

Garry Bachman



Garry Bachman started his Masters athletic career after a 41 year absence from track and field competition. In high school he had competed in running and high jump but decided in his days in the army in the early 1940s that the throwing events were for him. After a long hiatus, he started back with shot and discus in 1984 and then added hammer and weight in 1996 as well as javelin.

Since his debut in Masters throwing he set 3 World records and some 30 Canadian records. As of 2009, he holds the M85 World Record for Indoor Weight and 11 Canadian Records M75-M85. He is a six time consecutive winner of the Throwers Club Challenge Trophy for most seasonal points in Weight Pentathlon and a seven time winner (six consecutively) of the Latvian Trophy for the highest individual seasonal point total in the Weight Pentathlon.

While Garry was well known in the throwing community across Canada, it was not until he competed at the WMA World Championships in Riccione, Italy in 2007 did the world take notice. He won five gold medals in M85 shot put, discus, hammer, weight and weight pentathlon, (all by substantial margins), and added a bronze in the javelin. Unfortunately, ten days after coming home, Garry suffered a heart attack but he soon bounced back and continued to be an active competitor.

Garry's achievements were widely recognized especially in his hometown of Durham region. On October 25, 2008 he was inducted into the Clarington Sports

Hall of Fame and on September 26, 2009 he was one of the first inductees into the Throwers Club Hall of Fame.

Garry was inducted into the OMA Hall of Fame at the 2009 Athletics Ontario Awards Banquet. The plaque was presented by OMA President Doug Smith.



Garry passed away Dec.21, 2012, age 91.