58.76.  
**W45:** - 2. Trott, Rhona (ON) 1:07.21.  
**W50:** - 1. Douglas, Avril (BC) 1:04.38.  
**W85:** - 1. Granstrom, Ivy (BC) 2:22.93.

#### 800 Metres

**W35:** - 1. Belanger, Renee (QC) 2:14.45.  
**W45:** - 1. McMillan, Marne (BC) 2:25.06.  
**W50:** - 1. Douglas, Avril (BC) 2:27.42; 2. Findley, Linda (ON) 2:35.91.  
**W85:** - 1. Granstrom, Ivy (BC) 5:24.58.

#### 1500 Metres

**W45:** - 1. McMillan, Marne (BC) 5:03.19.  
**W50:** - 1. Douglas, Avril (BC) 5:05.22; 3. Findley, Linda (ON) 5:08.18.

#### 5000 Metres

**W85:** - 1 Granstrom, Ivy (BC) 42:27.33.

#### 80 Metre Hurdles

**W60:** - 2. Gray, Edith (ON) 18.35 (0.8).

#### 4 x 400 Metre Relay

**W40-49:** - 2. Canada (1. Rhona Trott, 2. Avril Douglas; 3. Linda Findley, 4. Marne McMillan) 4:35.85.

#### 5000 Metre Walk

**W65:** - 2. Provost, June-Marie (ON) 31:16.16.

#### 10000 Metre Road Walk

**W65:** - 1. Provost, June-Marie (ON) 1:04:15.81.

#### High Jump

**W60:** - 2. Gray, Edith (ON) 1.20.

#### Long Jump

**W60:** - 2. Gray, Edith (ON) 3.61 (1.3).

#### Hammer

**W35:** - 3. Dajia, Kristen (ON) 42.15.

#### Men

##### 100 Metres

**M40:** - Heats 6. Grose, Val (ON) 11.90 (-0.9).





**Team Canada's 4 x 400 relay team came second. Left to right are Rhona Trott, Avril Douglas, Linda Findley and Marne McMillan and a passing friend in front.**

**M65:** - 3. Mitchell, Ross (NS) 13.69 (3.4); 6. Gluppe, George (BC) 15.16.

#### **200 Metres**

**M40:** - Heats - 7. Grose, Val (ON) 23.88 (0.8); Semi-Finals - 5. Grose, Val (ON) 24.07 (-1.8); Final. - 6. Grose, Val (ON) 24.08 (-0.8).

**M65:** - Heats - 4. Fee, Earl (ON) 29.83 (0.9); 8 Gluppe, George (BC) 32.84 (1.1); Final - 3. Fee, Earl (ON) 28.71 (-1.1); - 6. Gluppe, George (BC) 32.75.

#### **400 Metres**

**M45:** - 2. Feeney, Gerald (ON) 54.07.

**M65:** - 1. Fee, Earl (ON) 1:01.50.

#### **800 Metres**

**M40:** - Heats - 6. Martel, Francois (QC) 2:08.61; 10. Bracey, Robert (ON) 2:06.48. Final - 5. Martel, Francois (QC) 2:03.33.

**M45:** - 1. Feeney, Gerald (ON) 2:08.62.

**M55:** - Heats - 4. McIlwaine, Bill (ON) 2:31.38.

**M65:** - 1. - Fee, Earl (ON) 2:22.50.

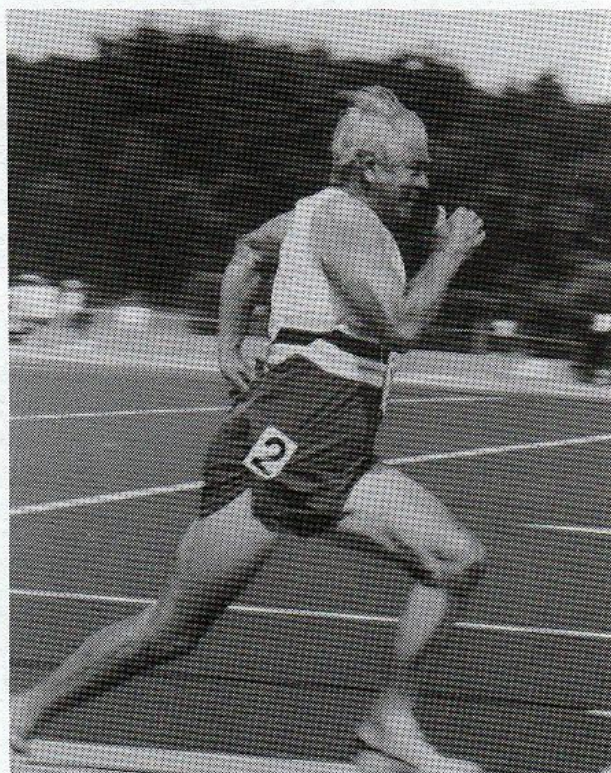
#### **1500 Metres**

**M35:** - 1. Lachanle, Yuan (QC) 4:07.36.

**M40:** - 14. Couture, Robert (QC) 4:32.53.

**M45:** - 1. McSorley, Roly (NB) 4:24.08.

**M80:** - 3 Leyland, Les (BC) 7:30.00.



**George Gluppe M65 (BC) competed in the 100 and 200 metre events**



**Gerald Feeney M45 from Ontario came second in the 400 and is seen here receiving his gold medal for the 800M.**

#### **5000 Metres**

**M40:** - 10. Sellon, Micheal (ON) 17:59.35.

**M45:** - 5. Laliberte, Jacques (QC) 17:25.44.

**M50:** - 7. Breton, Gaetan (QC) 19:59.69.

**M80:** - 1 Leyland, Les (BC) 28:07.11.



**10000 Metres**

**M50:** - 5. Breton, Gaetan (QC) 40:08.30.

**100 Metre Hurdles**

**M50:** - Heats - 4. 4 De Horn, William (QC) 17.00 (-0.1); Final - 4. De Horn, William (QC) 16.39 (0.6)

**3000 Metre Steeplechase**

**M45:** - 3. Smith, Doug (ON) 12:38.18.

**High Jump**

**M50:** - 3. De Horn, William (QC) 1.60.

**Long Jump**

**M50:** - 5 De Horn, William (QC) 5.18 (-0.3)

**Pole Vault**

**M40:** - 5. Courteau, Ambroise (QC) 3.85.

**M50:** - 3. De Horn, William (QC) 3.35.

**Javelin**

**M50:** - 7. De Horn, William (QC) 40.61.

**M55:** - 3. Pamenter, Fred (ON) 44.99.

**Hammer:** - 1. Muller, Emil (QC) 49.69; 5. Staveley, Bob (ON) 33.18.