

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
Finals					
1 Mike James	M34 Jamaica Masters AC	10.96	1.1	10.93 89.60%	8 7
2 Clayton Latham	M34 Jamaica Masters AC	11.42	1.1	11.39 85.99%	8 5
3 Greg Hetherington	M31 Jamaica Masters AC	11.59	1.1	11.60 84.47%	8 4

W30 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Sheree Mullings	W32 York UniversityT	13.59	1.4	13.60 77.19%	7

M35 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Howard Powell	M38 Jamaica Masters AC	11.94	1.1	11.57 84.67%	8 7

W35 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Khama Beckles	W39 UTTC	12.89	1.4	12.46 84.25%	7
2 Cindy Dorsett	W37 Jamaica Masters AC	14.25	1.4	14.11 74.39%	5

M40 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Nigel John	M41 UTTC	11.50	2.2	10.91 89.83%	7 7
2 Jay Foubert	M44 UTTC	11.92	2.2	11.07 88.42%	7 5
3 Dale Samuel	M42 Unattached	12.27	2.2	11.56 84.76%	7 4
-- Marc Proudfoot	M44 Unattached	DNF	2.2		7

M45 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Christopher Warburton	M48 UTTC	11.56	1.8	10.45 93.69%	6 7
2 Chris Lemassif	M47 UTTC	11.87	1.8	10.81 90.65%	6 5
3 Richard Palmer	M46 Jamaica Masters AC	12.13	1.8	11.11 88.13%	6 4
4 Rick Reynolds	M47 Jamaica Masters AC	12.34	1.8	11.23 87.20%	6 3
5 Bernard St. Lewis	M47 Ottawa Lions	12.55	1.8	11.42 85.74%	6 2
6 Will Hudson	M48 UTTC	12.66	1.8	11.45 85.55%	6 1
7 Paul Dowhos	M46 Thunder Bay Spri	12.71	1.8	11.65 84.11%	6
8 Ira Irving	M46 Jamaica Masters AC	12.76	1.8	11.69 83.78%	6

M50 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Michael Lee Foon	M53 Jamaica Masters AC	12.11	1.5	10.60 92.40%	5 7
2 Joe Baptiste	M53 Jamaica Masters AC	12.93	1.5	11.31 86.54%	5 5
3 Robert Nasato	M53 Unattached	13.02	1.5	11.39 85.94%	5 4
4 Leo Da Silva	M52 Unattached	13.22	1.5	11.64 84.11%	5 3
5 Ken Envil Fraser	M50 Unattached	13.92	1.5	12.42 78.88%	5 2

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...M50 100 Meter Dash Sat 11:30**

6 Pierre Kirwin	M54 Unattached	16.68	1.5	14.50	67.57%	5	1
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M55 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 John Varone	M55 Jamaica Masters AC	12.86	1.4	11.11 88.18%	4	7
2 Liviene Solomon	M57 Jamaica Masters AC	13.14	1.4	11.21 87.37%	4	5
3 Spencer Arnfield	M55 Unattached	13.42	1.4	11.59 84.50%	4	4
4 Bruce Urch	M59 Unattached	14.26	1.4	12.01 81.56%	4	3
5 Bryan Baldsing	M56 Unattached	14.34	1.4	12.31 79.57%	4	2
6 Jacek Urbanowicz	M56 Unattached	15.67	1.4	13.45 72.81%	4	1

W55 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Linda Tauvette	W58 Ottawa Track	15.21	1.4	12.02 87.31%	7

M60 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Kerry Smith	M60 Jamaica Masters AC	12.50	1.1	10.46 93.60%	3	7
2 Jarmo Kokko	M63 Unattached	14.73	1.1	12.11 80.86%	3	5

W60 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Karla Del Grande	W61 Mississauga Tra	13.66	1.4	10.49100.07%	7 WR
(old WR 13.75 Ingrid Meier GER 2008, old CAN 13.88 Karla last year)					

M65 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Darrell Patterson	M68 Unattached	14.70	1.1	11.73 83.54%	3	7
2 Bryan Mason	M69 Unattached	15.05	1.1	11.94 82.06%	3	5

M70 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Peter Evans	M72 Mississauga Tra	14.71	1.1	11.32 86.47%	2	7
2 David Stern	M74 Mississauga Tra	15.12	1.1	11.36 86.24%	2	5

W70 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Maureen Teixeira	W72 Unattached	21.95	1.4	15.13 69.34%	7

M75 100 Meter Dash Sat 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
-- Bill McIlwaine	M75 UTTC	DNF	1.1		2	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M80 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Ray Wardle	M81 Ottawa Lions	17.65	1.1	11.97 81.81%	2	7

M30 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Mike James	M34 Jamaica Masters AC	22.48	2.0	21.86 88.43%	8	7
2 Clayton Latham	M34 Jamaica Masters AC	24.66	2.0	23.97 80.62%	8	5

W30 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Sheree Mullings	W32 York UniversityT	29.61	2.2	29.62 72.07%	2	7
2 Marijana Primorac	W34 UTTC	30.93	2.2	30.94 68.99%	2	5

W35 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Khama Beckles	W39 UTTC	26.32	2.2	25.17 84.80%	2	7

M40 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Nigel John	M41 UTTC	23.50	2.0	21.64 89.32%	8	7
2 Jay Foubert	M44 UTTC	24.82	2.0	22.35 86.46%	8	5

W40 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Eulette Thompson	W44 Jamaica Masters AC	36.25	2.2	32.59 65.49%	2	7

M45 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Christopher Warburton	M48 UTTC	23.93	2.7	20.93 92.31%	7	7
2 Richard Reid	M45 Jamaica Masters AC	24.40	2.7	21.81 88.61%	7	5
3 Richard Palmer	M46 Jamaica Masters AC	25.23	2.7	22.39 86.33%	7	4
4 Rick Reynolds	M47 Jamaica Masters AC	25.55	2.7	22.51 85.83%	7	3
5 David Turkstra	M48 Hamilton Oly	25.60	2.7	22.39 86.29%	7	2
6 Will Hudson	M48 UTTC	25.72	2.7	22.50 85.89%	7	1
7 Ira Irving	M46 Jamaica Masters AC	28.51	2.7	25.30 76.39%	7	

M50 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Michael Lee Foon	M53 Jamaica Masters AC	24.81	3.8	20.95 92.22%	6	7
2 Michael Sherar	M50 UTTC	24.86	3.8	21.43 90.19%	6	5
3 Joe Baptiste	M53 Jamaica Masters AC	27.19	3.8	22.96 84.15%	6	4
4 Leo Da Silva	M52 Unattached	27.90	3.8	23.72 81.47%	6	3

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W50 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Rita Botelho	W53 UTTC	33.73	1.1	27.38 77.94%	7
2 Nicky Slovitt	W54 UTTC	41.02	1.1	32.94 64.80%	5

W55 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Katherine Willis	W55 UTTC	45.29	1.1	35.96 59.35%	7

M55 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 John Varone	M55 Jamaica Masters AC	27.04	2.6	22.52 85.84%	5	7
2 Steve Millward	M58 Unattached	28.35	2.6	23.14 83.53%	5	5
3 Bruce Urch	M59 Unattached	29.63	2.6	24.02 80.46%	5	4
4 Raymond Jonasson	M58 Unattached	33.47	2.6	27.32 70.75%	5	3

M60 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Kerry Smith	M60 Jamaica Masters AC	25.43	2.4	20.48 94.38%	4	7
2 Horace Hudson	M61 United State	28.26	2.4	22.61 85.46%	4	5
3 Jarmo Kokko	M63 Unattached	30.91	2.4	24.41 79.17%	4	4
4 Tom Stoyan	M63 Unattached	35.37	2.4	27.93 69.18%	4	3

W60 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Karla Del Grande	W61 Mississauga Tra	28.31	2.2	21.15100.95%	2	7

M65 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Duncan Greenshields	M65 UTTC	32.16	2.4	25.07 77.08%	4	7

M70 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Tony Powell	M70 Unattached	28.13	2.7	21.07 91.72%	3	7
2 Peter Evans	M72 Mississauga Tra	29.80	2.7	21.65 89.26%	3	5
3 David Stern	M74 Mississauga Tra	31.56	2.7	22.22 86.98%	3	4

M80 200 Meter Dash Sun Noon

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Ray Wardle	M81 Ottawa Lions	37.67	2.7	23.44 82.45%	3	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W80 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Alice Cole	W80 Quebec	43.30	1.1	25.67 83.14%	7 CAN
(old CAN 43.5 Alice last year in Regina)					

W30 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	Points
1 Marijana Primorac	W34 UTTC	68.21	66.14 71.97%	7

M35 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Howard Powell	M38 Jamaica Masters AC	55.51	52.69 81.97%	5	7
2 Jonathan Colford	M36 Unattached	74.57	71.83 60.12%	5	5

M40 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lenroy Munro	M44 Unattached	55.17	50.14 86.12%	5	7

M45 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Richard Reid	M45 Jamaica Masters AC	54.75	49.41 87.42%	4	7
2 Chris Lemassif	M47 UTTC	54.81	48.79 88.51%	4	5
3 Mirco Graenert	M45 Newmarket Huskies	55.70	50.26 85.92%	4	4
4 Norton Woo	M45 Boardwalk Runnin	58.77	53.03 81.44%	4	3
5 Peter Szymanski	M46 Unattached	68.75	61.62 70.08%	4	2

W45 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	Points
1 Annie Bunting	W49 UTTC	67.59	55.89 85.18%	7

M50 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M50 UTTC	55.36	48.27 89.47%	4	7

W50 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	Points
1 Heather O'Hagan	W52 Newmarket Huskies	68.92	55.36 85.98%	7

M55 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bruce Urch	M59 Unattached	68.03	55.92 77.23%	3	7
2 Raymond Jonasson	M58 Unattached	72.94	60.35 71.55%	3	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W55 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
1 Linda Tauvette	W58 Ottawa Track	77.38	58.80 80.96%	7

M60 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Horace Hudson	M61 United State	61.99	50.32 85.82%	2	7
2 Tom Stoyan	M63 Unattached	1:34.91	76.08 56.76%	2	5

W60 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	Points
1 Karla Del Grande (old WR 66.24 Karla in Brazil)	W61 Mississauga Tra	65.95	48.79 97.57%	7 WR

M65 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M65 UTTC	68.53	54.25 79.60%	2	7

M70 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Gary McColeman	M72 UTTC	1:40.97	71.18 60.67%	2	7

W70 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	Points
1 Maureen Teixeira	W72 Unattached	1:44.69	66.14 71.97%	7

M80 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ray Wardle	M81 Ottawa Lions	1:34.66	56.03 77.07%	2	7

W80 400 Meter Dash Sat 2:00

Name	Age Team	Finals	Age-Grading	Points
1 Alice Cole	W80 Quebec	1:36.78	51.19 92.99%	7

M30 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bernie Hogan	M33 Unattached	2:11.97	2:11.98 76.62%	4	7

W30 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Tanya Sakharov	W33 Boardwalk Runnin	2:28.13	2:28.14 76.47%	7
2 Marijana Primorac	W34 UTTC	2:37.00	2:37.01 72.15%	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M35 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Jimmy Semes	M35	Boardwalk Runnin	2:10.84	2:10.47 77.50%	4	7
2 Jonathan Colford	M36	Unattached	2:56.93	2:54.78 57.85%	4	5

W35 800 Meter Run Sun 11:00

Name	Age	Team	Finals	Age-Grading	Points
1 Carrie Byer	W35	Newmarket Huskies	2:34.14	2:34.15 73.49%	7

M40 800 Meter Run Sun 11:00

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Michal Kapral	M42	UTTC	2:04.74	1:56.45 86.83%	4	7
2 Louis Byrne	M42	Unattached	2:15.26	2:06.27 80.08%	4	5

W40 800 Meter Run Sun 11:00

Name	Age	Team	Finals	Age-Grading	Points
1 Joanna Kotsopoulos	W44	Boardwalk Rc	3:01.29	2:50.18 66.57%	7

M45 800 Meter Run Sun 11:00

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Jim Dyck	M48	Unattached	2:08.69	1:53.87 88.79%	4	7
2 Mirco Graenert	M45	Newmarket Huskies	2:08.79	1:56.96 86.45%	4	5
3 Robert Muir	M46	Ottawa Lions	2:16.77	2:03.14 82.12%	4	4
4 Jianping Xu	M48	Harbour Track	2:33.91	2:16.18 74.24%	4	3
5 Peter Szymanski	M46	Unattached	2:45.55	2:29.05 67.84%	4	2
-- Derek Hackshaw	M45	Newmarket Huskies	DNF		4	

W45 800 Meter Run Sun 11:00

Name	Age	Team	Finals	Age-Grading	Points
1 Aura Reynoso	W48	Newmarket Huskies	3:07.68	2:50.27 66.53%	7

M50 800 Meter Run Sun 11:00

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Rob Blair	M50	Newmarket Huskies	2:25.48	2:06.47 79.95%	3	7
2 Mark Duff	M52	Boardwalk Runnin	2:31.75	2:09.75 77.93%	3	5
3 Armand D'Oliveira	M54	UTTC	2:38.12	2:12.94 76.06%	3	4

W50 800 Meter Run Sun 11:00

Name	Age	Team	Finals	Age-Grading	Points
1 Heather O'Hagan	W52	Newmarket Huskies	2:36.52	2:16.07 83.25%	7
2 Rita Botelho	W53	UTTC	2:46.81	2:23.14 79.14%	5
3 Nicky Slovitt	W54	UTTC	3:30.02	2:57.85 63.69%	4

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M55 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Freemantle	M55 Newmarket Huskies	2:32.56	2:07.18 79.50%	3	7
2 Peter Nowak	M55 Unattached	2:45.23	2:17.74 73.41%	3	5

W55 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Rita Quibell	W58 Newmarket Huskies	2:45.04	2:12.10 85.75%	7

M60 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Helliker	M62 UTTC	2:27.46	1:56.31 86.94%	2	7
2 John Clarke	M62 East Toronto	2:43.60	2:09.04 78.36%	2	5
3 John De Finney	M64 Newmarket Huskies	2:53.05	2:14.40 75.24%	2	4
4 Tom Stoyan	M63 Unattached	3:21.39	2:37.61 64.15%	2	3

M65 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M65 UTTC	2:53.79	2:13.91 75.51%	2	7

M70 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M73 Unattached	2:50.03	1:58.55 85.29%	2	7
2 Robert Moore	M73 Toronto Olym	3:43.42	2:35.77 64.91%	2	5
3 Gary McColeman	M72 UTTC	3:49.18	2:42.31 62.30%	2	4

W80 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Alice Cole	W80 Quebec	3:43.62	1:50.38 102.63%	7 WR
(old WR 3:45.00 Nina Naumenko RUS 2005, old CAN 3:58 Helly Visser AB in May)				

M85 800 Meter Run Sun 11:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Earl Fee	M85 Mississauga Tra	3:15.15	1:44.96 96.34%	2 7 WR	
(old WR 3:17.45 Franciso Oliviera BRA 2013, old CAN 4:07 Les Leyland BC 2003)					

W30 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	Points
1 Tanya Sakharov	W33 Boardwalk Runnin	5:09.78	5:07.09 75.70%	7

M35 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jimmy Semes	M35 Boardwalk Runnin	4:33.17	4:29.68 76.39%	4	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M40 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kevin Smith	M44 Unattached	4:21.97	3:56.69 87.03%	4	7

W40 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	Points
1 Joanna Kotsopoulos	W44 Boardwalk Rc	5:57.52	5:23.35 71.90%	7

M45 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	H#	Points
1 Robert Muir	M46 Ottawa Lions	4:39.06	4:07.45 83.25%	4	7
2 Gary Cassel	M46 Cambridge Harriers	4:56.71	4:23.10 78.30%	4	5
3 Darryl Rowan	M48 Toronto Olym	5:06.78	4:27.12 77.12%	4	4
4 Niegel Geohagen	M46 Jamaica Masters AC	5:33.98	4:56.15 69.56%	4	3

W45 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	Points
1 Annie Bunting	W49 UTTC	5:08.39	4:22.44 88.58%	7
2 Aura Reynoso	W48 Newmarket Huskies	6:10.44	5:19.21 72.83%	5

M50 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	H#	Points
1 Geoff Peat	M50 Newmarket Huskies	4:23.92	3:45.58 91.32%	3	7
2 Rob Blair	M50 Newmarket Huskies	4:57.46	4:14.24 81.03%	3	5
3 Shaun Vinson	M51 Unattached	5:00.93	4:15.01 80.78%	3	4
4 Mark Duff	M52 Boardwalk Runnin	5:05.72	4:16.84 80.21%	3	3
5 Peter Gordon	M53 UTTC	5:24.67	4:30.36 76.20%	3	2

W50 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	Points
1 Rita Botelho	W53 UTTC	5:43.63	4:37.76 83.69%	7
2 Carolyn Hicks	W51 Unattached	6:57.76	5:46.62 67.07%	5
3 Nicky Slovitt	W54 UTTC	7:19.01	5:50.16 66.39%	4

M55 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Freemantle	M55 Newmarket Huskies	5:11.13	4:14.54 80.93%	3	7
2 Peter Nowak	M55 Unattached	5:42.49	4:40.20 73.52%	3	5

W55 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	Points
1 Lynn Kobayashi	W58 UTTC	6:15.66	4:43.59 81.98%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M60 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Helliker	M62 UTTC	4:59.28	3:51.08 89.15%	2	7
2 John Clarke	M62 East Toronto	5:21.76	4:08.44 82.92%	2	5
3 John De Finney	M64 Newmarket Huskies	5:44.54	4:21.79 78.69%	2	4
4 Murray Hale	M64 Newmarket Huskies	6:08.01	4:39.62 73.67%	2	3
5 Tom Stoyan	M63 Unattached	7:34.28	5:47.98 59.20%	2	2

M70 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M73 Unattached	5:57.90	4:07.10 83.37%	2	7
2 Robert Moore	M73 Toronto Olym	7:01.74	4:51.17 70.75%	2	5

M75 1500 Meter Run Sat 1:30

Name	Age Team	Finals	Age-Grading	H#	Points
1 Keijo Taivassalo	M75 Unattached	6:20.56	4:14.45 80.96%	2	7

M35 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Dave Tepper	M39 Newmarket Huskies	16:45.12	15:56.98 79.10%	2	7

M40 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kevin Farr	M44 Brantford Track	17:34.57	16:06.94 78.29%	2	7

W45 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Nancy Catton	W46 UTTC	22:57.73	20:48.64 69.25%	7

M45 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Laszlo Orosz	M46 Unattached	16:31.22	14:54.88 84.59%	2	7
2 Darryl Rowan	M48 Toronto Olym	18:38.96	16:34.54 76.12%	2	5

M50 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steve Murphy	M53 Newmarket Huskies	19:11.59	16:23.00 77.01%	2	7
2 Jay Yakabowich	M52 Unattached	19:44.15	16:59.08 74.28%	2	5
3 Tony Madott	M53 Unattached	19:47.76	16:53.88 74.66%	2	4

W50 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Patricia Vilone	W53 Unattached	28:15.92	23:26.26 61.49%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W55 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W55 UTTC	30:22.15	24:30.84 58.79%	7

M55 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jerry Kooymans	M58 Toronto Olym	17:39.82	14:27.36 87.28%	2	7
2 Sam Vilone	M56 Unattached	22:08.87	18:26.16 68.44%	2	5

W60 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Cathy Tedford	W61 Unattached	37:20.90	27:40.51 52.07%	7

M60 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M62 East Toronto	21:20.64	16:51.97 74.81%	7
2 John De Finney	M64 Newmarket Huskies	21:41.20	16:49.87 74.96%	5

M70 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Robert Moore	M73 Toronto Olym	24:37.77	17:19.03 72.86%	7

M75 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Keijo Taivassalo	M75 Unattached	23:47.53	16:11.87 77.89%	7

M80 5000 Meter Run Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Ed Whitlock	M83 Unattached	22:57.61	12:59.73 97.09%	7

M30 10000 Meter Run Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Bernie Hogan	M33 Unattached	36:30.14	36:04.96 72.98%	7

M45 10000 Meter Run Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Jianping Xu	M48 Harbour Track	40:47.79	36:15.60 72.62%	7
2 Niegel Geohagen	M46 Jamaica Masters AC	46:12.43	41:42.96 63.13%	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M50 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Tony Madott	M53 Unattached	41:36.75	35:31.23 74.14%	7

M55 10000 Meter Run Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Allan Feldman	M58 Unattached	48:44.21	39:53.18 66.02%	7

M60 10000 Meter Run Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M62 East Toronto	43:45.62	34:34.77 76.15%	7
2 John De Finney	M64 Newmarket Huskies	49:51.63	38:41.81 68.05%	5

M70 10000 Meter Run Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Robert Moore	M73 Toronto Olym	54:00.04	37:58.08 69.36%	7

M75 10000 Meter Run Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Keijo Taivassalo	M75 Unattached	49:51.39	33:56.54 77.58%	7

M80 10000 Meter Run Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
-- Ed Whitlock	M83 Unattached	DQ		45:32 short

M60 100 Short Hurdles Sat 1:00

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60 Throwers Club	20.13	1.9	18.16 71.14%	7

M40 110 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ovidiu Negoita	M42 Unattached	19.97	1.9	18.78 68.75%	7

M60 300 Long Hurdles

Name	Age Team	Finals	Age-Grading	Points
1 Horace Hudson	M61 United State	47.47	52.12 89.76%	7

M55 400 Long Hurdles Sun 11:30

Name	Age Team	Finals	Age-Grading	Points
1 Glenn Chipkar	M55 Unattached	70.03	55.73 83.94%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M60 2000 Meter Steeplechase Sat 9:30**

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M62 East Toronto	9:04.48	10:31.55 75.00%	7
2 Doug Smith	M62 UTTC	10:31.56	12:12.55 64.66%	5

M70 2000 Meter Steeplechase Sat 9:30

Name	Age Team	Finals	Age-Grading	Points
1 Vern Christensen	M73 UTTC	9:36.43	8:57.41 88.13%	7

M30 4x100 Meter Relay Sat 2:30

Team	Finals	Points
1 Jamaica Masters AC 'A'	45.55	7
1) Mike James 34	2) Clayton Latham 34	
3) Richard Reid 45	4) Howard Powell 38	

M40 4x100 Meter Relay Sat 2:30

Team	Finals	Points
1 Jamaica Masters AC 'B'	52.06	7
1) Niegel Geohagen 46	2) Ira Irving 46	
3) Dale Samuel 42	4) Rick Reynolds 47	

M50 4x100 Meter Relay Sat 2:30

Team	Finals	Points
1 Jamaica Masters AC 'A'	50.46	7
1) Michael Lee Foon 53	2) Joe Baptiste 53	
3) Liviene Solomon 57	4) John Varone 55	

M40 4x400 Meter Relay Sun 1:00

Team	Finals	Points
1 Jamaica Masters AC 'A'	4:00.26	7
1) Niegel Geohagen 46	2) Howard Powell 38	
3) Richard Reid 45	4) Richard Palmer 46	

W40 4x400 Meter Relay Sun 1:00

Team	Finals	Points
1 University of Toronto TC 'A'	5:47.63	7
1) Rita Botelho 53	2) Nicky Slovitt 54	
3) Marijana Primorac 34	4) Katherine Willis 55	

M50 4x400 Meter Relay Sun 1:00

Team	Finals	Points
1 Unattached 'A'	4:58.27	7
1) Chris Mackie 73	2) Earl Fee 85	
3) Michael Sherar 50	4) Duncan Greenshields 65	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M35 High Jump Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M38 Unattached	1.85m	2.00m 81.86%	7

M40 High Jump Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Ovidiu Negoita	M42 Unattached	1.60m	1.80m 73.73%	7
2 Jasbir Singh Hundal	M41 Unattached	1.42m	1.58m 64.84%	5

M45 High Jump Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 David Turkstra	M48 Hamilton Oly	1.76m	2.11m 86.27%	7

W45 High Jump Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W48 Unattached	1.42m	1.72m 82.56%	7

M50 High Jump Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
-- Don Ritchie	M52 Throwers Club	NH		

M60 High Jump Sat 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M63 UTTC	1.42m	2.02m 82.56%	7
2 Ralph Cilevitz	M60 Throwers Club	1.00m	1.37m 56.18%	5

M30 Long Jump Sat 1:00

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Clayton Latham	M34 Jamaica Masters AC	7.22m	-0.2	7.51m 83.95%	7

M40 Long Jump Sat 1:00

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Nigel John	M41 UTTC	6.59m	+0.0	7.40m 82.79%	7
2 Ovidiu Negoita	M42 Unattached	5.16m	-1.2	5.86m 65.57%	5

W45 Long Jump Sat 1:00

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Gaby Szanto	W48 Unattached	4.22m	-2.7	5.16m 68.62%	7

M50 Long Jump Sat 1:00

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Leo Da Silva	M52 Unattached	4.58m	-1.7	5.89m 65.90%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W55 Long Jump Sat 1:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Maria Mallia	W59	Unattached	3.60m	-0.4	5.16m 68.70%	7

M55 Long Jump Sat 1:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Liviene Solomon	M57	Jamaica Masters AC	4.85m	-1.0	6.69m 74.73%	7
2 Bryan Baldsing	M56	Unattached	4.30m	0.5	5.85m 65.35%	5
3 Raymond Jonasson	M58	Unattached	4.08m	1.1	5.71m 63.85%	4
4 Jacek Urbanowicz	M56	Unattached	3.94m	-0.8	5.36m 59.88%	3

M60 Long Jump Sat 1:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60	Throwers Club	4.04m	-0.2	5.82m 65.06%	7

M70 Long Jump Sat 1:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Philipneri Sinnappu	M74	Quebec	2.76m	-0.7	5.02m 56.10%	7

M35 Triple Jump Sun 11:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Jonathan Younker	M39	Unattached	12.20m	-3.1	12.92m 70.68%	7

M40 Triple Jump Sun 11:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Lenroy Munro	M44	Unattached	11.50m	-0.8	12.93m 70.73%	7
2 Jasbir Singh Hundal	M41	Unattached	9.99m	-1.8	10.83m 59.25%	5

M45 Triple Jump Sun 11:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 David Ng	M48	Unattached	10.34m	-2.4	12.23m 66.88%	7

M60 Triple Jump Sun 11:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60	Throwers Club	8.55m	-1.3	11.98m 65.52%	7

M70 Triple Jump Sun 11:00

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Philipneri Sinnappu	M74	Quebec	6.68m	-0.6	11.91m 65.17%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M40 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Sharaz Shaikh	M42 Unattached	9.53m	10.10m 43.70%	7
2 Jasbir Singh Hundal	M41 Unattached	8.24m	8.59m 37.18%	5

W40 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Eulette Thompson	W44 Jamaica Masters AC	7.29m	9.37m 41.42%	7

M45 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Paul Robinson	M49 Jamaica Masters AC	7.99m	9.67m 41.83%	7
2 Niegel Geohagen	M46 Jamaica Masters AC	4.24m	4.81m 20.84%	5

W45 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W48 Unattached	9.60m	13.66m 60.38%	7
2 Colleen Hill	W46 Jamaica	6.55m	8.84m 39.10%	5

M50 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M54 Throwers Club	12.88m	16.05m 69.43%	7

W55 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W55 UTTC	5.53m	8.40m 37.11%	7

M60 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	11.71m	15.73m 68.08%	7
2 Peter Zowkewych	M63 UTTC	10.99m	15.21m 65.81%	5
3 Ralph Shapiro	M62 Guelph Track Club	10.72m	14.40m 62.33%	4
4 Ralph Cilevitz	M60 Throwers Club	8.21m	10.42m 45.11%	3

M65 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Jerzy Wyroba	M65 Unattached	10.13m	14.91m 64.48%	7
2 Brock Pullen	M65 Throwers Club	9.48m	13.95m 60.34%	5

M70 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Moe Jacobs	M70 Unattached	10.42m	13.56m 58.67%	7
2 Enrico Toscano	M73 Throwers Club	6.33m	8.96m 38.76%	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W70 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W73 Unattached	7.37m	17.00m 75.13%	7

M75 Shot Put Sun 9:00

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	8.33m	12.93m 55.94%	7

M35 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Fernando Cornejo	M35 Throwers Club	40.00m	40.00m 54.00%	7
2 Christopher Shanahan	M37 Unattached	31.98m	31.98m 43.17%	5

M40 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Sharaz Shaikh	M42 Unattached	34.56m	35.23m 47.56%	7
2 Ovidiu Negoita	M42 Unattached	21.59m	22.00m 29.71%	5

M45 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Peter Ingleton	M48 Unattached	41.83m	46.54m 62.84%	7

M50 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M54 Throwers Club	39.25m	42.28m 57.07%	7

M55 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Jacek Urbanowicz	M56 Unattached	21.79m	24.53m 33.12%	7

M60 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	38.99m	45.66m 61.64%	7
2 Ralph Cilevitz	M60 Throwers Club	31.02m	34.84m 47.04%	5
3 Ralph Shapiro	M62 Guelph Track Club	29.87m	34.98m 47.23%	4

M65 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	36.53m	45.71m 61.71%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M70 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	33.73m	47.65m 64.32%	7
2 Moe Jacobs	M70 Unattached	30.97m	43.75m 59.06%	5
3 Philipneri Sinnappu	M74 Quebec	20.20m	31.81m 42.94%	4
4 Enrico Toscano	M73 Throwers Club	17.51m	26.80m 36.19%	3

M70 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W73 Unattached	18.79m	41.80m 54.43%	7

M75 Discus Throw Sat 1:00

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	23.76m	39.70m 53.60%	7

M40 Hammer Throw Sat 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Kevin Harrison	M40 Unattached	50.43m	54.45m 62.78%	7
2 Ovidiu Negoita	M42 Unattached	11.65m	13.04m 15.03%	5

M50 Hammer Throw Sat 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Ayman Mazhar	M54 UTTC	47.94m	60.88m 70.20%	7
2 Danny Yoisten	M54 Throwers Club	35.43m	44.99m 51.88%	5

W50 Hammer Throw Sat 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Kristen Dajia	W51 Throwers Club	36.42m	46.38m 60.24%	7

M55 Hammer Throw Sat 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Jacek Urbanowicz	M56 Unattached	25.67m	34.13m 39.35%	7

M60 Hammer Throw Sat 9:00

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	31.50m	46.38m 53.47%	7
2 Ralph Cilevitz	M60 Throwers Club	28.80m	40.48m 46.68%	5

M70 Hammer Throw Sat 9:00

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	30.11m	48.51m 55.92%	7
2 Enrico Toscano	M73 Throwers Club	15.83m	27.85m 32.12%	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M75 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	23.44m	45.43m 52.38%	7

M35 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M38 Unattached	31.34m	34.24m 34.78%	7

M40 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Sharaz Shaikh	M42 Unattached	49.54m	57.77m 58.67%	7

M45 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Christian Masotti	M46 Unattached	42.42m	53.04m 53.87%	7
2 Niegel Geohagen	M46 Jamaica Masters AC	18.17m	22.72m 23.07%	5

W45 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto (old CAN 33.17 Ana Maria Neilson 2009)	W48 Unattached	34.29m	46.43m 63.61%	7 CAN

M50 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Marty Withers	M54 Unattached	48.14m	66.36m 67.39%	7
2 Paul Osland	M50 UTTC	29.47m	37.69m 38.27%	5

W50 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Ana Maria Neilson	W52 Unattached	30.45m	43.58m 59.71%	7

M55 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Peter St.Pierre	M55 Throwers Club	36.82m	51.76m 52.56%	7
2 Liviene Solomon	M57 Jamaica Masters AC	35.74m	52.32m 53.13%	5
3 Bruce Urch	M59 Unattached	28.53m	43.56m 44.24%	4

W55 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Barb Dabrowski	W57 Throwers Club	34.04m	55.52m 76.07%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M60 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Terry Gudzowsky	M60 Alberta	40.08m	59.33m 60.25%	7
2 Michael Finkbeiner	M60 Throwers Club	38.46m	56.93m 57.82%	5
3 Bill Pearson	M62 Throwers Club	29.12m	44.95m 45.65%	4
4 Jarmo Kokko	M63 Unattached	28.97m	45.70m 46.40%	3
5 Peter Zowkewych	M63 UTTC	27.87m	43.96m 44.64%	2

M65 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	35.69m	58.87m 59.78%	7

M70 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Philipneri Sinnappu	M74 Quebec	20.99m	40.94m 41.58%	7
2 Enrico Toscano	M73 Throwers Club	11.89m	22.53m 22.88%	5

W70 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W73 Unattached	15.92m	38.54m 52.80%	7

M75 Javelin Throw Sun 11:00

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	20.75m	43.00m 43.67%	7

M40 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M41 Unattached	6.19m	6.86m 26.56%	7

W45 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 Colleen Hill	W46 Jamaica	5.75m	9.14m 38.75%	7

M50 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 Ayman Mazhar	M54 UTTC	16.83m	20.01m 77.41%	7
2 Danny Yoisten	M54 Throwers Club	12.69m	15.09m 58.37%	5

W50 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 Kristen Dajia	W51 Throwers Club	11.76m	14.85m 62.96%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M55 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Jacek Urbanowicz	M56 Unattached	9.89m	12.18m 47.14%	7

M60 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	11.47m	13.59m 52.57%	7
2 Ralph Cilevitz	M60 Throwers Club	11.09m	12.63m 48.85%	5

M65 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	11.67m	14.72m 56.93%	7

M70 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	13.46m	17.42m 67.37%	7
2 Enrico Toscano	M73 Throwers Club	6.71m	9.36m 36.23%	5

M75 Weight Throw Sat 10:30

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	11.10m	16.82m 65.06%	7

M55 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	8.59m	10.91m 47.20%	540

M60 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	10.95m	13.66m 59.13%	708

M65 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	9.63m	13.10m 56.68%	673

M70 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	12.26m	16.51m 71.45%	883
2 Enrico Toscano	M73 Throwers Club	6.32m	8.51m 36.83%	397

M75 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 David Morris M76 Throwers Club 8.42m 12.45m 53.87% 634

M55 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	16.88m	18.74m 25.30%	249

M60 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	37.65m	40.01m 54.02%	665

M65 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	36.76m	42.77m 57.74%	721

M70 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	34.67m	44.31m 59.82%	753
2 Enrico Toscano	M73 Throwers Club	17.22m	22.00m 29.71%	310

M75 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	22.74m	32.59m 43.99%	516

M55 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	17.00m	22.34m 25.76%	229

M60 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	31.50m	41.20m 47.51%	532

M65 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	26.23m	38.44m 44.32%	487

M70 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	28.06m	42.43m 48.93%	552
2 Enrico Toscano	M73 Throwers Club	15.09m	22.82m 26.31%	236

M75 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	24.73m	42.70m 49.23%	556

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M55 Javelin Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	21.76m	29.11m 29.57%	287

M60 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	31.08m	43.94m 44.62%	499

M65 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	34.45m	53.81m 54.64%	645

M70 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	21.57m	36.23m 36.80%	388
2 Enrico Toscano	M73 Throwers Club	10.63m	17.85m 18.13%	133

M75 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	18.30m	34.64m 35.18%	365

M55 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	8.22m	9.22m 35.68%	409

M60 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	12.07m	12.58m 48.65%	597

M65 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	11.57m	12.90m 49.89%	615

M70 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	14.42m	16.45m 63.61%	818
2 Enrico Toscano	M73 Throwers Club	6.49m	7.40m 28.63%	308

M75 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	11.04m	13.56m 52.45%	653

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M55 Weight Pentathlon**

Name	Age Team	Finals	Points
1 Ken Fair	M58 Unattached	1714	7

M60 Weight Pentathlon

Name	Age Team	Finals	Points
1 Bill Pearson	M62 Throwers Club	3001	7

M65 Weight Pentathlon

Name	Age Team	Finals	Points
1 Brock Pullen	M65 Throwers Club	3141	6

M70 Weight Pentathlon

Name	Age Team	Finals	Points
1 John Kasperski	M70 Throwers Club	3394	6
2 Enrico Toscano	M73 Throwers Club	1384	5

M75 Weight Pentathlon

Name	Age Team	Finals	Points
1 David Morris	M76 Throwers Club	2724	7

M35 5000 Meter Race Walk Sun 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Pat Gaboury	M38 Quebec	32:35.42	31:25.23 57.16%	7

W35 5000 Meter Race Walk Sun 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Sarah Raetsen	W38 Ontario RaceWalkers	32:03.69	31:17.53 63.22%	7

M45 5000 Meter Race Walk Sun 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Jianping Xu	M48 Harbour Track	26:20.42	23:27.69 76.55%	7

W60 5000 Meter Race Walk Sun 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Kris Kozell	W61 Ontario RaceWalkers	32:02.03	25:20.72 78.06%	7
2 Jacqueline Silverberg	W63 Ontario RaceWalkers	33:43.69	26:02.90 75.95%	5

M65 5000 Meter Race Walk Sun 10:00

Name	Age Team	Finals	Age-Grading	Points
1 Patrick King	M67 Unattached	33:09.54	24:38.43 72.89%	7
-- John Kittredge	M69 Ontario RaceWalkers	DQ	IAAF 275.83	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W80 5000 Meter Race Walk Sun 10:00

Name	Age Team	Finals	Age-Grading Points
-- Jean Horne	W81 Ontario RaceWalkers	DNF	