

W50 400 Kickbike 2:30pm Sat -

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Dianna Knight	W54 Unattached		64.47	50.81 93.69% 7
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M60 400 Kickbike 2:30pm Sat -

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Rodger Knight	M60 Unattached		61.84	50.50 85.51% 7
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M40 800 Jogging 12:00pm Sun

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Michal Kapral	M41 UTTC		2:15.61	2:07.75 79.15% World Record
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W29&U 3000 Meter Run 11:30am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Kelly Fitzsimmons	W28 UTTC		11:48.13	11:48.14 70.81% 7
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M45 3000 Meter Run 11:30am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Michael Sherar	M49 UTTC		11:48.31	10:24.52 70.46% 7
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W50 3000 Meter Run 11:30am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Katherine Willis	W54 UTTC	15:45.00	15:43.67	12:43.62 65.66% 7
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W60 3000 Meter Run 11:30am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Cathy Tedford	W60 Runner's Life	20:00.00	19:21.04	14:23.82 58.05% 7
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M70 3000 Meter Run 11:30am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
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1 Chris Mackie	M72 Unattached	12:45.00	12:33.91	8:57.84 81.81% 7
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X30 4x100 Meter Relay 11:00am Sat

Team	Seed	Finals	Points
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1 Four S's	54.37	7	
1) Spencer Arnfield 54			2) Saleem Baksh
3) Sheree Mullings 31			4) Mike Sherar

W35 4x100 Meter Fun Relay 1:30pm Sun -

Team	Seed	Finals	Points
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1 Unattached 'A'		72.15	
1) Sarah Raetsen 37			2) Glenn Duncan 41

3) Cathy Tedford 60

4) Wendy Alexis 58

X40 4x100 Meter Fun Relay 1:30pm Sun -

Team	Seed	Finals	Points
1 Unattached 'C'		63.00	
1) Rita Botelho 53	2) Nathalie Auger 47		
3) Paul Osland	4) Duncan Greenshields 64		
2 Unattached 'B'		64.16	
1) Anne de Thy 60	2) Marlon Schmidt 42		
3) Kate Cochrane-Brink 45	4) Karla Del Grande 60		
3 Unattached 'E'		64.80	
1) Rich Tremain 42	2) Teresa Duck 38		
Tennessee Tremain	Acadia Tremain		
4 Unattached 'D'		71.69	
1) Katherine Willis 54	2) Mary Jacobs 60		
3) Mario Iozzo 37	4) Paul Osland 49		

W50 4x100 Meter Relay 11:00am Sat

Team	Seed	Finals	Points
1 Unattached 'A'		60.28	7
1) Wendy Alexis 58	2) Karla Del Grande 60		
3) Wendy Melvin 52	4) Rita Botelho 53		

ONT

M40 4x400 Meter Relay 10:00am Sun

Team	Seed	Finals	Points
1 Unattached 'A'		5:02.24	7
1) Glenn Duncan 41	2) Mary Jacobs 60		
3) Marlon Schmidt 42	4) Teresa Duck 38		

W45 4x400 Meter Relay 10:00am Sun

Team	Seed	Finals	Points
1 University of Toronto TC 'B'		5:08.22	7
1) Nathalie Auger 47	2) Kate Cochrane-Brink 45		
3) Nicky Slovitt 53	4) Gwen Bailey-Mason 47		

W50 4x400 Meter Relay 10:00am Sun

Team	Seed	Finals	Points
1 All Ontario		5:13.15	7
1) Wendy Alexis 58	2) Katherine Willis 54		
3) Rita Botelho 53	4) Karla Del Grande 60		

ONT

M60 4x400 Meter Relay 10:00am Sun

Team	Seed	Finals	Points
1 DJTJ		4:43.78	7
1) Ted Paget 62	2) Duncan Greenshields 64		
3) John Clarke 62	4) John De Finney 63		

ONT

X40 4x800 Meter Relay 1:00pm Sat

Team	Seed	Finals	Points
-- Unattached 'A'		DNF	
1) Jimmy Semes 35	2) John Willett 51		

M60 4x800 Meter Relay 1:00pm Sat

Team	Seed	Finals	Points
1 Djtj 'A'		10:55.25	7
1) Ted Paget 62			
2) Duncan Greenshields 64			
3) John Clarke 62			
4) John De Finney 63			

X40 Distance Medley 12:30pm Sun

Team	Seed	Finals	Points
1 Unattached 'A'		13:54.03	
1) Marlon Schmidt 42			
2) Nicky Slovitt 53			
3) Teresa Duck 38			
4) Glenn Duncan 41			

W45 Distance Medley 12:30pm Sun

Team	Seed	Finals	Points
1 University of Toronto TC 'A'		15:55.97	ONT
1) Rita Botelho 53			
2) Kate Cochrane-Brink 45			
3) Katherine Willis 54			
4) Nathalie Auger 47			

M60 Distance Medley 12:30pm Sun

Team	Seed	Finals	Points
1 DJTJ		14:01.43	ONT
1) Ted Paget 62			
2) Duncan Greenshields 64			
3) John De Finney 63			
4) John Clarke 62			

M30 Shot Put 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Sasha Dajia	M33 EtobicokeTC		13.99m	13.99m 60.51%

M60 Shot Put 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
2 Peter Zowkewych	M62 Unattached		10.97m	14.74m 63.78%

M85 Shot Put 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
3 Evalds Viskers	M87 Throwers Club		7.58m	16.08m 69.54%

W85 Shot Put 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Velta Tomsons	W85 Throwers Club		5.86m	20.64m 91.28%

M29&U Discus Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 James Dennis	M16 UTTC		50.61m	64.17m 86.63%
2 Jared Skeath	M19 UTTC		46.60m	51.46m 69.47%
3 John Reston	M15 UTTC		37.61m	51.22m 69.15%

M30 Discus Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Sasha Dajia	M33 EtobicokeTC		42.17m	42.17m 56.92%

W30 Discus Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Marie-Josée Le Jour	W34 UTTC		49.45m	50.16m 65.32%

M40 Discus Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Mike Ransky	M42 Unattached		52.70m	53.72m 72.52%

W70 Discus Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Adri Rowswell	W72 un		18.72m	40.41m 52.63%

M85 Discus Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Evalds Viskers	M87 Throwers Club		19.97m	50.22m 67.79%

W85 Discus Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Velta Tomsons	W85 Throwers Club		11.86m	35.44m 46.15%

W55 Javelin Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Barb Dabrowski	W56 Throwers Club		34.38m	54.56m 74.74%

M55 Javelin Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
1 Michael Finkbeiner	M59 Throwers Club		36.50m	55.73m 56.60%

M75 Javelin Throw 10:00am Sat

Name	Age Team	Seed	Finals	Age-Grading Points
2 Bob Staveley	M79 Ottawa Lions		17.32m	39.59m 40.20%

M40 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Rich Tremain	M42 Tri-City Track	13.36	0.4	12.80 76.50% 502

M45 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Paul Osland	M49 UTTC	13.35	0.4	12.40 78.95% 574

2 Paul White M46 London Legion T& 13.44 0.4 12.49 78.42% 558

M50 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	13.45	0.4	12.10 80.89%	631

M55 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	14.88	0.4	12.96 75.60%	475

M40 400 Meter Dash Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rich Tremain	M42 Tri-City Track	58.30	54.54 79.18%	617

M45 400 Meter Dash Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul Osland	M49 UTTC	57.21	51.80 83.36%	734
2 Paul White	M46 London Legion T&	71.71	64.93 66.50%	261

M50 400 Meter Dash Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	61.36	53.72 80.39%	651

M55 400 Meter Dash Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	78.30	66.20 65.24%	227

M40 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rich Tremain	M42 Tri-City Track	4:36.33	4:23.04 78.32%	791

M45 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul Osland	M49 UTTC	4:31.84	4:08.06 83.05%	895
2 Paul White	M46 London Legion T&	7:19.11	6:40.69 51.41%	122

M50 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	5:46.62	5:02.64 68.07%	545

M55 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	7:25.78	6:11.65 55.43%	219

M40 110 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Rich Tremain	M42 Tri-City Track	22.67	+0.0	21.60 59.77%	234

M45 110 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Paul White	M46 London Legion T&	22.33	+0.0	20.44 63.19%	315
-- Paul Osland	M49 UTTC	DQ	+0.0		

M50 110 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	17.85	+0.0	17.15 75.29%	609

M55 110 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	20.81	+0.0	19.21 67.23%	414

M40 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rich Tremain	M42 Tri-City Track	1.57m	1.64m 67.09%	496

M45 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M46 London Legion T&	1.45m	1.59m 65.32%	457
2 Paul Osland	M49 UTTC	1.40m	1.54m 63.06%	419

M50 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	1.52m	1.76m 72.04%	593

M55 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	1.30m	1.59m 65.00%	457

M40 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
-- Rich Tremain	M42 Tri-City Track	NH		

M45 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M46 London Legion T&	3.04m	3.49m 56.82%	480
2 Paul Osland	M49 UTTC	2.34m	2.68m 43.74%	282

M50 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	3.14m	3.85m 62.80%	576

M55 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points		
1 Ralph Cilevitz	M59 Throwers Club	2.24m	2.95m	48.07%	345

M40 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Rich Tremain	M42 Tri-City Track	4.75m	-0.6	5.17m	57.86% 415

M45 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Paul White	M46 London Legion T&	4.90m	2.1	5.65m	63.23% 512
2 Paul Osland	M49 UTTC	4.34m	-1.0	5.01m	56.00% 384

M50 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Don Ritchie	M51 Throwers Club	4.99m	+0.0	6.13m	68.54% 615

M55 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Ralph Cilevitz	M59 Throwers Club	4.63m	-1.2	6.07m	67.89% 602

W29&U Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Ekua Cudjoe	W19 UTTC	10.94m	10.94m	48.34%	591
2 Cyerra Cassell	W16 UTTC	10.23m	10.23m	45.21%	545

W50 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Elizabeth Hill	W52 Throwers Club	10.69m	13.47m	59.55%	759
2 Kristen Dajia	W50 Throwers Club	10.11m	12.74m	56.32%	710

W60 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Rhona Trott	W64 Hamilton Oly	6.85m	10.28m	45.45%	548

W70 Shot Put Triathlon

Name	Age Team	Finals	Age-Grading Points		
1 Adri Rowswell	W72 un	7.17m	13.30m	58.82%	747

W75 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Margaret Tosh	W75 Saskatchewan	10.08m	18.47m	81.62%	1095

M29&U Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jared Skeath	M19 UTTC	13.93m	13.93m 60.25%	724
2 John Reston	M15 UTTC	11.26m	11.26m 48.70%	562

M40 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rich Tremain	M42 Tri-City Track	7.93m	8.83m 38.20%	416

M45 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M46 London Legion T&	8.06m	9.69m 41.91%	467
2 Paul Osland	M49 UTTC	6.10m	7.33m 31.72%	327

M45 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
-- Al Houghhough	M49 Unattached	ND		

M50 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	11.05m	12.95m 56.01%	664

M55 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	7.90m	10.03m 43.41%	487

M60 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M61 Throwers Club	11.91m	14.86m 64.31%	781
2 Brock Pullen	M64 Throwers Club	9.51m	11.87m 51.35%	599

M60 Shot Put Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M62 Unattached	10.52m	13.13m 56.80%	675
2 Brock Pullen	M64 Throwers Club	9.37m	11.69m 50.59%	588

M65 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Imrich Kiraly	M66 New Brunswick	9.26m	12.60m 54.50%	643

M70 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Enrico Toscano	M72 Centro Scuola	6.31m	8.50m 36.77%	396

M75 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
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1	David Morris	M75 Throwers Club	8.93m	13.20m	57.13%	679
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M85 Shot Put Triathlon

Name	Age Team	Finals	Age-Grading	Points
1	Evalds Viskers	M87 Throwers Club	7.44m 13.41m	58.03% 692

W29&U Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1	Cyerra Cassell	W16 UTTC	35.83m 35.83m	46.65% 573
2	Ekua Cudjoe	W19 UTTC	19.34m 19.34m	25.18% 266

W50 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1	Elizabeth Hill	W52 Throwers Club	29.42m 38.62m	50.29% 627
2	Kristen Dajia	W50 Throwers Club	27.34m 35.89m	46.74% 575

W60 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1	Rhona Trott	W64 Hamilton Oly	18.03m 28.77m	37.47% 439

W70 Discus Throw Triathlon

Name	Age Team	Finals	Age-Grading	Points
1	Adri Rowswell	W72 un	18.71m 38.43m	50.04% 624

W75 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1	Margaret Tosh	W75 Saskatchewan	19.98m 43.04m	56.06% 714

M29&U Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1	Jared Skeath	M19 UTTC	47.27m 47.27m	63.81% 814
2	John Reston	M15 UTTC	37.36m 37.36m	50.43% 611

M40 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1	Rich Tremain	M42 Tri-City Track	18.99m 20.91m	28.23% 289

M45 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1	Paul White	M46 London Legion T&	20.99m 25.29m	34.14% 373
1	Paul Osland	M49 UTTC	15.07m 18.15m	24.51% 238

M45 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
--	Al Houghhough	M49 Unattached	ND	

M50 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	36.73m	37.53m 50.66%	615

M55 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	26.93m	29.90m 40.36%	462

M60 Discus Throw Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M64 Throwers Club	35.29m	37.50m 50.63%	614
2 Peter Zowkewych	M62 Unattached	28.29m	30.06m 40.59%	466

M60 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M61 Throwers Club	39.63m	42.11m 56.86%	708
2 Brock Pullen	M64 Throwers Club	34.91m	37.10m 50.09%	606

M65 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Imrich Kiraly	M66 New Brunswick	34.50m	40.14m 54.19%	667

M70 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Enrico Toscano	M72 Centro Scuola	17.74m	22.67m 30.61%	322

M75 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M75 Throwers Club	25.82m	37.00m 49.95%	604

M85 Discus Throw Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Evalds Viskers	M87 Throwers Club	19.13m	37.31m 50.38%	610

W29&U Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cyerra Cassell	W16 UTTC	52.97m	52.97m 68.79%	999
2 Ekua Cudjoe	W19 UTTC	41.83m	41.83m 54.32%	751

W50 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kristen Dajia	W50 Throwers Club	38.93m	49.97m 64.90%	932
2 Elizabeth Hill	W52 Throwers Club	34.40m	44.16m 57.35%	803

W60 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W64 Hamilton Oly	27.20m	41.76m 54.24%	750

W75 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Margaret Tosh	W75 Saskatchewan	27.72m	55.39m 71.94%	1053

M29&U Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jared Skeath	M19 UTTC	55.55m	55.55m 64.04%	769
2 John Reston	M15 UTTC	47.72m	47.72m 55.01%	639

M60 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M61 Throwers Club	36.42m	47.64m 54.93%	638
2 Brock Pullen	M64 Throwers Club	28.86m	37.75m 43.53%	476

M65 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Imrich Kiraly	M66 New Brunswick	26.90m	39.42m 45.45%	503

M70 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Enrico Toscano	M72 Centro Scuola	14.41m	21.79m 25.13%	220

M75 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M75 Throwers Club	27.57m	47.60m 54.89%	637

W29&U Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cyerra Cassell	W16 UTTC	23.87m	23.87m 32.70%	361
2 Ekua Cudjoe	W19 UTTC	22.28m	22.28m 30.52%	331

W50 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Elizabeth Hill	W52 Throwers Club	23.00m	30.23m 41.42%	481
2 Kristen Dajia	W50 Throwers Club	19.80m	26.03m 35.66%	402

W60 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W64 Hamilton Oly	15.15m	23.34m 31.98%	351

W70 Javelin Throw Triathlon

Name	Age Team	Finals	Age-Grading	Points
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1	Adri Rowswell	W72 un	16.27m	31.97m	43.81%	514
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W75 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Margaret Tosh	W75 Saskatchewan	22.73m	51.81m 70.96%	895

M29&U Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Reston	M15 UTTC	41.23m	41.23m 41.87%	460
2 Jared Skeath	M19 UTTC	41.20m	41.20m 41.84%	460

M40 Javelin Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rich Tremain	M42 Tri-City Track	32.43m	35.22m 35.77%	373

M45 Javelin Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M46 London Legion T&	28.84m	33.78m 34.31%	353
2 Paul Osland	M49 UTTC	26.88m	31.49m 31.98%	320

M45 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
-- Al Houghhough	M49 Unattached	ND		

M50 Javelin Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M51 Throwers Club	38.34m	47.07m 47.80%	545

M55 Javelin Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	26.86m	35.93m 36.49%	383

M60 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M64 Throwers Club	34.08m	48.18m 48.93%	562
2 Bill Pearson	M61 Throwers Club	32.71m	46.25m 46.96%	533

M60 Javelin Throw Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M64 Throwers Club	35.87m	50.72m 51.50%	599
2 Peter Zowkewych	M62 Unattached	31.80m	44.96m 45.66%	514

M65 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Imrich Kiraly	M66 New Brunswick	25.41m	39.69m 40.30%	438

M70 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Enrico Toscano	M72 Centro Scuola	10.04m	16.86m 17.13%	120

M75 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M75 Throwers Club	22.64m	42.86m 43.52%	484

M85 Javelin Throw Triathlon

Name	Age Team	Finals	Age-Grading	Points
1 Evalds Viskers	M87 Throwers Club	14.84m	36.17m 36.73%	387

W29&U Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cyerra Cassell	W16 UTTC	16.55m	16.55m 70.13%	898
2 Ekua Cudjoe	W19 UTTC	14.24m	14.24m 60.34%	754

W50 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kristen Dajia	W50 Throwers Club	12.64m	14.94m 63.33%	797
2 Elizabeth Hill	W52 Throwers Club	11.18m	13.21m 56.01%	690

W60 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W64 Hamilton Oly	10.54m	12.76m 54.08%	662

W75 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Margaret Tosh	W75 Saskatchewan	12.79m	19.37m 82.09%	1076

M29&U Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Reston	M15 UTTC	16.85m	16.85m 65.16%	841
-- Jared Skeath	M19 UTTC	ND		

M45 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
-- Al Houghhough	M49 Unattached	ND		

M60 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M61 Throwers Club	13.40m	13.96m 54.01%	676
2 Brock Pullen	M64 Throwers Club	11.35m	11.83m 45.75%	555

M65 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Imrich Kiraly	M66 New Brunswick	10.84m	12.08m 46.74%	569

M70 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Enrico Toscano	M72 Centro Scuola	6.15m	7.01m 27.13%	287

M75 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M75 Throwers Club	12.27m	15.07m 58.29%	739

M40 Decathlon 10:00am Sat

Name	Age Team	Seed	Finals	Points
1 Rich Tremain	M42 Tri-City Track		4133	7

M45 Decathlon 10:00am Sat

Name	Age Team	Seed	Finals	Points
1 Paul Osland	M49 UTTC		4173	7
2 Paul White	M46 London Legion T&		3898	5

M50 Decathlon 10:00am Sat

Name	Age Team	Seed	Finals	Points
1 Don Ritchie	M51 Throwers Club	5000	6044	7

M55 Decathlon 10:00am Sat

Name	Age Team	Seed	Finals	Points
1 Ralph Cilevitz	M59 Throwers Club		4071	7

W70 Triathlon 1:00pm Sat

Name	Age Team	Seed	Finals	Points
1 Adri Rowswell	W72 un		1885	7

M60 Triathlon 1:00pm Sat

Name	Age Team	Seed	Finals	Points
1 Brock Pullen	M64 Throwers Club		1801	7
2 Peter Zowkewych	M62 Unattached		1655	5

M85 Triathlon 1:00pm Sat

Name	Age Team	Seed	Finals	Points
1 Evalds Viskers	M87 Throwers Club		1689	7

W29&U Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points
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1	Cyerra Cassell	W16	UTTC	3376	7
2	Ekua Cudjoe	W19	UTTC	2693	5

W50 Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points	
1	Kristen Dajia	W50	Throwers Club	3416	7
2	Elizabeth Hill	W52	Throwers Club	3360	5

W60 Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points	
1	Rhona Trott	W64	Hamilton Oly	2750	6

W75 Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points		
1	Margaret Tosh	W75	Saskatchewan	4939	4833	6

M29&U Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points	
1	John Reston	M15	UTTC	3113	7
2	Jared Skeath	M19	UTTC	2767	5

M60 Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points		
1	Bill Pearson	M61	Throwers Club	3336	7	
2	Brock Pullen	M64	Throwers Club	2800	2798	5

M65 Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points		
1	Imrich Kiraly	M66	New Brunswick	2485	2820	5.33

M70 Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points	
1	Enrico Toscano	M72	Centro Scuola	1345	5.33

M75 Weight Pentathlon 9:00am Sat

Name	Age Team	Seed	Finals	Points	
1	David Morris	M75	Throwers Club	3143	5.33