

Sprints/Hurdles

Female

Karla Del Grande



Karla (W62) won 2 gold medals at the Lyon World Championships in 100 and 200 metres with age graded scores of 99 and 100%, and set a new Canadian 50 metre indoor record with an age grading of 106%. Tony Sharpe (on the left) made the presentations. Karla is on the far right.

Honourable Mention

W40 Khama Beckles

Khama (W40) won bronze in Lyon in the 100 metres, and set 2 Canadian records in the outdoor 100 (12.59) and 200 (26.93), both with age grading above 85%.

Male

Ward Hazen



Ward (M61) set 2 Canadian hurdle records, in the indoor 60 metres, and in the outdoor 100 metres, smashing both previous records and with age graded scores of over 90%. He also won silver in Lyon in the 100 metre Hurdles.

Distance/Walks

Female (TIE)

Annie Bunting

Annie (W50) won a silver in the 800 metres (AG of 86%) and bronze in the 1500 metres (AG of 92%) at the World Championships.

Kris Kozell

Kris (W60) broke Canadian records 8 times this year in Race Walking, ranging from indoor 1500 and 5000 metres, as well as the outdoor 5000 and the 10K Road Race. In the World Championships, she placed 5th in 2 events. Her age graded scores were all above 85%.

Annie and Kris are on the far right, next to Senior Women winner and Guest Speaker at the banquet, Melissa Bishop.



Male
Mike Sherar



Mike (M51) won bronze in the 800 metres in the Lyon World Championships, and was 1 of 10 men selected to compete in the first ever Masters Invitational 800 metres race in the IAAF World Championships in Beijing, where he again placed 3rd. He was also part of a Canadian record setting 4 by 800 indoor relay team.

Honourable Mention
M55 Chris Deighan

In the 3000m Steeplechase at the World Championships, Chris (M55) won a bronze medal, setting a Canadian record. At the CMA Championships, he broke a Canadian record from 1987 in the 1500 metres, running 4:30.41 with an age grading of 93%.

Throws
Female
Marie-Josée Le Jour



In Lyon, W36 Marie-Josée (W36) broke her own world record in Throws Pentathlon for the gold, recording over 4,100 points which is an elite level Throws Pentathlon, and explains why she also competed in the Toronto 2015 PanAm Games, an awesome achievement as a Masters athlete. She also won gold in the Discus, and bronze medals in the Hammer and Weight Throw.

Honourable Mention
W55 Barb Dabrowski won gold in Lyon in Javelin.

Male
Emil Muller



Emil (far right) broke the Canadian record in the Men's 80 year old category for the Hammer Throw 3 times in 2015, improving it by over 5 metres, to 40.41 metres, which is 90.83% age grading. In the World Championships, he placed 4th in Hammer and was 6th in Weight Throw. Marie-Josée (far left) presented these awards.

Honourable Mention

M35 **Jason Baines** won silver on both Weight Throw and Hammer in Lyon.

Combined Events

Male

Peter Zowkewych



Peter (M60) had the highest age graded point totals in Ontario in both indoor and outdoor pentathlon, and won gold at the USATF Southeast Regional Championships.

Peter broke the ONT record in the Outdoor High Jump
Sue Wise presented these awards, and Peter is beside her.

Female
Gaby Szanto



Annemarie (Gaby) (W50) had the highest age graded point total in Ontario in the indoor pentathlon, set Canadian records in outdoor Pole Vault and Shot Put and won a silver in Lyon in Pole Vault. She is on the far right.