

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W29&U 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Kathryn Bautista	W22 Unattached	8.47	8.47 81.82%	2	7

M30 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ian Chambers	M31 Phoenix Athletics	7.17	7.18 89.12%	9	7
(Meet Record 7.15 !)					

W30 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Raneta Krylov	W31 Jamaica Masters AC	9.11	9.12 75.96%	2	7

M35 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Dree Ryan	M36 Jamaica Masters AC	7.19	7.06 90.54%	9	7
2 Andre Mitchell	M38 UTTC	7.68	7.43 86.07%	9	5
3 Derrick Dudley	M36 Unattached	10.46	10.27 62.24%	9	4

W35 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Cindy Dorsett	W38 Jamaica Masters AC	9.18	9.08 76.25%	2	7

W40 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Prisca Irving	W44 Jamaica Masters AC	9.47	8.74 79.20%	7

M40 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nigel John	M42 Jamaica Masters AC	7.45	6.99 91.41%	8	7
2 Ellis Perryman	M43 Unattached	7.79	7.26 88.19%	8	5
3 Pho Lam	M43 Jamaica Masters AC	8.14	7.58 84.40%	8	4
4 Michael Yap	M44 Unattached	8.21	7.59 84.29%	8	3
5 Craig Geberdt	M42 Unattached	8.58	8.05 79.37%	8	2

M45 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jason Foubert	M45 UTTC	7.56	6.94 92.20%	7	7
2 Chris Lemassif	M48 UTTC	7.60	6.83 93.68%	7	5
3 Rick Reynolds	M48 Jamaica Masters AC	7.85	7.05 90.70%	7	4
4 Paul Dowhos	M47 Unattached	7.99	7.23 88.49%	7	3
5 Jon Anderson	M47 Unattached	8.63	7.81 81.92%	7	2

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W45 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Kate Cochrane-Brink	W47 UTTC	9.73	8.69 79.65%	7
2 Deon Robinson	W48 Jamaica Masters AC	15.18	13.42 51.58%	5

M50 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mike Lee Foon	M54 Jamaica Masters AC	7.89	6.79 94.17%	6	7
2 Ken Kudo	M52 Jamaica Masters AC	7.99	6.98 91.61%	6	5
3 Robert Nasato	M54 Jamaica Masters AC	8.09	6.97 91.84%	6	4
4 Les Neufeld	M54 Unattached	8.14	7.01 91.28%	6	3
5 Joe Baptiste	M54 Jamaica Masters AC	8.18	7.04 90.83%	6	2
6 Michael Chapman	M51 Jamaica Masters AC	8.69	7.64 83.66%	6	1
7 Domenic Lonuzzo	M51 Unattached	8.71	7.66 83.47%	6	
8 Bob Johnson	M54 Unattached	8.73	7.52 85.11%	6	

M55 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bill Johnson	M57 Unattached	8.13	6.86 93.23%	5	7
2 Joe Paialunga	M56 Unattached	8.32	7.07 90.50%	5	5
3 Spencer Arnfield	M55 Extreme Velocity	8.46	7.23 88.42%	5	4
4 Marino Sani	M55 Ottawa Track	8.58	7.34 87.18%	5	3
5 Mark Schaber	M56 Unattached	8.89	7.55 84.70%	5	2
6 John Siriski	M56 Unattached	8.92	7.58 84.42%	5	1
7 Bryan Baldsing	M57 Jamaica Masters AC	9.53	8.04 79.54%	5	

W55 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Wendy Alexis	W59 Ottawa Track	8.70	6.89 100.57%	7
2 Linda Tauvette	W59 Ottawa Track	9.46	7.49 92.49%	5

M60 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kerry Smith	M61 Jamaica Masters AC	7.99	6.56 97.37%	4	7 MR
(old MR 8.22 Three Way Tie Charles Agnoo (twice) and Tony Powell '95, '96, '04)					
2 Alexander Jozefacki	M64 Unattached	9.04	7.28 87.83%	4	5
3 Ralph Cilevitz	M60 Jamaica Masters AC	9.04	7.47 85.51%	4	4

M65 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Richard Lech	M66 Jamaica Masters AC	8.73	6.94 92.10%	4	7

M70 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Peter Evans	M72 Mississauga Tra	9.22	7.05 90.67%	3	7
2 Mike Morris	M74 Unattached	9.31	7.01 91.19%	3	5
3 David Stern	M74 Mississauga Tra	9.78	7.37 86.81%	3	4

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M75 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading H#	Points
1 Steffen Kampe	M78 Unattached	13.74	9.97 64.12%	3 7

M85 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading H#	Points
1 Bill Thompson (old MR 12.48 Karl Trei '97)	M85 Hamilton Oly	11.27	7.51 85.18%	3 7 MR

M45 200 Meter Dash 2:00pm - 200

Name	Age Team	Prelims	Age-Grading H#
Preliminaries			
1 Chris Lemassif	M48 UTTC	24.54q	21.47 90.02% 2
2 Jason Foubert	M45 UTTC	25.32q	22.63 85.39% 2
3 David Turkstra	M49 Jamaica Masters AC	26.02q	22.60 85.51% 2
4 Rick Reynolds	M48 Jamaica Masters AC	26.28q	22.99 84.06% 1
5 Paul Dowhos	M47 Unattached	26.97q	23.76 81.31% 1
6 Paul Robinson	M46 Jamaica Masters AC	27.10	24.05 80.37% 2
7 Steve Favrin	M48 Unattached	28.50	24.93 77.51% 1

M45 200 Meter Dash 2:00pm - 200

Name	Age Team	Finals	Age-Grading Points
Finals			
1 Chris Lemassif	M48 UTTC	24.39	21.33 90.57% 7
2 Jason Foubert	M45 UTTC	24.92	22.27 86.76% 5
3 Rick Reynolds	M48 Jamaica Masters AC	25.95	22.70 85.13% 4
-- Paul Dowhos	M47 Unattached	DNF	

M30 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading H#	Points
1 Greg Hetherington	M31 Jamaica Masters AC	24.55	24.45 79.02%	9 7
2 Milton Ashmeade	M30 Jamaica Masters AC	26.92	26.93 71.77%	9 5

M35 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading H#	Points
1 Dree Ryan	M36 Jamaica Masters AC	23.97	22.94 84.23%	9 7

M40 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading H#	Points
1 Nigel John	M42 Jamaica Masters AC	24.52	22.41 86.22%	8 7
2 Robert McRae	M41 Unattached	27.60	25.41 76.05%	8 5
3 Rob Scheifley	M41 UTTC	29.46	27.13 71.25%	8 4

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W40 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nicole Luke	W42 Jamaica Masters AC	30.14	27.77 76.87%	2	7

W45 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nancy Catton	W47 UTTC	30.28	26.29 81.21%	2	7
2 Kate Cochrane-Brink	W47 UTTC	31.65	27.47 77.69%	2	5

M50 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mike Lee Foon	M54 Jamaica Masters AC	25.32	21.23 91.00%	7	7
2 Ken Kudo	M52 Jamaica Masters AC	25.48	21.67 89.21%	7	5
3 Joe Baptiste	M54 Jamaica Masters AC	26.69	22.38 86.32%	7	4
4 Andrew Bass	M53 Unattached	26.76	22.60 85.50%	7	3

W50 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rita Botelho	W54 UTTC	35.70	28.66 74.45%	2	7

M55 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Joe Paialunga	M56 Unattached	28.04	23.19 83.31%	6	7
2 Glenn Chipkar	M55 Unattached	28.06	23.36 82.72%	6	5
3 Marino Sani	M55 Ottawa Track	28.58	23.80 81.21%	6	4
4 Spencer Arnfield	M55 Extreme Velocity	29.25	24.36 79.35%	6	3

W55 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	Points
1 Wendy Alexis	W59 Ottawa Track	30.12	22.96 92.99%	7
2 Linda Tauvette	W59 Ottawa Track	33.01	25.16 84.85%	5

M60 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kerry Smith	M61 Jamaica Masters AC	27.37	21.90 88.24%	5	7
2 Wayne Gagne	M60 Unattached	28.84	23.22 83.22%	5	5
3 Horace Hudson	M62 United State	29.06	23.10 83.65%	5	4
4 Alexander Jozefacki	M64 Unattached	30.36	23.82 81.13%	5	3

M65 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Richard Lech	M66 Jamaica Masters AC	30.55	23.63 81.80%	4	7
2 Duncan Greenshields	M66 UTTC	34.27	26.50 72.92%	4	5

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M70 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Peter Evans	M72 Mississauga Tra	30.53	22.18 87.13%	4	7
2 Mike Morris	M74 Unattached	32.54	22.91 84.36%	4	5
3 David Stern	M74 Mississauga Tra	32.96	23.20 83.28%	4	4

M75 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Pascoe	M77 Unattached	40.34	27.02 71.52%	3	7
2 Steffen Kampe	M78 Unattached	46.53	30.64 63.08%	3	5

W80 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	Points
1 Alice Cole	W81 Quebec	42.55	24.51 87.10%	7

M85 200 Meter Dash 2:10pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bill Thompson (no previous MR)	M85 Hamilton Oly	43.53	24.74 78.11%	3	7 MR

W35 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Marijana Primorac	W35 UTTC	68.36	65.49 72.69%	2	7

M40 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nigel John	M42 Jamaica Masters AC	55.18	50.88 84.89%	7	7
2 Lenroy Munro	M44 Unattached	56.64	51.48 83.88%	7	5
3 Rob Scheifley	M41 UTTC	62.87	58.38 73.98%	7	4
-- Louis Byrne	M43 Toronto Olym	DQ		7	

W40 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nicole Luke	W42 Jamaica Masters AC	68.78	61.08 77.93%	2	7

M45 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mirco Graenert	M46 Newmarket Huskies	56.64	50.77 85.06%	6	7
2 Will Hudson	M48 UTTC	63.74	56.35 76.64%	6	5
3 Ira Irving	M47 Jamaica Masters AC	1:22.03	73.02 59.14%	6	4

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W45 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nancy Catton	W47 UTTC	66.08	55.74 85.40%	2	7
2 Anke Graenert	W48 Newmarket Huskies	78.61	65.65 72.51%	2	5

M50 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Andrew Bass	M53 Unattached	59.72	51.05 84.59%	5	7
2 Stuart Galloway	M54 UTTC	65.95	56.00 77.12%	5	5
3 Domenic Lonuzzo	M51 Unattached	67.07	58.09 74.34%	5	4

W50 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Annie Bunting	W50 UTTC	65.28	53.43 89.09%	2	7

M55 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bill Allan	M57 Unattached	67.54	56.24 76.78%	5	7
2 Jim Freemantle	M56 Newmarket Huskies	71.93	60.28 71.64%	5	5

W55 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W56 UTTC	1:37.12	75.14 63.35%	7

M60 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Horace Hudson	M62 United State	64.80	52.27 82.61%	4	7
2 Wayne Gagne	M60 Unattached	67.19	54.87 78.70%	4	5

M65 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M66 UTTC	78.59	61.28 70.47%	4	7

M70 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Vern Christensen	M74 UTTC	1:26.95	58.94 73.27%	3	7
2 Gary McColeman	M72 UTTC	1:37.33	68.61 62.94%	3	5

M75 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Pascoe	M77 Unattached	1:29.75	57.62 74.95%	3	7
2 Steffen Kampe	M78 Unattached	1:48.08	68.16 63.35%	3	5

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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W80 400 Meter Dash 11:20am

Name	Age Team	Finals	Age-Grading	Points
1 Alice Cole (old MR 1:42.86 Alice last year)	W81 Quebec	1:38.28	50.67 93.96%	7 MR

W30 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Tanya Sakharov	W34 Boardwalk Runnin	2:33.45	2:33.46 73.82%	7

M35 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kenneth Wong	M36 Longboat RR	2:12.85	2:11.23 77.05%	6	7
2 Jimmy Semes	M36 Boardwalk Runnin	2:13.69	2:12.06 76.57%	6	5
3 Patrick Robitaille	M39 Unattached	2:40.23	2:33.79 65.74%	6	4
4 Jonathan Colford	M37 Unattached	2:59.41	2:55.56 57.59%	6	3

W35 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Marijana Primorac	W35 UTTC	2:41.41	2:41.42 70.18%	7

M40 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Michal Kapral	M42 UTTC	2:05.55	1:57.21 86.27%	5	7
2 Jay Brecher	M41 UTTC	2:07.72	2:00.32 84.04%	5	5
3 Bill Wells	M40 UTTC	2:14.21	2:07.57 79.26%	5	4
4 Jim Mylet	M44 Unattached	2:17.87	2:06.38 80.01%	5	3
5 Louis Byrne	M43 Toronto Olym	2:22.65	2:11.97 76.62%	5	2
6 Robert McRae	M41 Unattached	2:25.08	2:16.67 73.99%	5	1
7 Glenn Duncan	M42 Boardwalk Runnin	2:29.93	2:19.96 72.24%	5	

W40 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Amy Ballon	W43 UTTC	2:42.92	2:34.31 73.42%	7

M45 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Dyck	M49 Unattached	2:07.46	1:51.80 90.44%	4	7
2 Robert Muir	M46 Ottawa Track	2:23.44	2:09.14 78.30%	4	5
3 Will Hudson	M48 UTTC	2:30.22	2:12.92 76.07%	4	4
4 Steve Favrin	M48 Unattached	2:30.28	2:12.97 76.04%	4	3
-- Mirco Graenert	M46 Newmarket Huskies	DNF		4	

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W45 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Kate Cochrane-Brink	W47 UTTC	2:47.03	2:32.82 74.13%	7
2 Nancy Catton	W47 UTTC	2:51.48	2:36.89 72.21%	5
3 Anke Graenert	W48 Newmarket Huskies	3:00.23	2:43.51 69.28%	4

M50 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland (old MR 2:10.9 Ben Johns 1987)	M51 UTTC	2:06.69	1:49.24 92.56%	3	7 MR
2 Anthony MacIsaac	M50 Longboat RR	2:13.82	1:56.33 86.92%	3	5
3 Armand D'Oliveira	M54 UTTC	2:20.31	1:57.96 85.72%	3	4
4 Michael Sherar	M51 UTTC	2:27.58	2:07.25 79.46%	3	3
5 Mark Duff	M53 Boardwalk Runnin	2:36.69	2:12.86 76.11%	3	2

W50 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Annie Bunting (old MR 2:34.88 Kathryn Martin 2002)	W50 UTTC	2:32.87	2:16.33 83.09%	7 MR

M55 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 John MacMillan	M58 Longboat RR	2:34.98	2:06.14 80.16%	3	7
2 Garry Hardy	M56 Unattached	2:55.03	2:24.75 69.85%	3	5

W55 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Lynn Kobayashi	W59 UTTC	3:24.53	2:41.30 70.23%	7

M60 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Helliker	M63 UTTC	2:30.51	1:57.79 85.84%	2	7
2 George Aitkin	M62 Cambridge Harriers	2:43.65	2:09.08 78.34%	2	5
3 Wayne Chee	M60 UTTC	2:56.56	2:21.39 71.51%	2	4
4 Tim Payne	M64 Newmarket Huskies	2:57.16	2:17.59 73.49%	2	3

M70 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M74 Unattached	2:53.63	1:59.17 84.85%	2	7
2 Vern Christensen	M74 UTTC	3:31.00	2:24.81 69.82%	2	5

M75 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steffen Kampe	M78 Unattached	4:07.10	2:38.72 63.71%	2	7

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W30 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Tanya Sakharov	W34 Boardwalk Runnin	5:17.71	5:13.62 74.13%	7
2 Arieta Martin	W34 Jamaica Masters AC	6:22.94	6:18.01 61.50%	5

M35 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jimmy Semes	M36 Boardwalk Runnin	4:35.73	4:29.53 76.43%	5	7
2 Steve Metzger	M38 Longboat RR	4:58.12	4:45.63 72.12%	5	5

M40 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ian Reid	M41 UTTC	4:30.63	4:11.66 81.86%	5	7
2 Steve Boston	M44 Newmarket Huskies	4:55.94	4:27.39 77.04%	5	5
3 Glenn Duncan	M42 Boardwalk Runnin	5:04.72	4:40.68 73.40%	5	4
4 Michael Shields	M41 Longboat RR	5:09.30	4:47.62 71.62%	5	3
5 Blair Nicolle	M42 UTTC	5:38.74	5:12.02 66.02%	5	2

W40 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Michelle Clarke	W40 Longboat RR	5:22.02	5:04.60 76.32%	7
2 Amy Ballon	W43 UTTC	5:30.59	5:02.53 76.84%	5

M45 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Robert Muir	M46 Ottawa Track	4:50.50	4:17.59 79.97%	4	7
2 Gary Cassel	M47 Cambridge Harriers	5:01.83	4:25.22 77.67%	4	5
3 Niegel Geohagen	M46 Jamaica Masters AC	5:32.15	4:54.52 69.94%	4	4

W45 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Kate Cochrane-Brink	W47 UTTC	5:44.73	5:00.75 77.30%	7
2 Aura Reynoso	W48 Newmarket Huskies	6:25.04	5:31.79 70.07%	5

M50 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Dan Fiorini	M52 Newmarket Huskies	4:45.44	3:59.80 85.91%	4	7
2 Steven Blostein	M53 Physikult	4:51.20	4:02.49 84.96%	4	5
3 James Wallace	M52 UTTC	5:08.25	4:18.97 79.55%	4	4
4 Mark Duff	M53 Boardwalk Runnin	5:10.16	4:18.28 79.76%	4	3

W50 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Heather O'Hagan	W53 Newmarket Huskies	5:40.88	4:35.54 84.37%	7

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W55 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Lynn Kobayashi	W59 UTTC	6:25.88	4:47.18 80.95%	7

M55 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rob Earl	M56 East Toronto	5:13.10	4:14.05 81.09%	3	7
2 Jon Comerford	M58 UTTC	6:32.22	5:12.96 65.83%	3	5
-- Garry Hardy	M56 Unattached	DNF		3	

M60 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Helliker	M63 UTTC	5:02.90	3:52.03 88.79%	3	7
2 George Aitkin	M62 Cambridge Harriers	5:28.86	4:13.92 81.13%	3	5
3 Tony Farr	M60 UTTC	5:37.41	4:24.70 77.83%	3	4
4 Tim Payne	M64 Newmarket Huskies	5:55.94	4:30.45 76.17%	3	3
5 Wayne Chee	M60 UTTC	6:09.33	4:49.74 71.10%	3	2

W60 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W60 UTTC	6:29.99	4:46.06 81.27%	7

M65 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ken Hamilton	M65 Newmarket Huskies	5:33.08	4:11.01 82.07%	2	7
2 Richard Bailey	M66 Longboat RR	5:36.56	4:11.58 81.88%	2	5
3 Duncan Greenshields	M66 UTTC	6:52.80	5:08.57 66.76%	2	4

M70 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M74 Unattached	5:56.16	4:02.02 85.12%	2	7
2 Vern Christensen	M74 UTTC	6:37.17	4:29.88 76.33%	2	5
3 Robert Moore	M74 Toronto Olym	6:49.15	4:38.02 74.10%	2	4
4 Gary McColeman	M72 UTTC	7:29.64	5:15.29 65.34%	2	3

M75 1500 Meter Run 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steffen Kampe	M78 Unattached	8:22.00	5:22.09 63.96%	2	7

M30 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bill Bentley	M34 Boardwalk Runnin	10:15.12	10:05.28 72.69%	3	7
2 Nicolae Petrescu	M32 UTTC	10:18.99	10:14.17 71.64%	3	5

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W30 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Arieta Martin	W34 Jamaica Masters AC	14:27.18	14:18.69 58.39%	7

W35 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Jennifer Kehoe	W36 Unattached	10:31.27	10:19.47 80.94%	7

M40 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jason Matthews	M40 UTTC	9:40.53	9:08.66 80.20%	3	7
2 Ming Tsai	M42 UTTC	10:19.37	9:36.64 76.30%	3	5
3 Mike Greenberg	M40 UTTC	10:26.47	9:52.08 74.31%	3	4
4 Michael Shields	M41 Longboat RR	10:54.74	10:14.15 71.64%	3	3

W40 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Michelle Clarke	W40 Longboat RR	11:33.94	11:02.93 75.64%	7
2 Joanna Kotsopoulos	W44 Boardwalk Runnin	13:13.92	12:08.82 68.80%	5

M45 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Niegel Geohagen	M46 Jamaica Masters AC	12:28.11	11:15.40 65.15%	3	7
2 Jon Anderson	M47 Unattached	12:58.68	11:37.55 63.08%	3	5

M50 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Stuart Galloway	M54 UTTC	10:02.19	8:29.76 86.32%	3	7
2 Michael Sherar	M51 UTTC	10:37.91	9:13.46 79.50%	3	5

W50 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Rita Botelho	W54 UTTC	12:54.42	10:26.67 80.01%	7

M55 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rob Earl	M56 East Toronto	11:11.58	9:19.03 78.71%	2	7
2 Bill Bishop	M58 Unattached	11:21.88	9:18.06 78.85%	2	5
3 Jim Freemantle	M56 Newmarket Huskies	11:42.06	9:44.40 75.29%	2	4
4 Garry Hardy	M56 Unattached	12:45.81	10:37.47 69.02%	2	3

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M60 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tony Farr	M60 UTTC	11:58.83	9:38.16 76.10%	2	7
2 Dean Foster	M60 East Toronto	12:28.31	10:01.87 73.11%	2	5

W60 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W60 UTTC	13:50.66	10:18.02 81.13%	7

M65 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bert de Vries	M68 Longboat RR	13:48.09	10:19.33 71.04%	2	7

M70 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Robert Moore	M74 Toronto Olym	14:31.66	10:03.46 72.91%	7

M75 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Jack Geddes	M77 Unattached	14:34.65	9:33.69 76.70%	7
2 Steffen Kampe	M78 Unattached	17:28.89	11:13.92 65.29%	5

M80 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	Points
1 Ed Whitlock	M83 Unattached	14:35.36	8:15.46 88.81%	7

M35 60 Meter Hurdles 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 David Valenzuela	M38 Unattached	9.06	8.58 85.10%	7

M55 60 Meter Hurdles 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Glenn Chipkar	M55 Unattached	9.94	8.41 86.82%	7

M60 60 Meter Hurdles 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M60 Jamaica Masters AC	11.63	9.81 74.46%	7

OMA Indoor Championships - 2015-02-22**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M65 60 Meter Hurdles 1:00pm**

Name	Age Team	Finals	Age-Grading	Points
1 Richard Lech	M66 Jamaica Masters AC	11.58	8.64 84.54%	7

M30 4x200 Meter Relay 2:40pm

Team	Finals	H#	Points
1 Jamaica Masters AC 'A'	1:40.64	2	7
1) Greg Hetherington 31	2) Milton Ashmeade 30		
3) Dree Ryan 36	4) Nigel John 42		

W30 4x200 Meter Relay 2:40pm

Team	Finals	Points
1 Jamaica Masters AC 'A'	2:15.06	7
1) Prisca Irving 44	2) Cindy Dorsett 38	
3) Arieta Martin 34	4) Nicole Luke 42	

W35 4x200 Meter Relay 2:40pm

Team	Finals	Points
1 University of Toronto TC 'A'	2:07.90	7
1) Nancy Catton 47	2) Amy Ballon 43	
3) Kate Cochrane-Brink 47	4) Marijana Primorac 35	
(no previous CAN Record)		

M40 4x200 Meter Relay 2:40pm

Team	Finals	H#	Points
1 University of Toronto TC 'A'	1:50.93	2	7
1) Jason Matthews 40	2) Bill Wells 40		
3) Michal Kapral 42	4) Jay Brecher 41		

M45 4x200 Meter Relay 2:40pm

Team	Finals	H#	Points
1 Jamaica Masters AC 'A'	1:51.50	2	7
1) Rick Reynolds 48	2) Paul Robinson 46		
3) Ira Irving 47	4) Niegel Geohagen 46		

M50 4x200 Meter Relay 2:40pm

Team	Finals	H#	Points
1 Jamaica Masters AC 'A'	1:42.54	2	7
1) Mike Lee Foon 54	2) Ken Kudo 52		
3) Joe Baptiste 54	4) Kerry Smith 61		
(old CAN 1:51.59 Black, Crockett, Cheng, Dargie 2010)			

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W50 4x200 Meter Relay 2:40pm

Team	Finals	Points
1 University of Toronto TC 'A'	2:27.11	7
1) Rita Botelho 54	2) Lynn Kobayashi 59	
3) Clara Northcott 60	4) Annie Bunting 50	

M55 4x200 Meter Relay 2:40pm

Team	Finals	H#	Points
1 University of Toronto TC 'A'	2:39.87	2	7
1) Wayne Chee 60	2) John Helliker 63		
3) Jon Comerford 58	4) Tony Farr 60		

M60 4x200 Meter Relay 2:40pm

Team	Finals	Points
1 University of Toronto TC 'A'	2:33.83	7
1) Peter Zowkewych 64	2) Gary McColeman 72	
3) Doug Smith 63	4) Vern Christensen 74	

W35 4x400 Meter Relay 2:40pm

Team	Finals	Points
1 University of Toronto TC 'A'	4:54.49	7
1) Kate Cochrane-Brink 47	2) Amy Ballon 43	
3) Marijana Primorac 35	4) Nancy Catton 47	

M40 4x400 Meter Relay 2:50pm

Team	Finals	Points
1 University of Toronto TC 'A'	4:00.16	7
1) Jason Matthews 40	2) Bill Wells 40	
3) Michal Kapral 42	4) Jay Brecher 41	

M50 4x400 Meter Relay 2:50pm

Team	Finals	Points
1 University of Toronto TC 'B'	4:04.02	7
1) Michael Sherar 51	2) Armand D'Oliveira 54	
3) Stuart Galloway 54	4) Paul Osland 51	
2 University of Toronto TC 'A'	5:16.87	5
1) Jon Comerford 58	2) Tony Farr 60	
3) Wayne Chee 60	4) John Helliker 63	

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W50 4x400 Meter Relay 2:40pm

Team	Finals	Points
1 University of Toronto TC 'A'	5:42.21	7
1) Rita Botelho 54	2) Lynn Kobayashi 59	
3) Clara Northcott 60	4) Annie Bunting 50	

M70 4x400 Meter Relay 2:50pm

Team	Finals	Points
1 Unattached 'A'	6:00.93	7
1) Vern Christensen 74	2) Jim Pascoe 77	
3) Chris Mackie 74	4) Jack Geddes 77	

M40 4x800 Meter Relay 11:35am

Team	Finals	Points
1 University of Toronto TC 'A'	8:57.26	7
1) Jason Matthews 40	2) Ian Reid 41	
3) Bill Wells 40	4) Jay Brecher 41	
(no previous CAN Record)		

M50 4x800 Meter Relay 11:35am

Team	Finals	Points
1 Team Canada 'A'	8:37.23	7
1) Geoff Peat 51	2) Serge Faucher 50	
3) Paul Osland 51	4) Michael Sherar 51	
(old CAN 9:30 The Guss Brothers in January)		

M35 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M39 Unattached	1.85m	2.02m 82.59%	7
2 David Valenzuela	M38 Unattached	1.80m	1.95m 79.65%	5

M40 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M41 Jamaica Masters AC	1.40m	1.56m 63.93%	7

M50 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 James Wallace	M52 UTTC	1.30m	1.62m 66.33%	7
2 Paul Osland	M51 UTTC	1.20m	1.48m 60.61%	5

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M55 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Mark Schaber	M56 Unattached	1.35m	1.76m 72.19%	7
2 John Siriski	M56 Unattached	1.30m	1.70m 69.52%	5
3 Jon Comerford	M58 UTTC	J1.30m	1.74m 71.04%	3.50
3 Jerzy Dabrowa	M56 Unattached	J1.30m	1.70m 69.52%	3.50
-- Alexandr Senkevich	M59 Unattached	NH		

M60 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M64 UTTC	1.40m	2.01m 82.35%	7
2 Ralph Cilevitz	M60 Jamaica Masters AC	1.25m	1.71m 70.22%	5

M55 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Mark Schaber	M56 Unattached	3.43m	4.74m 77.25%	7

W29&U Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Kathryn Bautista	W22 Unattached	4.20m	4.20m 55.85%	7

W35 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Cindy Dorsett	W38 Jamaica Masters AC	3.47m	3.73m 49.64%	7

M40 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Nigel John	M42 Jamaica Masters AC	6.25m	7.10m 79.42%	7
2 Jasbir Singh Hundal	M41 Jamaica Masters AC	4.59m	5.15m 57.66%	5

M45 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Chris Lemassif	M48 UTTC	3.62m	4.42m 49.45%	7

M50 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Andrew Bass	M53 Unattached	5.01m	6.54m 73.03%	7
2 Mike Lee Foon	M54 Jamaica Masters AC	4.84m	6.40m 71.60%	5
3 Armand D'Oliveira	M54 UTTC	3.54m	4.68m 52.37%	4

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M55 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 John Siriski	M56 Unattached	4.24m	5.76m 64.44%	7

W55 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Lynn Kobayashi	W59 UTTC	2.41m	3.45m 45.99%	7

M60 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M60 Jamaica Masters AC	4.25m	6.12m 68.44%	7
2 Peter Zowkewych	M64 UTTC	3.49m	5.34m 59.76%	5
3 Doug Smith	M63 UTTC	2.83m	4.26m 47.72%	4

M70 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Derek Coleman	M70 Unattached	1.64m	2.77m 31.00%	7

M35 Triple Jump 1:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Jonathan Younker	M39 Unattached	12.52m	13.26m 72.54%	7

M40 Triple Jump 1:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Lenroy Munro	M44 Unattached	11.44m	12.86m 70.36%	7
2 Jack Pontes	M43 Jamaica Masters AC	11.23m	12.47m 68.23%	5
3 Jasbir Singh Hundal	M41 Jamaica Masters AC	9.50m	10.30m 56.35%	4

M45 Triple Jump 1:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Chris Lemassif	M48 UTTC	8.19m	9.68m 52.98%	7

M55 Triple Jump 1:30pm

Name	Age Team	Finals	Age-Grading	Points
1 John Siriski	M56 Unattached	8.41m	11.09m 60.68%	7

M60 Triple Jump 1:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Thevarajan Sinnathurai	M61 United T.S.C.	10.81m	15.38m 84.12%	7
2 Peter Zowkewych	M64 UTTC	7.17m	10.70m 58.53%	5
3 Ralph Cilevitz	M60 Jamaica Masters AC	6.33m	8.87m 48.51%	4

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M70 Triple Jump 1:30pm

Name	Age Team	Finals	Age-Grading Points
-- Derek Coleman	M70 Unattached	DQ	

W29&U Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Kristen Arsenault	W21 University of To	5.51m	5.51m 24.35% 7

M30 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Milton Ashmeade (no previous MR)	M30 Jamaica Masters AC	8.45m	8.45m 36.55% 7 MR

W35 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Cindy Dorsett	W38 Jamaica Masters AC	6.89m	7.73m 34.19% 7
2 Marijana Primorac	W35 UTTC	6.30m	6.65m 29.40% 5

M40 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Jasbir Singh Hundal	M41 Jamaica Masters AC	8.81m	9.19m 39.76% 7
2 Pho Lam	M43 Jamaica Masters AC	6.51m	7.01m 30.32% 5

W40 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Prisca Irving	W44 Jamaica Masters AC	8.25m	10.60m 46.88% 7

W45 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Michelle Baptie	W48 athletiques In	6.28m	8.93m 39.50% 7

M45 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Ira Irving	M47 Jamaica Masters AC	9.12m	10.57m 45.76% 7
2 Paul Robinson	M46 Jamaica Masters AC	8.39m	9.53m 41.23% 5
3 Will Hudson	M48 UTTC	6.89m	8.16m 35.30% 4

M50 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Raj Kumar	M54 Unattached	11.24m	14.00m 60.59% 7
2 Paul Osland	M51 UTTC	7.23m	8.45m 36.59% 5

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W50 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Elizabeth Hill	W54 Throwers Club	10.22m	15.23m 67.33%	7

W55 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W56 UTTC	5.42m	8.39m 37.10%	7

M55 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 George Christodoulou	M56 Unattached	9.98m	12.99m 56.23%	7
2 Muraleetharan Arulpiraga	M55 Unattached	9.75m	12.41m 53.72%	5
3 Harbans Cheema	M59 Unattached	9.61m	13.42m 58.07%	4
4 John Siriski	M56 Unattached	9.01m	11.73m 50.76%	3
5 Jerzy Dabrowa	M56 Unattached	8.90m	11.59m 50.14%	2
6 Val Grose	M59 Jamaica Masters AC	8.38m	11.70m 50.63%	1

M60 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	11.21m	15.06m 65.17%	7
2 Peter Zowkewych	M64 UTTC	10.71m	15.27m 66.07%	5
3 Ralph Shapiro	M63 Throwers Club	10.30m	14.25m 61.68%	4
4 Roy Chubb	M64 Unattached	9.01m	12.85m 55.58%	3
5 Ralph Cilevitz	M60 Jamaica Masters AC	8.26m	10.49m 45.38%	2
6 Kerry Smith	M61 Jamaica Masters AC	8.06m	10.52m 45.54%	1

M65 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Jerzy Wyroba	M65 Unattached	10.76m	15.83m 68.49%	7
2 Brock Pullen	M65 Throwers Club	9.94m	14.63m 63.27%	5
3 Bill Leavey	M66 Unattached	8.62m	13.10m 56.67%	4

W65 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W66 Hamilton Oly	6.21m	11.91m 52.67%	7

M70 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M71 Throwers Club	12.48m	16.69m 72.22%	7
2 Derek Coleman	M70 Unattached	7.44m	9.68m 41.89%	5
3 Enrico Toscano	M74 Throwers Club	6.00m	8.75m 37.85%	4

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M75 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 James Sumner	M76 Unattached	8.55m	13.27m 57.42%	7
2 Milan Bohac	M75 Unattached	7.16m	10.77m 46.58%	5

M40 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M41 Jamaica Masters AC	9.16m	10.16m 39.30%	7

W45 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Michelle Baptie	W48 athletiques In	6.99m	11.64m 49.33%	7

M50 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Thomas Lambdin	M53 Unattached	13.90m	16.25m 62.84%	7

W50 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Elizabeth Hill	W54 Throwers Club	11.15m	14.88m 63.07%	7

M55 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Ayman Mazhar	M55 UTTC	16.52m	19.99m 77.34%	7

M60 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Jan Graczyk	M62 Throwers Club	16.92m	20.05m 77.54%	7
2 Ray Bzibziak	M60 United State	13.55m	15.43m 59.69%	5
3 Bill Pearson	M62 Throwers Club	12.75m	15.11m 58.43%	4
4 Ralph Cilevitz	M60 Jamaica Masters AC	9.68m	11.02m 42.64%	3

W65 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W66 Hamilton Oly	10.56m	15.48m 65.63%	7 MR
(old MR 10.38 Cheryl Closkey BC '14)				

OMA Indoor Championships - 2015-02-22
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M65 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	13.55m	17.09m 66.10%	7
2 Bill Leavey	M66 Unattached	10.16m	13.09m 50.65%	5

M70 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M71 Throwers Club	14.53m	19.27m 74.55%	7
2 Enrico Toscano	M74 Throwers Club	6.26m	8.97m 34.70%	5

M75 Weight Throw Noon

Name	Age Team	Finals	Age-Grading	Points
1 Milan Bohac	M75 Unattached	7.77m	11.44m 44.27%	7

W29&U 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Amanda Schneider	W25 Unattached	17:32.07	17:32.08 66.06%	7

W35 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Sarah Raetsen	W38 Ontario RaceWalkers	18:16.67	17:50.36 64.93%	7

M40 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading	Points
-- Michael Shields	M41 Longboat RR	DQ		

M50 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Lawrence Malek	M54 Toronto Race Wal	18:49.90	15:53.53 66.22%	7

W60 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Kris Kozell (old CAN & MR 17:32 Ann Marie Rosenitsch ON 2002)	W62 Ontario RaceWalkers	17:01.46	13:25.02 86.33%	7 CAN MR
2 Anne de Thy	W61 Ontario RaceWalkers	18:16.21	14:33.68 79.55%	5

M70 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 John Kittredge (old MR Sal Brancaccio '98)	M70 Ontario RaceWalkers	17:55.83	12:49.22 82.09%	7 MR