

## 49th Annual Ontario Masters Championships

Toronto Track and Field Centre - 2021-08-14 to 2021-08-15

## Results

## Event 1 W29&amp;U 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
Finals						
1 Rani, Monika	W28 Unattached ON	13.00	14.52	1.7	3	10

## Event 1 W30 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
<b>1 Williams, Jordanne</b>	<b>W31 Variety Village</b>	<b>12.30</b>	<b>12.31</b>	<b>1.7</b>	<b>3</b>	<b>10 MR</b>
(old MR 12.35 Tomikka Harrison 2003)						
2 Pedrero, Ana Claudia	W33 Unattached ON	13.50	13.75	1.7	3	8
3 Duval, Jessica	W33 Unattached ON	22.00	14.43	1.7	3	6

## Event 1 W35 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Gerry, Rachael	W38 Unattached ON	14.20	14.51	1.7	3	10

## Event 1 W40 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Marin, Norma	W41 Unattached ON	24.27	24.08	1.4	2	10

## Event 1 W45 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Blessing, Kyra	W45 Unattached ON	14.00	14.95	1.4	2	10

## Event 1 W50 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Lefebvre, Marcia	W50 Unattached ON	14.20	14.51	1.4	2	10
2 Thompson, Marsha	W50 Jamcan Int.	14.74	14.88	1.4	2	8
3 Duarte, Ann-Maria	W52 Jamcan Int.	15.00	15.36	1.4	2	6
4 Oswald, Carrie	W53 Unattached ON	15.00	16.07	1.4	2	5
5 Hargreaves, Valerie	W54 Unattached ON	16.00	16.08	1.4	2	4

## Event 1 W60 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Macherzynska, Renata	W63 Uni Toronto TC	14.68	15.02	1.9	10
2 Lee, Faith	W61 Ontario Racewalk	18.79	18.79	1.9	8

## Event 1 W65 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Chedore, Janice	W65 Thames AC	17.00	17.19	1.9	10
2 Reardon, Roberta	W66 Thames AC	30.00	23.75	1.9	8

## Event 2 M29&amp;U 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Bennett, Kyle	M28 Champs Int.	11.15	11.31	2.0	8	10
2 Kwan, Anthony	M28 Unattached ON	11.38	11.49	2.0	8	8
3 Smith, Charles	M29 Speed Academy	11.35	11.53	2.0	8	6
4 Singh, Manik	M23 Champs Int.	12.40	11.95	2.0	8	5
5 Singh, Gurveer	M21 Champs Int.	11.90	12.12	2.0	8	4

Event 2 M30 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Annan, Andrew	M31 Unattached ON	11.64	11.64	0.7	7	10
2 Edwards, Travis	M34 Jamcan Int.	11.30	11.96	0.7	7	8
3 Thompson, Raul	M30 Unattached ON	11.00	12.64	0.7	7	6
4 Ong, Sonny	M32 Champs Int.	12.30	12.73	0.7	7	5

Event 2 M35 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Klein, Eric	M36 Unattached ON	11.70	11.93	0.7	6	10
2 Silla, Jay	M39 Unattached ON	12.26	12.15	0.7	6	8
3 Primeau, David	M38 A.T.P athlétisme	12.11	X12.69	0.7	6	
4 Hayer, Gavie	M36 Unattached ON	12.00	13.51	0.7	6	6
5 Masoodi, Shouib	M39 Unattached ON	13.00	17.63	0.7	6	5

Event 2 M40 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Ryan, Dree (MR 11.3(11.54)this was illegal wind)	M42 Champs Int.		11.44	2.6	5	10
2 James, Michael	M41 Unattached ON	11.20	11.64	2.6	5	8
3 O'Brien, Jamin	M40 Variety Village	13.30	12.29	2.6	5	6
4 Wrobel, Chris	M40 Unattached ON	11.50	12.87	2.6	5	5
5 Meikle, Supa D.A.	M44 Jamcan Int.	13.07	13.12	2.6	5	4

Event 2 M45 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Mason, Alex-Bobbie	M49 Uni Toronto TC	12.36	12.28	2.6	5	10

Event 2 M50 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Henry, Lenroy	M51 Unattached ON	11.68	11.87	NWI	4	10
2 Foubert, Jason	M51 Unattached ON	12.05	12.37	NWI	4	8
3 Hui, Tit (jonathan)	M50 Jamcan Int.	12.01	12.57	NWI	4	6
4 Ellis, Colin	M53 Excel Athletika	13.00	X12.70	NWI	4	
5 Samuel, Dale	M50 Jamcan Int.	14.70	13.11	NWI	4	5
6 Munro, Lenroy	M51 Unattached ON	13.00	13.71	NWI	4	4

Event 2 M55 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Hart, Milton	M56 Unattached ON	12.00	12.14	2.2	3	10
2 Kudo, Ken	M59 Jamcan Int.	12.62	13.20	2.2	3	8
3 Jones, William Thomas	M57 Unattached ON	16.00	14.97	2.2	3	6

Event 2 M60 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
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<b>1 Yelverton, William</b>	<b>M61 U.S.A.</b>	<b>12.43</b>	<b>X12.63</b>	<b>2.2</b>	<b>3</b>	<b>MR tie</b>
(MR 12.63 Kerry Smith 2016)						
2 Nasato, Robert	M60 Jamcan Int.	13.25	13.44	2.2	3	10
3 Lee Foon, Mike	M60 Jamcan Int.	12.19	13.71	2.2	3	8
4 Kumarakulasingam, Kumar	M62 Unattached ON	14.00	14.43	2.5	2	6
5 Arnfield, Spencer	M62 Jamcan Int.	14.25	14.86	2.5	2	5
6 Lee, Paul	M61 Unattached ON	15.25	15.43	2.5	2	4
7 Ayo, Mello	M62 Jamcan Int.	14.00	15.66	2.2	3	3
8 Baldamus, Steve	M61 Unattached ON	16.69	20.03	2.5	2	2
-- Sani, Marino	M61 Beckwith AC	13.95	DNF	2.2	3	

Event 2 M65 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Wright, Paul	M67 Unattached ON	16.50	15.34	2.5	2	10
2 Hayes, Doug	M67 Unattached ON	14.00	15.40	2.5	2	8
3 Cilevitz, Ralph	M67 Jamcan Int.	15.00	16.65	2.5	2	6

Event 2 M70 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Morley, Robert	M74 Unattached ON	15.00	14.74	3.1	10
2 Hehar, Manmohan	M71 Unattached ON	14.40	14.84	3.1	8

Event 2 M75 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Makkar, Sardar	M78 Jamcan Int.	15.00	16.26	3.1	10
2 Patterson, Darrell	M75 Unattached ON	14.55	17.00	3.1	8
3 Brosz, Helmut	M78 Unattached ON	17.00	20.66	3.1	6

Event 2 M85 100 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Sharma, Dev	M85 Unattached ON	18.00	20.96	3.1	10
2 Lamb, Ted	M85 Unattached ON	23.78	30.46	3.1	8

Event 3 W30 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Williams, Jordanne	W31 Variety Village	25.28	25.55	1.3	10
2 Duval, Jessica	W33 Unattached ON	48.00	31.00	1.3	8

Event 3 W50 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Hargreaves, Valerie	W54 Unattached ON	35.00	33.48	1.3	10
2 Oswald, Carrie	W53 Unattached ON	34.89	34.11	1.3	8

Event 3 W60 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Macherzynska, Renata	W63 Uni Toronto TC	31.14	32.03	1.3	10

Event 3 W65 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
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1 Chedore, Janice W65 Thames AC 45.00 39.21 1.3 10

Event 4 M29&U 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Bennett, Kyle	M28 Champs Int.	22.54	23.67	-3.5	3	10
2 Singh, Gurveer	M21 Champs Int.	24.03	24.33	-3.5	3	8
3 Singh, Manik	M23 Champs Int.	24.70	24.54	-3.5	3	6
-- Kwan, Anthony	M28 Unattached ON	23.38	DQ	-3.5	3	17.3.1

Event 4 M30 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Edwards, Travis	M34 Jamcan Int.	23.70	24.87	-1.1	6	10
2 Thompson, Raul	M30 Unattached ON	23.00	26.87	-1.1	6	8

Event 4 M35 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Klein, Eric	M36 Unattached ON	23.77	24.17	-1.1	6	10
2 Smith, Jason	M36 Unattached ON	26.16	25.65	-1.1	6	8
3 Primeau, David	M38 A.T.P athlétisme	24.80	X26.71	-1.1	6	
4 Ashmeade, Milton	M36 Jamcan Int.	24.43	28.76	-1.1	6	6
5 Blau, Steven	M38 Uni Toronto TC	32.74	30.31	-1.1	6	5
6 Masoodi, Shouib	M39 Unattached ON	29.00	31.58	-1.1	6	4

Event 4 M40 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Ryan, Dree	M42 Champs Int.		23.66	-2.6	5	10
2 James, Michael	M41 Unattached ON	22.65	24.58	-2.6	5	8
3 O'Brien, Jamin	M40 Variety Village	27.00	25.98	-2.6	5	6
4 Meikle, Supa D.A.	M44 Jamcan Int.	27.23	27.21	-3.5	4	5
5 Wrobel, Chris	M40 Unattached ON	23.90	27.29	-2.6	5	4

Event 4 M45 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Mason, Alex-Bobbie	M49 Uni Toronto TC	25.13	25.20	-2.6	5	10
2 Fraser, Andy	M49 Unattached ON	28.85	28.46	-2.6	5	8
-- Morgan, Otis	M45 Jamcan Int.	23.77	DQ	-2.6	5	17.3.1

Event 4 M50 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Henry, Lenroy	M51 Unattached ON	24.00	24.72	-3.5	4	10
2 Ellis, Colin	M53 Excel Athletika	27.00	X26.89	-3.5	4	
3 Samuel, Dale	M50 Jamcan Int.	26.01	27.25	-3.5	4	8
4 Munro, Lenroy	M51 Unattached ON	26.00	27.49	-3.5	4	6
5 Reid, Richard	M52 Jamcan Int.	26.00	28.72	-3.5	4	5

Event 4 M55 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Faucher, Serge	M57 Ottawa Lions	25.47	26.83	-3.5	3	10
2 Kudo, Ken	M59 Jamcan Int.	26.62	27.15	-3.5	3	8
3 Xu, Jianping	M55 Unattached ON	35.00	31.04	-3.5	3	6

Event 4 M60 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
<b>1 Yelverton, William</b>	<b>M61 U.S.A.</b>	<b>25.36</b>	<b>X25.54</b>	<b>0.9</b>	<b>2</b>	<b>MR</b>
(old MR 25.94 Tony Powell 2004, note - same as Harold Morioka's CAN record)						
2 Nasato, Robert	M60 Jamcan Int.	27.25	27.85	0.9	2	10
3 Lee Foon, Mike	M60 Jamcan Int.	24.79	28.02	0.9	2	8
4 Arnfield, Spencer	M62 Jamcan Int.	30.00	31.98	0.9	2	6
5 Kumarakulasingam, Kumar	M62 Unattached ON	33.00	33.11	0.9	2	5

Event 4 M65 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Wright, Paul	M67 Unattached ON	34.00	32.63	+0.0	10
2 Urch, Bruce	M66 Throwers Club	31.28	32.72	+0.0	8
3 Cilevitz, Ralph	M67 Jamcan Int.	35.00	40.55	+0.0	6

Event 4 M70 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Hehar, Manmohan	M71 Unattached ON	30.00	32.26	+0.0	10
2 Greenshields, Duncan	M72 Variety Village	40.00	36.87	+0.0	8

Event 4 M85 200 Meter Dash Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Sharma, Dev	M85 Unattached ON	40.80	56.55	+0.0	10
2 Lamb, Ted	M85 Unattached ON	53.66	1:11.24	+0.0	8

Event 5 W29&U 400 Meter Dash Masters

Name	Year Team	Seed	Finals	Points
1 Rani, Monika	W28 Unattached ON	58.00	1:15.79	10

Event 5 W35 400 Meter Dash Masters

Name	Year Team	Seed	Finals	Points
1 Howitt, Kimberley	W37 Ottawa Lions	1:06.59	1:05.59	10

Event 5 W60 400 Meter Dash Masters

Name	Year Team	Seed	Finals	Points
1 Lee, Faith	W61 Ontario Racewalk	1:34.08	1:34.78	10

Event 5 W65 400 Meter Dash Masters

Name	Year Team	Seed	Finals	Points
<b>1 Del Grande, Karla</b>	<b>W68 Variety Village</b>	<b>1:09.13</b>	<b>1:08.31</b>	<b>10</b>
<b>(1<sup>st</sup> Woman to run her age ! - old MR 1:09.12 Karla in 2019)</b>				
2 Chedore, Janice	W65 Thames AC	1:42.00	1:32.21	8

Event 6 M30 400 Meter Dash Masters

Name	Year Team	Seed	Finals	H#	Points
1 Mackett, Michael	M30 Unattached ON	1:02.00	1:09.67	3	10

Event 6 M35 400 Meter Dash Masters

Name	Year Team	Seed	Finals	H#	Points
1 Klein, Eric	M36 Unattached ON	52.76	53.56	3	10
2 Kerebel, Nicolas	M36 Uni Toronto TC	54.00	53.96	3	8
3 Smith, Jason	M36 Unattached ON	56.99	56.68	3	6
4 Watson, Jeff	M39 Thames AC	1:00.00	1:01.56	3	5
5 Masoodi, Shouib	M39 Unattached ON	1:10.00	1:12.47	3	4

Event 6 M45 400 Meter Dash Masters

Name	Year Team	Seed	Finals	H#	Points
1 Chalabi, Youb	M45 Unattached ON	57.00	55.36	2	10
2 Fraser, Andy	M49 Unattached ON	58.50	1:01.70	2	8
-- Morgan, Otis	M45 Jamcan Int.	52.03	DQ	2	17.3.1

Event 6 M50 400 Meter Dash Masters

Name	Year Team	Seed	Finals	H#	Points
1 Reid, Richard	M52 Jamcan Int.	56.00	1:02.44	2	10

Event 6 M55 400 Meter Dash Masters

Name	Year Team	Seed	Finals	H#	Points
1 Faucher, Serge	M57 Ottawa Lions	56.68	58.95	2	10
2 Jones, William Thomas	M57 Unattached ON	1:25.00	1:10.87	2	8

Event 6 M60 400 Meter Dash Masters

Name	Year Team	Seed	Finals	Points
<b>1 Yelverton, William</b>	<b>M61 U.S.A.</b>	<b>56.78</b>	<b>X56.23</b>	<b>MR</b>
(old MR 59.0 Earl Fee 1989, note - under Earl's 57.97 CAN from 1995)				
2 Lee, Paul	M61 Unattached ON	1:45.00	1:22.53	10
3 Baldamus, Steve	M61 Unattached ON	1:22.27	1:40.65	8

Event 6 M65 400 Meter Dash Masters

Name	Year Team	Seed	Finals	Points
1 Millward, Steven	M65 Niagara Olympic	1:05.50	1:06.10	10

Event 6 M85 400 Meter Dash Masters

Name	Year Team	Seed	Finals	Points
1 Lamb, Ted	M85 Unattached ON	2:03.60	3:13.56	10

Event 7 W30 800 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Wheeler, Rebecca	W33 Unattached ON	2:24.69	2:26.82	10

Event 7 W35 800 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Howitt, Kimberley	W37 Ottawa Lions	2:31.87	2:28.28	10

Event 7 W40 800 Meter Run Masters

Name	Year Team	Seed	Finals	Points
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1 Boisclair, Jamie W43 Monarch AC 2:30.98 2:35.92 10

Event 7 W50 800 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Weber, Catherine	W51 Uni Toronto TC	3:06.00	3:08.94	10

Event 7 W55 800 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Ohler, Makie	W59 Uni Toronto TC	2:56.00	2:52.00	10
2 Koch, Anne	W55 Uni Toronto TC	2:55.13	2:57.30	8

Event 7 W60 800 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Willis, Katherine	W62 Laurel Creek	3:20.00	3:26.27	10

Event 7 W65 800 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Northcott, Clara	W66 Uni Toronto TC	3:15.00	3:17.59	10
2 Konyu, Nancy	W66 Newmarket Huskie	4:20.00	4:09.46	8

Event 8 M30 800 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Conlon, Justin	M30 Unattached ON	2:08.00	2:11.48	4	10
2 Mackett, Michael	M30 Unattached ON	2:30.00	2:27.46	4	8

Event 8 M35 800 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Blau, Steven	M38 Uni Toronto TC	2:50.00	2:52.74	4	10

Event 8 M40 800 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Hammond, Adam	M40 Monarch AC	2:02.90	2:04.04	4	10
2 Aseltine, Ian	M40 London Western	2:01.82	2:06.00	4	8
3 Johnson, Mark	M40 Jamcan Int.	2:25.00	2:17.19	4	6
4 Devine, Steven	M40 Unattached ON	2:45.00	2:23.24	4	5

Event 8 M45 800 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Doucet, Patrice	M49 Club Milpat	2:02.38	X2:03.07	3	
2 Chalabi, Youb	M45 Unattached ON	2:15.00	2:08.49	3	10
3 Wells, Bill	M46 Monarch AC	2:08.10	2:08.90	3	8
4 Brecher, Jay	M47 Monarch AC	2:06.07	2:09.07	3	6
5 McGill, Robert	M45 Dundas Valley	2:07.11	2:10.71	3	5
6 Byrne, Louis	M49 Toronto Olympic	2:15.24	2:37.67	3	4
7 Dhebar, Sanjay	M46 Unattached ON	2:50.00	2:42.04	3	3
8 Duncan, Glenn	M49 Boardwalk RC	3:00.00	2:57.98	3	2

Event 8 M50 800 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
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1 Moriarity, Dan	M52 Unattached ON	2:47.00	2:55.58	2	10
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Event 8 M55 800 Meter Run Masters

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Name	Year Team	Seed	Finals	H#	Points
1 Weber, Harvey	M55 Running Wild AC	2:29.22	X2:28.89	2	
2 Webb, Christopher	M56 Unattached ON	2:25.00	2:30.17	2	10
3 Blair, Robert	M57 Newmarket Huskie	2:44.00	2:35.09	2	8
4 Xu, Jianping	M55 Unattached ON	3:00.00	2:38.44	2	6

Event 8 M60 800 Meter Run Masters

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Name	Year Team	Seed	Finals	H#	Points
<b>1 Pinckard, Mark</b>	<b>M61 Ocean Athletics</b>	<b>2:14.13</b>	<b>X2:13.17</b>	<b>3</b>	<b>MR</b>
(old MR 2:14.4 Earl Fee 1989)					
2 Tries, Dan	M61 Thames AC	2:40.35	2:46.86	3	10

Event 8 M70 800 Meter Run Masters

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Name	Year Team	Seed	Finals	Points
1 Clarke, John	M70 Unattached ON	2:50.00	3:00.62	10
2 Payne, Tim	M71 Newmarket Huskie	3:20.00	3:20.14	8

Event 9 W30 1500 Meter Run Masters

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Name	Year Team	Seed	Finals	Points
1 Deline, Rachel	W30 Quinte Frontenac	5:00.00	5:10.07	10

Event 9 W40 1500 Meter Run Masters

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Name	Year Team	Seed	Finals	Points
1 Boisclair, Jamie	W43 Monarch AC	5:10.00	5:15.87	10

Event 9 W45 1500 Meter Run Masters

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Name	Year Team	Seed	Finals	Points
1 Pady, Heather	W47 Unattached ON	5:45.00	5:32.43	10
2 Viggers, Tracy	W49 Jamcan Int.	8:00.00	8:28.78	8

Event 9 W50 1500 Meter Run Masters

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Name	Year Team	Seed	Finals	Points
1 Weber, Catherine	W51 Uni Toronto TC	6:30.00	6:25.27	10

Event 9 W55 1500 Meter Run Masters

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Name	Year Team	Seed	Finals	Points	
<b>1 Ohler, Makie</b>	<b>W59 Uni Toronto TC</b>	<b>5:40.25</b>	<b>5:25.56</b>	<b>10</b>	<b>MR</b>
(old MR 5:35.2 Molly Turner 1989)					
2 Wiley, Alison	W57 Unattached ON	5:30.00	5:29.16	8	
3 Sulllivan, Kathryn	W55 Unattached ON	5:45.00	5:42.15	6	
4 Koch, Anne	W55 Uni Toronto TC	5:54.44	5:58.90	5	

Event 9 W60 1500 Meter Run Masters

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Name	Year Team	Seed	Finals	Points
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1 Willis, Katherine W62 Laurel Creek 6:40.00 6:59.92 10

Event 9 W65 1500 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Northcott, Clara	W66 Uni Toronto TC	6:30.00	6:35.73	10
2 Konyu, Nancy	W66 Newmarket Huskie	8:30.00	8:06.49	8

Event 10 M30 1500 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Mackett, Michael	M30 Unattached ON	5:15.00	4:55.46	2	10

Event 10 M40 1500 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Hammond, Adam	M40 Monarch AC	4:09.09	4:12.24	2	10
2 Konya, Tedd	M41 Unattached ON	5:00.00	4:52.11	2	8
3 Johnson, Mark	M40 Jamcan Int.	5:02.00	4:56.96	2	6
4 Devine, Steven	M40 Unattached ON	6:16.00	5:03.51	2	5

Event 10 M45 1500 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points	
<b>1 Brecher, Jay</b>	<b>M47 Monarch AC</b>	<b>4:15.37</b>	<b>4:13.14</b>	<b>2</b>	<b>10</b>	<b>MR</b>
(old MR 4:16.19 Ray Tucker 1993)						
2 Doucet, Patrice	M49 Club Milpat	4:18.00	X4:15.02	2		
3 McGill, Robert	M45 Dundas Valley	4:22.20	4:29.81	2	8	
4 Oreopoulos, Philip	M49 Uni Toronto TC	4:28.77	4:42.24	2	6	

Event 10 M50 1500 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Cassel, Gary	M53 Unattached ON	5:10.00	5:14.12	10

Event 10 M55 1500 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Peat, Geoffrey	M57 Newmarket Huskie	4:55.00	4:47.86	10
2 Blair, Robert	M57 Newmarket Huskie	5:19.00	5:19.13	8

Event 10 M60 1500 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Tries, Dan	M61 Thames AC	5:43.92	5:52.84	10

Event 10 M65 1500 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Farr, Tony	M66 Uni Toronto TC	6:10.00	6:35.27	10

Event 10 M70 1500 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Clarke, John	M70 Unattached ON	5:35.00	5:49.87	10
2 Mills, Frank	M71 Unattached ON	6:00.00	6:21.54	8
3 McDavid, Donald	M71 Unattached ON	6:23.00	6:23.42	6

4 Payne, Tim M71 Newmarket Huskie 6:30.00 6:53.52 5

Event 10 M80 1500 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Mackie, Chris	M80 Unattached ON	7:11.00	6:37.33	10
2 Taivassalo, Keijo	M82 Uni Toronto TC	7:30.00	7:39.31	8

Event 11 W30 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Wheeler, Rebecca	W33 Unattached ON	21:14.00	19:49.44	10
2 Shaw, Jessica	W31 Newmarket Huskie	19:13.00	20:51.57	8

Event 11 W50 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Wiseman, Dianne	W52 Uni Toronto TC	17:45.00	20:20.91	10

Event 11 W55 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
<b>1 Ohler, Makie</b>	<b>W59 Uni Toronto TC</b>	<b>21:03.01</b>	<b>20:04.08</b>	<b>10 MR</b>
(old MR 20:10.30 Elizabeth Primrose 2017)				
2 Gardiner, Karan	W59 Unattached ON	21:00.00	21:07.29	8
3 Koch, Anne	W55 Uni Toronto TC	22:36.11	23:09.56	6

Event 11 W60 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
<b>1 Waywell, Elizabeth</b>	<b>W63 Unattached ON</b>	<b>20:00.00</b>	<b>20:22.35</b>	<b>10 CAN MR</b>
(old CAN 20:29.07 Patty Blanchard 2018, old MR 21:20.00 Molly Turner 1997)				
2 Chau, Jeannette	W60 Unattached ON	30:00.00	29:01.45	8

Event 11 W65 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Northcott, Clara	W66 Uni Toronto TC	24:30.00	24:48.39	10

Event 11 W70 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
<b>1 Silverberg, Jackie</b>	<b>W70 Unattached ON</b>	<b>25:00.00</b>	<b>25:01.06</b>	<b>10 MR</b>
(old MR 26:36.0 Judith Kazdan 1990)				

Event 12 M35 5000 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Croker, Nick	M35 Unattached ON	16:30.00	16:36.50	2	10
2 Blau, Steven	M38 Uni Toronto TC	22:30.00	22:43.88	2	8

Event 12 M40 5000 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Hogan, Bernie	M40 Unattached ON	16:50.64	17:23.04	2	10
2 Feltham, Matthew	M44 Sabrecats TC	17:50.00	17:30.01	2	8
3 Zeleni, Nic	M40 Newmarket Huskie	18:40.00	19:40.38	2	6

## Event 12 M45 5000 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Beatty, Kevin	M45 Physi-Kult	17:00.00	16:53.37	2	10
2 Mladenovic, Predrag	M49 Unattached ON	17:30.00	17:08.03	2	8
3 Tepper, David	M46 Newmarket Huskie	16:45.12	17:43.52	2	6
4 Watson, Steve	M48 Newmarket Huskie	19:30.00	19:20.21	2	5

## Event 12 M50 5000 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points
1 Orosz, Laszlo	M53 Unattached ON	18:00.00	17:25.18	2	10
2 Matthaïos, Ioannis	M53 Unattached ON	17:53.00	17:30.91	2	8
3 Quevillon, Pierre	M52 Unattached ON	19:00.00	18:42.42	2	6
4 Lopez-Bravo, Pedro	M51 Newmarket Huskie	19:30.00	18:47.92	2	5
5 Boston, Steve	M51 Newmarket Huskie	18:40.00	18:49.17	2	4

## Event 12 M55 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Fiorini, Dan	M59 Unattached ON	18:45.00	18:15.71	10
2 Meijer, John	M59 Unattached ON	19:15.00	19:46.85	8
3 Wallace, James	M58 Unattached ON	23:00.00	23:16.03	6
4 Yakabowich, Jay	M59 Unattached ON	25:00.00	25:02.37	5

## Event 12 M60 5000 Meter Run Masters

Name	Year Team	Seed	Finals	H#	Points	
<b>1 Galloway, Stuart</b> (old MR 18:14.73 Ed Whitlock 1992)	<b>M60 Unattached ON</b>	<b>17:25.00</b>	<b>17:45.10</b>	<b>2</b>	<b>10</b>	<b>MR</b>
2 Faion, Walter	M61 Uni Toronto TC	21:30.00	22:16.21	2	8	

## Event 12 M65 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Campbell, Alex	M66 Unattached ON	21:45.00	22:02.69	10
2 Kennedy, John	M65 Unattached ON	22:22.00	22:03.53	8
3 Farr, Tony	M66 Uni Toronto TC	22:30.00	23:20.66	6

## Event 12 M70 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Clarke, John	M70 Unattached ON	20:30.00	20:57.29	10
2 Mills, Frank	M71 Unattached ON	22:00.00	23:35.11	8

## Event 12 M80 5000 Meter Run Masters

Name	Year Team	Seed	Finals	Points
1 Taivassalo, Keijo	M82 Uni Toronto TC	25:30.10	28:09.75	10

## Event 13 W55 80 Short Hurdles Masters

Name	Year Team	Seed	Finals	Wind	Points	
1 Loucks, Kairy	W55 Unattached ON	20.00	16.88	0.8	10	0.762m
2 Jones, Janice Marian	W57 Unattached ON	22.00	18.66	0.8	8	0.762m

## Event 14 M75 80 Short Hurdles Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Brosz, Helmut	M78 Unattached ON	21.00	31.13	0.8 10	0.762m
Event 15 W35 100 Short Hurdles Masters					
Name	Year Team	Seed	Finals	Wind	Points
1 Sivers, Laura	W39 Brockville Legi.	20.00	23.86	0.8 10	0.840m
Event 16 M60 100 Short Hurdles Masters					
Name	Year Team	Seed	Finals	Wind	Points
1 Baldamus, Steve	M61 Unattached ON	30.00	45.92	0.8 10	0.840m
Event 16 M65 100 Short Hurdles Masters					
Name	Year Team	Seed	Finals	Wind	Points
<b>1 Hazen, Ward</b>	<b>M67 Laurel Creek</b>	<b>17.35</b>	<b>16.78</b>	<b>0.8 10 0.840</b>	<b>CAN MR</b>
(old CAN 17.16 Richard Lech 2015, old MR 18.1 Ed Lukens 1987)					
Event 17 M35 110 Short Hurdles Masters					
Name	Year Team	Seed	Finals	Wind	Points
-- Masoodi, Shouib	M39 Unattached ON	13.00	DQ	0.8 22.6.1	
Event 20 W50 300 Long Hurdles Masters					
Name	Year Team	Seed	Finals	Points	
1 Cesaroni, Diana	W52 Variety Village	54.40	58.22	10	0.762m
Event 20 W55 300 Long Hurdles Masters					
Name	Year Team	Seed	Finals	Points	
<b>1 Loucks, Kairy</b>	<b>W55 Unattached ON</b>	<b>1:05.00</b>	<b>1:00.31</b>	<b>10</b>	<b>0.762m MR</b>
(old MR 1:13.80 Ann Marie Rosenitsch 1997)					
Event 20 W65 300 Long Hurdles Masters					
Name	Year Team	Seed	Finals	Points	
<b>1 Del Grande, Karla</b>	<b>W68 Variety Village</b>	<b>54.70</b>	<b>54.00</b>	<b>10 0.686m</b>	<b>WR MR</b>
(old WR 54.06 Marge Alison AUS 2011, old CAN 54.70 Karla 2020, no previous MR)					
Event 21 M60 300 Long Hurdles Masters					
Name	Year Team	Seed	Finals	Points	
1 Baldamus, Steve	M61 Unattached ON	1:06.03	1:29.01	10	0.762m
Event 25 M60 2000 Meter Steeplechase Masters					
Name	Year Team	Seed	Finals	Points	
<b>1 Deighan, Chris</b>	<b>M61 Newmarket Huskie</b>	<b>7:20.00</b>	<b>7:56.66</b>	<b>10</b>	<b>0.762m MR</b>
(old MR 7:57.77 Jack Geddes 2000)					
2 Baldamus, Steve	M61 Unattached ON	11:41.93	13:13.92	8	0.762m
Event 27 M50 3000 Meter Steeplechase Masters					

Name	Year Team	Seed	Finals	Points	
1 Geohagen, Niegel	M53 Jamcan Int.	15:10.45	15:14.10	10	0.914m

Event 28 W50 5000 Meter Race Walk Masters

Name	Year Team	Seed	Finals	Points
-- Baptie, Michelle	W54 Unattached ON	40:00.00	DQ	5431

Event 28 W60 5000 Meter Race Walk Masters

Name	Year Team	Seed	Finals	Points
1 Lee, Faith	W61 Ontario Racewalk	31:49.21	31:29.85	10
2 Slovitt, Nicky	W61 Ontario Racewalk	35:30.00	35:27.77	8

Event 28 W65 5000 Meter Race Walk Masters

Name	Year Team	Seed	Finals	Points
1 De Thy, Anne	W68 Ontario Racewalk	34:45.00	34:44.88	10

Event 28 W70 5000 Meter Race Walk Masters

Name	Year Team	Seed	Finals	Points
1 Melville, Rita	W71 Thames AC	35:00.92	36:10.44	10
2 Wright, Sharon M.	W72 Unattached ON	40:03.13	38:02.90	8

Event 29 M55 5000 Meter Race Walk Masters

Name	Year Team	Seed	Finals	Points
1 Xu, Jianping	M55 Unattached ON	27:00.00	27:27.83	10

Event 29 M60 5000 Meter Race Walk Masters

Name	Year Team	Seed	Finals	Points
1 Tarnawski, Janusz	M61 Toronto RW	32:30.00	32:08.93	10

Event 29 M70 5000 Meter Race Walk Masters

Name	Year Team	Seed	Finals	Points
1 Genik-Sas-Berezowski, Mi	M72 Ontario Racewalk	35:30.00	35:54.55	Non Judged

Event 30 W45 High Jump Masters

Name	Year Team	Seed	Finals	Points	
<b>1 Cadenhead, Maresa</b>	<b>W45 Champs Int.</b>		<b>1.53m</b>	<b>10</b>	<b>MR</b>
1.30 1.35 1.40 1.45 1.50 1.53 1.56					
O O O O O XO XXX					
(old MR 1.35 Gean Hemming 1990)					

Event 30 W50 High Jump Masters

Name	Year Team	Seed	Finals	Points
1 Thompson, Marsha	W50 Jamcan Int.	1.25m	1.25m	10
1.20 1.25				
O XXO				

Event 31 M35 High Jump Masters

Name	Year Team	Seed	Finals	Points
1 Zahedi, Mohamad	M36 Unattached ON	1.50m	1.65m	10
1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70				
O O O O O O XO XXX				
2 Masoodi, Shouib	M39 Unattached ON	1.00m	1.30m	8
0.90 0.95 1.00 1.03 1.07 1.10 1.15 1.20 1.25 1.30 1.35				
O O O O O O O O XO XO XXX				

Event 31 M40 High Jump Masters

Name	Year Team	Seed	Finals	Points
1 Bereza, Thomas	M40 Monte Cristo	1.66m	1.65m	10
1.50 1.55 1.60 1.65 1.70				
O O XO XO XXX				

Event 31 M50 High Jump Masters

Name	Year Team	Seed	Finals	Points
1 Folkes, Shawn	M53 Unattached ON	1.70m	1.55m	10
1.40 1.45 1.50 1.55 1.60				
O P O XXO XXX				
2 Beechey, Matt	M50 Invictus AC	1.50m	1.40m	8
1.30 1.35 1.40 1.45				
O P XXO XXX				

Event 31 M65 High Jump Masters

Name	Year Team	Seed	Finals	Points
1 Cilevitz, Ralph	M67 Jamcan Int.	1.30m	1.00m	10
0.90 0.95 1.00				
O P O				

Event 31 M70 High Jump Masters

Name	Year Team	Seed	Finals	Points
1 Zowkewych, Peter	M70 Uni Toronto TC	1.40m	1.30m	10
1.25 1.30 1.35				
O XO XXX				
2 Mayer, Jean-Pierre	M73 Throwers Club	1.37m	1.25m	8
1.20 1.25 1.30				
O O XXX				

Event 31 M75 High Jump Masters

Name	Year Team	Seed	Finals	Points
1 Lawrence, Santhan S.	M77 Unattached ON	1.25m	1.07m	10
0.90 0.95 1.00 1.03 1.07 1.10				
O O O XXO XO XXX				
2 Brosz, Helmut	M78 Unattached ON	1.10m	1.00m	8
0.90 0.95 1.00 1.03				
O O XO XXX				

Event 33 M45 Pole Vault Masters

Name	Year Team	Seed	Finals	Points
1 Ayranto, Ed	M49 Unattached ON	3.70m	3.55m	10
3.15 3.55 3.70				
O XO XXX				

## Event 33 M50 Pole Vault Masters

Name	Year Team	Seed	Finals	Points
-- White, Paul 3.15 XXX	M54 Dorchester PV	3.00m	NH	

## Event 33 M70 Pole Vault Masters

Name	Year Team	Seed	Finals	Points
<b>1 Simpson, Bruce</b> 2.85 3.00 3.15 O XXO XXX (MR 3.00 Stan Egerton 1997)	<b>M71 Bolton PV</b>	<b>3.00m</b>	<b>3.00m</b>	<b>10 MR tie</b>

## Event 34 W55 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
<b>1 Loucks, Kairy</b> 4.00m(+0.0) 4.00m(+0.0) 4.09m(+0.0) 4.10m(+0.0) 4.00m(+0.0) 4.10m(+0.0) (old MR 3.48 Leslie Estwick 2016)	<b>W55 Unattached ON</b>	<b>4.31m</b>	<b>4.10m</b>	<b>+0.0</b>	<b>10 MR</b>

## Event 35 M29&amp;U Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Young, Arren 6.63m(-0.2) FOUL(0.2) 6.53m(+0.0) 6.63m(+0.0) FOUL(+0.0) 6.65m(+0.0)	M29 Phoenix Athl.	7.00m	6.65m	+0.0	2	10

## Event 35 M30 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
<b>1 Garcia, Yordanys</b> PASS FOUL(0.8) FOUL(+0.0) 6.89m(-0.9) 6.97m(1.0) 7.04m(+0.0) (old MR 6.76 Donovan Bell 2003)	<b>M33 Unattached ON</b>	<b>7.11m</b>	<b>7.04m</b>	<b>+0.0</b>	<b>2</b>	<b>10 MR</b>

## Event 35 M35 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Watson, Jeff 5.12m(-2.7) 5.20m(+0.0) 5.02m(+0.0) 4.93m(0.5) FOUL(+0.0) 5.11m(+0.0)	M39 Thames AC	5.00m	5.20m	+0.0	2	10
2 Masoodi, Shouib 3.31m(-1.1) 3.69m(+0.0) 3.89m(+0.0) FOUL(+0.0) 4.20m(0.5)	M39 Unattached ON	10.00m	4.20m	0.5	2	8

## Event 35 M40 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Bereza, Thomas 5.70m(-0.6) 5.72m(+0.0) FOUL(-1.1)	M40 Monte Cristo	6.05m	5.72m	+0.0	2	10
2 Wrobel, Chris 4.81m(-1.3) 4.93m(+0.0) 4.99m(0.8) 4.96m(-0.9) 5.09m(+0.0) 4.86m(+0.0)	M40 Unattached ON	5.50m	5.09m	+0.0	2	8

## Event 35 M45 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Pontes, Jack 4.85m(-1.1) FOUL(+0.0) FOUL(+0.0) 4.90m(+0.0) FOUL(-1.5) 4.91m(-0.0)	M49 Jamcan Int.	5.00m	4.91m	NWI	2	10

## Event 35 M50 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Hui, Tit (jonathan)	M50 Jamcan Int.	5.00m	5.65m	-1.5	2	10
5.14m(-1.1) 5.35m(+0.0) 4.42m(1.3) 5.25m(0.6) 5.47m(+0.0) 5.65m(-1.5)						

## Event 35 M60 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Lee, Paul	M61 Unattached ON	3.39m	3.22m	+0.0	2	10
3.22m(+0.0) 2.93m(+0.0) 3.07m(0.7) 2.89m(+0.0) 3.16m(+0.0)						

## Event 35 M65 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Hazen, Ward	M67 Laurel Creek	4.49m	4.36m	0.9	2	10
3.83m(-0.8) 4.18m(0.6) 4.29m(+0.0) 4.36m(0.9) 4.16m(+0.0) 4.19m(+0.0)						
2 Urch, Bruce	M66 Throwers Club	4.22m	3.86m	+0.0	2	8
3.55m(-1.8) 3.58m(0.6) 3.86m(+0.0) 3.68m(-0.3) 3.86m(+0.0) 3.75m(-0.1)						
3 Cilevitz, Ralph	M67 Jamcan Int.	4.00m	3.82m	+0.0	2	6
2.00m(-0.5) 3.61m(+0.0) FOUL(-0.6) 3.73m(-0.9) 3.82m(+0.0) FOUL(+0.0)						
4 Hayes, Doug	M67 Unattached ON	3.50m	3.55m	-1.4	2	5
3.55m(-1.4) 3.01m(+0.0) 3.39m(0.3) 3.43m(+0.0) 3.42m(+0.0) 3.33m(-2.1)						

## Event 35 M70 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Mayer, Jean-Pierre	M73 Throwers Club	4.13m	3.85m	+0.0	10
3.85m(+0.0) 3.60m(0.4) 3.73m(+0.0)					

## Event 35 M75 Long Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Makkar, Sardar	M78 Jamcan Int.	2.80m	3.29m	+0.0	10
3.22m(+0.0) 3.29m(+0.0) FOUL(+0.0) 3.03m(+0.0) 3.06m(+0.0) 3.02m(+0.0)					

## Event 36 W55 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
<b>1 Loucks, Kairy</b>	<b>W55 Unattached ON</b>	<b>8.83m</b>	<b>7.89m</b>	<b>-2.1</b>	<b>10 MR</b>
7.58m(-1.1) 7.89m(-2.1) 7.52m(-0.2) 7.66m(+0.0) 7.53m(-0.4)					
(no previous MR)					

## Event 36 W65 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Chedore, Janice	W65 Thames AC	6.00m	6.22m	-2.7	10
5.91m(-3.4) 6.22m(-2.7) 6.07m(-2.6) 6.09m(-2.3)					

## Event 37 M40 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Wrobel, Chris	M40 Unattached ON	13.00m	10.63m	-0.4	2	10
10.40m(-1.2) 10.16m(-2.1) 10.44m(-1.5) 10.42m(-0.2) 10.63m(-0.4) 10.58m(-0.5)						

## Event 37 M45 Triple Jump Masters



Name	Year Team	Seed	Finals	Wind	H#	Points
1 Pontes, Jack	M49 Jamcan Int.	10.50m	9.63m	-1.1	2	10
9.63m(-1.1) FOUL(-1.8) FOUL(-1.9) FOUL(-0.4) FOUL(0.2) FOUL(-0.2)						

Event 37 M50 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Munro, Lenroy	M51 Unattached ON	11.00m	10.86m	-1.6	2	10
10.34m(-0.8) FOUL(-2.0) 10.86m(-1.6) 10.80m(0.2) PASS(-0.4) 10.47m(-0.6)						

Event 37 M55 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Smith, Chris	M59 U.S.A.	11.00m	X10.51m	-0.4	2	
PASS(-1.0) 9.42m(-2.2) 9.89m(-1.8) 10.28m(1.1) 10.51m(-0.4) 9.69m(0.4)						

Event 37 M65 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Hazen, Ward	M67 Laurel Creek	9.00m	9.27m	-2.9	
7.09m(-1.7) 7.88m(-2.7) 8.56m(-2.3) 8.47m(-2.6) 9.20m(+0.0) 9.27m(-2.9)					
2 Urch, Bruce	M66 Throwers Club	9.00m	7.69m	+0.0	
7.08m(+0.0) 7.45m(-2.3) 7.51m(-1.0) 7.27m(+0.0) 7.69m(+0.0) 7.66m(-1.9)					
3 Hayes, Doug	M67 Unattached ON	8.00m	7.19m	+0.0	
6.69m(-0.3) 7.02m(-2.7) 7.19m(+0.0) 7.03m(-0.2) 6.43m(-0.2) 6.66m(-3.4)					
4 Cilevitz, Ralph	M67 Jamcan Int.	9.00m	6.85m	-1.8	
6.66m(-2.3) 6.64m(-3.0) 6.85m(-1.8) FOUL(-0.2)					

Event 37 M70 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
1 McLelland, Shanti	M73 Unattached ON	5.00m	5.36m	-2.4	
5.36m(-2.4) 5.11m(-4.2)					

Event 37 M75 Triple Jump Masters

Name	Year Team	Seed	Finals	Wind	Points
1 Makkar, Sardar	M78 Jamcan Int.	5.94m	6.11m	-3.1	
FOUL(-0.7) 6.01m(-0.8) 6.11m(-3.1)					
2 Brosz, Helmut	M78 Unattached ON	6.27m	5.50m	-0.2	
5.43m(-3.3) 5.50m(-0.2)					

Event 38 W35 Shot Put Masters

Name	Year Team	Seed	Finals	Points
<b>1 Sivers, Laura</b>	<b>W39 Brockville Legi.</b>	<b>9.00m</b>	<b>9.69m</b>	<b>10 4.00kg MR</b>
9.69m 9.02m 9.06m 8.95m 9.12m 8.62m (old MR 9.44 Diane Bedford 2009)				
2 Blake, Keneisha	W37 Jamcan Int.	10.49m	6.88m	8 4.00kg
6.88m 6.53m 6.46m 6.75m 6.86m 6.63m				

Event 38 W50 Shot Put Masters

Name	Year Team	Seed	Finals	Points
1 Thompson, Marsha	W50 Jamcan Int.	7.10m	8.68m	10 3.00kg
8.36m 7.71m 7.54m 7.27m 8.27m 8.68m				
2 McCarthy, Tracey(willow)	W53 Unattached ON	9.00m	7.97m	8 3.00kg

7.36m	7.36m	7.72m	6.97m	7.72m	7.97m					
3 Gordon-Mohamud, Denise			W50 Miss Olympians			8.00m	5.87m	6	3.00kg	
5.45m	5.40m	5.77m	5.87m	5.47m	5.37m					

Event 38 W55 Shot Put Masters

Name	Year Team	Seed	Finals	Points	
<b>1 Easton, Leah</b>	<b>W56 Throwers Club</b>	<b>8.00m</b>	<b>8.79m</b>	<b>10</b>	<b>3.00kg MR</b>
7.85m	8.39m	8.79m	8.37m	8.67m	8.46m
(old MR 8.27 Velta Tomsons 1984)					

Event 38 W75 Shot Put Masters

Name	Year Team	Seed	Finals	Points	
<b>1 Den Iseger, Joanne</b>	<b>W75 Thames AC</b>	<b>6.08m</b>	<b>7.91m</b>	<b>10</b>	<b>2.00kg MR</b>
6.47m	5.89m	7.04m	6.91m	7.91m	7.29m
(old MR 7.70 Adri Rowswell 2018)					

Event 38 W80 Shot Put Masters

Name	Year Team	Seed	Finals	Points	
<b>1 Rowswell, Adri Rowswell</b>	<b>W80 Unattached ON</b>	<b>7.25m</b>	<b>7.17m</b>	<b>10</b>	<b>2.00kg MR</b>
6.45m	6.86m	7.17m	6.75m	FOUL	6.49m
(old MR 7.15 Velta Tomsons 2010)					

Event 39 M45 Shot Put Masters

Name	Year Team	Seed	Finals	H#	Points	
1 Singh, Gurdev	M48 Unattached ON	11.00m	9.18m	2	10	7.26kg
6.79m	FOUL	FOUL	9.18m	FOUL	FOUL	

Event 39 M50 Shot Put Masters

Name	Year Team	Seed	Finals	H#	Points	
1 Rigby, Timothy	M51 Unattached ON	9.75m	9.29m	2	10	6.00kg
9.29m	8.86m	9.18m	FOUL	8.72m	FOUL	

Event 39 M55 Shot Put Masters

Name	Year Team	Seed	Finals	H#	Points	
1 Delyea, Tim	M56 Unattached ON	7.33m	7.29m	2	10	6.00kg
6.91m	7.13m	FOUL	7.29m	6.49m	6.81m	

Event 39 M60 Shot Put Masters

Name	Year Team	Seed	Finals	H#	Points	
1 Belle, Carl	M60 Unattached ON	10.00m	9.52m	2	10	5.00kg
9.52m	8.75m	8.91m	8.74m	9.02m	FOUL	
2 Anderson, Michael	M61 Unattached ON	9.05m	9.38m	2	8	5.00kg
9.17m	9.32m	8.91m	9.38m	8.40m	8.61m	
3 Dabrowa, Jerzy	M63 Unattached ON	9.50m	9.34m	2	6	5.00kg
9.34m	9.29m	9.26m	9.19m	9.14m	9.06m	
4 Moran, Patrick	M62 Thames AC	10.00m	8.90m	2	5	5.00kg
8.86m	8.90m	8.72m	8.88m	8.28m	8.62m	
5 Baldamus, Steve	M61 Unattached ON	7.63m	7.41m	2	4	5.00kg
7.16m	6.59m	7.01m	7.41m	6.97m	7.29m	

Event 39 M65 Shot Put Masters

Name	Year	Team	Seed	Finals	H#	Points
1 Sandhar, Balvinder Singh	M69	Unattached ON	10.00m	9.82m	2	10 5.00kg
9.82m 9.06m FOUL 9.08m FOUL 9.34m						
2 Cheema, Harbans	M66	Unattached ON	9.10m	9.76m	2	8 5.00kg
9.76m 9.18m 9.21m 7.88m 8.45m 8.94m						
3 Pearson, William	M69	Throwers Club	9.00m	8.47m	2	6 5.00kg
8.27m FOUL 8.47m 8.41m 8.27m 8.28m						
4 Shervington, W.Jeffrey	M65	Unattached ON	9.00m	8.46m	2	5 5.00kg
8.03m 7.49m 8.31m 8.46m 8.14m FOUL						
5 Cilevitz, Ralph	M67	Jamcan Int.	8.50m	6.95m	2	4 5.00kg
6.95m 6.75m						

Event 39 M70 Shot Put Masters

Name	Year	Team	Seed	Finals	Points
1 Mayer, Jean-Pierre	M73	Throwers Club	12.20m	12.42m	10 4.00kg
11.23m 11.87m FOUL 12.14m 12.42m 11.79m					
2 Zowkewych, Peter	M70	Uni Toronto TC	11.50m	11.67m	8 4.00kg
11.16m 11.67m 10.82m 11.37m 10.82m 11.12m					
3 Wyroba, Jerzy	M72	Unattached ON	11.00m	10.74m	6 4.00kg
10.29m 10.36m 10.74m 10.28m 10.71m 10.61m					
4 Pabla, Karnail Singh	M70	Unattached ON	15.20m	10.49m	5 4.00kg
10.25m 9.83m 10.49m 9.44m FOUL 9.91m					
5 Johnston, Frank	M73	Brockville Legi.	9.00m	8.42m	4 4.00kg
8.41m 8.42m 8.24m 8.27m 8.24m 8.19m					

Event 39 M75 Shot Put Masters

Name	Year	Team	Seed	Finals	Points
1 Warren, Thomas	M75	Ottawa Lions	9.00m	9.61m	10 4.00kg
9.40m 9.61m 9.28m FOUL 9.42m 9.45m					
2 Brosz, Helmut	M78	Unattached ON	8.00m	7.53m	8 4.00kg
7.53m FOUL 7.33m					

Event 39 M80 Shot Put Masters

Name	Year	Team	Seed	Finals	Points
1 Burgin, Harold	M82	Unattached ON	8.19m	8.23m	10 3.00kg
7.62m 7.78m 7.96m 8.07m 8.23m 8.16m					
2 Sumner, James	M82	Unattached ON	7.87m	7.40m	8 3.00kg
6.66m 7.32m 7.40m 7.11m 7.14m 7.33m					
3 Toscano, Enrico	M80	Unattached ON	5.73m	5.82m	6 3.00kg
FOUL 4.67m 5.71m 5.80m 5.43m 5.82m					

Event 40 W35 Discus Throw Masters

Name	Year	Team	Seed	Finals	Points
1 Sivers, Laura	W39	Brockville Legi.	20.00m	25.64m	10 1.00kg
FOUL 18.78m FOUL 20.07m 25.64m 20.87m					
2 Blake, Keneisha	W37	Jamcan Int.	11.49m	18.79m	8 1.00kg
FOUL 14.27m FOUL 13.97m 14.89m 18.79m					

Event 40 W50 Discus Throw Masters

Name	Year	Team	Seed	Finals	Points
1 McCarthy, Tracey(willow)	W53	Unattached ON	14.00m	19.91m	10 1.00kg
18.29m 18.74m FOUL 18.52m 19.56m 19.91m					

Event 40 W55 Discus Throw Masters

Name	Year Team	Seed	Finals	Points	
<b>1 Easton, Leah</b>	<b>W56 Throwers Club</b>	<b>23.90m</b>	<b>21.92m</b>	<b>10</b>	
21.22m FOUL 21.38m FOUL FOUL 21.92m				<b>1.00kg MR</b>	
(old MR 21.07 Adri Rowswell 1999)					
Event 40 W75 Discus Throw Masters					
Name	Year Team	Seed	Finals	Points	
1 Den Iseger, Joanne	W75 Thames AC	16.27m	15.45m	10	
15.37m 15.45m FOUL 15.00m 14.04m 14.19m				0.75kg	
Event 40 W80 Discus Throw Masters					
Name	Year Team	Seed	Finals	Points	
<b>1 Rowswell, Adri Rowswell</b>	<b>W80 Unattached ON</b>	<b>19.73m</b>	<b>18.39m</b>	<b>10</b>	
18.39m 17.13m 12.92m 15.82m 18.03m 16.25m				<b>0.75kg MR</b>	
(old MR 16.20 Velta Tomsons 2008)					
Event 41 M35 Discus Throw Masters					
Name	Year Team	Seed	Finals	H#	Points
1 Masoodi, Shouib	M39 Unattached ON	10.00m	12.27m	2	10
x x 12.27m 12.27m					2.00kg
Event 41 M50 Discus Throw Masters					
Name	Year Team	Seed	Finals	H#	Points
<b>1 Ransky, Mike</b>	<b>M50 Unattached ON</b>	<b>50.00m</b>	<b>52.78m</b>	<b>1.50kg</b>	<b>CANTie MR</b>
FOUL 52.24m FOUL 52.78m 50.45m 51.71m					
(CAN 52.78 Dan Parsons AB 2019, old MR 51.02 Eric Forshaw 2019)					
2 Forshaw, Eric	M52 Uni. Windsor AC	50.00m	49.47m	2	8
49.47m FOUL FOUL 47.78m 47.24m 48.76m					1.50kg
3 Beechey, Matt	M50 Invictus AC	25.65m	30.92m	2	6
30.92m 30.38m 30.54m 30.34m 30.05m FOUL					1.50kg
4 Leclair, Jeff	M51 Unattached ON	25.00m	27.65m	2	5
25.66m 26.33m 27.24m 25.48m 26.41m 27.65m					1.50kg
Event 41 M60 Discus Throw Masters					
Name	Year Team	Seed	Finals	H#	Points
1 Dabrowa, Jerzy	M63 Unattached ON	30.00m	28.75m	2	10
26.32m 25.84m 28.75m 27.49m 24.59m 26.00m					1.00kg
2 Arnfield, Spencer	M62 Jamcan Int.	10.00m	27.83m	2	8
27.58m 27.65m 26.40m 27.83m FOUL 26.18m					1.00kg
3 Belle, Carl	M60 Unattached ON	25.00m	27.70m	2	6
24.25m 26.67m 25.36m 27.70m 26.25m 27.14m					1.00kg
4 Baldamus, Steve	M61 Unattached ON	23.85m	22.71m	2	5
18.34m 22.71m 22.04m 22.67m 10.03m FOUL					1.00kg
5 Phillips, Mark	M62 Ottawa Lions	25.00m	22.27m	2	4
FOUL 20.66m 21.05m 22.27m FOUL 21.80m					1.00kg
Event 41 M65 Discus Throw Masters					
Name	Year Team	Seed	Finals	Points	
1 Shervington, W.Jeffrey	M65 Unattached ON	30.00m	32.38m	10	
29.69m 28.99m 28.51m FOUL 29.05m 32.38m				1.00kg	
2 Urch, Bruce	M66 Throwers Club	28.85m	30.07m	8	
28.42m 28.71m 24.46m 26.21m 24.48m 30.07m				1.00kg	
3 Sandhar, Balvinder Singh	M69 Unattached ON	28.00m	29.13m	6	
				1.00kg	

	23.85m	27.37m	22.44m	26.03m	29.13m	24.98m				
4	Cilevitz, Ralph			M67	Jamcan Int.		25.00m	27.66m	5	1.00kg
	FOUL	24.18m	26.21m	27.66m	23.46m	FOUL				
5	Pearson, William			M69	Throwers Club		30.00m	27.39m	4	1.00kg
	26.30m	25.83m	24.84m	FOUL	27.39m	26.17m				
6	Wright, Paul			M67	Unattached ON		30.00m	25.74m	3	1.00kg
	23.42m	FOUL	FOUL	25.25m	25.74m	FOUL				

Event 41 M70 Discus Throw Masters

Name	Year	Team	Seed	Finals	Points			
1	Mayer, Jean-Pierre		M73	Throwers Club	39.00m	38.53m	10	1.00kg
	37.73m	FOUL	38.53m	FOUL	37.23m	35.88m		

Event 41 M75 Discus Throw Masters

Name	Year	Team	Seed	Finals	Points			
1	Warren, Thomas		M75	Ottawa Lions	32.00m	29.76m	10	1.00kg
	25.93m	28.86m	27.97m	FOUL	29.38m	29.76m		
2	Brosz, Helmut		M78	Unattached ON	20.00m	24.12m	8	1.00kg
	23.08m	FOUL	17.80m	24.12m				

Event 41 M80 Discus Throw Masters

Name	Year	Team	Seed	Finals	Points			
1	Burgin, Harold		M82	Unattached ON	17.50m	17.94m	10	1.00kg
	FOUL	17.94m	FOUL	14.84m	15.48m	15.99m		
2	Sumner, James		M82	Unattached ON	14.00m	16.42m	8	1.00kg
	FOUL	15.25m	15.41m	16.04m	16.42m	15.71m		
3	Toscano, Enrico		M80	Unattached ON	14.69m	13.46m	6	1.00kg
	12.01m	12.63m	13.46m	12.29m	11.94m	12.88m		

Event 42 W45 Hammer Throw Masters

Name	Year	Team	Seed	Finals	Points				
<b>1</b>	<b>Rezai, Ruth</b>		<b>W45</b>	<b>Throwers Club</b>	<b>40.00m</b>	<b>39.00m</b>	<b>10</b>	<b>4.00kg</b>	<b>CAN MR</b>
	37.17m	38.69m	37.30m	38.36m	37.35m	39.00m			
	(old CAN 38.19 Kristen Dajia 2011, old MR 29.36 April Capwill USA 2000)								

Event 42 W50 Hammer Throw Masters

Name	Year	Team	Seed	Finals	Points			
1	McCarthy, Tracey(willow)		W53	Unattached ON	16.00m	25.59m	10	3.00kg
	15.35m	FOUL	FOUL	FOUL	25.33m	25.59m		

Event 42 W55 Hammer Throw Masters

Name	Year	Team	Seed	Finals	Points			
1	Easton, Leah		W56	Throwers Club	24.00m	23.52m	10	3.00kg
	21.43m	23.52m	22.95m	22.83m	FOUL	18.51m		

Event 42 W70 Hammer Throw Masters

Name	Year	Team	Seed	Finals	Points			
1	Green, Lucille		W72	Oakville T.F.C.	18.50m	15.84m	10	3.00kg
	15.19m	15.84m	FOUL	14.71m	15.47m	FOUL		

Event 42 W75 Hammer Throw Masters

Name	Year Team	Seed	Finals	Points
<b>1 Den Iseger, Joanne</b>	<b>W75 Thames AC</b>	<b>16.49m</b>	<b>20.30m</b>	<b>10 2.00kg MR</b>
FOUL FOUL 20.30m 18.02m 14.36m 19.79m				
(no previous MR)				

Event 43 M45 Hammer Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Morton, Ian	M46 Sabrecats TC	26.63m	24.88m	2 10	7.26kg
FOUL FOUL FOUL 24.88m FOUL FOUL					

Event 43 M55 Hammer Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Rohonczy, Imre	M57 Boris Beasts	35.00m	36.95m	2 10	6.00kg
35.36m 36.02m 36.95m FOUL 34.15m 30.99m					
2 Delyea, Tim	M56 Unattached ON	19.07m	20.37m	2 8	6.00kg
18.55m 19.82m 19.43m 19.85m 18.37m 20.37m					

Event 43 M60 Hammer Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Dabrowa, Jerzy	M63 Unattached ON	25.00m	21.51m	2 10	5.00kg
20.51m 20.72m 21.34m 20.78m 21.05m 21.51m					
2 Baldamus, Steve	M61 Unattached ON	18.43m	17.96m	2 8	5.00kg
17.86m 17.71m 17.96m					

Event 43 M65 Hammer Throw Masters

Name	Year Team	Seed	Finals	Points
1 Pearson, William	M69 Throwers Club	24.00m	23.29m	10 5.00kg
23.29m FOUL 21.46m FOUL 22.43m				
2 Cilevitz, Ralph	M67 Jamcan Int.	25.00m	16.11m	8 5.00kg
9.05m 16.11m				

Event 43 M70 Hammer Throw Masters

Name	Year Team	Seed	Finals	Points
1 Zaitchouk, Boris	M73 Boris Beasts	49.00m	47.97m	10 4.00kg
44.82m 45.23m FOUL 47.62m FOUL 47.97m				

Event 43 M80 Hammer Throw Masters

Name	Year Team	Seed	Finals	Points
1 Sumner, James	M82 Unattached ON	18.00m	19.97m	10 3.00kg
18.55m 14.69m 17.09m 19.97m 18.13m 19.10m				
2 Toscano, Enrico	M80 Unattached ON	14.07m	18.08m	8 3.00kg
17.07m 16.40m 16.52m 18.08m FOUL 16.11m				

Event 44 W35 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Sivers, Laura	W39 Brockville Legi.	20.00m	20.60m	10 600g
20.58m 16.93m 20.60m				

Event 44 W50 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
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1	Cesaroni, Diana	W52 Variety Village	24.07m	24.52m	10	500g
	17.76m 17.10m 22.12m 24.52m					
2	McCarthy, Tracey(willow)	W53 Unattached ON	18.00m	19.24m	8	500g
	16.64m FOUL 19.24m 18.28m 16.82m FOUL					
3	Gordon-Mohamud, Denise	W50 Miss Olympians	10.51m	10.28m	6	500g
	FOUL 6.22m 9.03m 5.64m 9.53m 10.28m					

Event 44 W75 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Den Iseger, Joanne	W75 Thames AC	15.12m	18.59m	10 400g
	10.60m 13.58m 15.33m FOUL 17.22m 18.59m			

Event 44 W80 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Rowswell, Adri Rowswell	W80 Unattached ON	15.00m	13.52m	10 400g
	FOUL FOUL 10.25m 12.46m FOUL 13.52m			

Event 45 M35 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Masoodi, Shouib	M39 Unattached ON	10.00m	21.49m	10 800g
	FOUL 14.65m 19.53m 19.34m 21.04m 21.49m			

Event 45 M45 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Duncan, Glenn	M49 Boardwalk RC	23.65m	24.27m	10 800g
	18.08m 24.20m 20.66m 22.94m 22.18m 24.27m			

Event 45 M50 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Folkes, Shawn	M53 Unattached ON	30.00m	29.65m	10 700g
	FOUL 26.74m FOUL FOUL 29.65m 29.10m			
2 Beechey, Matt	M50 Invictus AC	28.40m	28.81m	8 700g
	FOUL 19.82m FOUL 28.42m FOUL 28.81m			

Event 45 M60 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Moran, Patrick	M62 Thames AC	30.00m	31.78m	10 600g
	29.21m 30.57m 31.33m 31.78m FOUL 29.68m			
2 Dean, Stokley	M63 Unattached ON	25.00m	25.34m	8 600g
	25.34m 21.04m 23.04m 22.08m 23.54m 19.92m			
3 Baldamus, Steve	M61 Unattached ON	25.02m	25.33m	6 600g
	FOUL 21.66m 22.64m 21.81m 23.22m 25.33m			
4 Arnfield, Spencer	M62 Jamcan Int.	10.00m	23.58m	5 600g
	19.62m 21.52m 21.66m 21.89m 23.58m FOUL			
5 Dabrowa, Jerzy	M63 Unattached ON	25.00m	22.20m	4 600g
	21.04m 22.20m FOUL FOUL 21.20m 21.57m			

Event 45 M65 Javelin Throw Masters

Name	Year Team	Seed	Finals	Points
1 Finkbeiner, Michael	M67 Throwers Club	40.00m	32.34m	10 600g
	32.34m 31.23m 31.75m 31.23m FOUL 30.32m			

2 Hazen, Ward	M67 Laurel Creek	25.49m	28.24m	8	600g
27.82m FOUL 28.24m FOUL 27.97m 27.53m					
3 Urch, Bruce	M66 Throwers Club	27.69m	25.97m	6	600g
22.61m 25.97m 25.44m 24.95m 22.84m 23.87m					
4 Pearson, William	M69 Throwers Club	23.00m	19.18m	5	600g
19.18m FOUL FOUL FOUL FOUL FOUL					

Event 45 M70 Javelin Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Northcott, Al	M70 Unattached ON	40.00m	36.64m	2	10 500g
25.54m 30.58m FOUL 34.14m 34.23m 36.64m					
2 Zowkewych, Peter	M70 Uni Toronto TC	30.00m	30.43m	2	8 500g
24.80m 29.74m FOUL 30.43m 28.26m 28.74m					

Event 45 M75 Javelin Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Brosz, Helmut	M78 Unattached ON	17.00m	18.22m	2	10 500g
13.36m 15.18m 17.36m 18.22m 17.05m					
2 Lawrence, Santhan S.	M77 Unattached ON	22.55m	15.82m	2	8 500g
FOUL 15.82m FOUL FOUL 14.56m 14.37m					
3 Makkar, Sardar	M78 Jamcan Int.	13.00m	14.97m	2	6 500g
12.73m 14.22m 14.62m 13.11m 12.79m 14.97m					

Event 45 M80 Javelin Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Burgin, Harold	M82 Unattached ON	16.50m	19.72m	2	10 400g
16.46m 15.25m 15.58m 17.23m 14.58m 19.72m					
2 Sumner, James	M82 Unattached ON	14.00m	17.21m	2	8 400g
17.21m 16.05m 16.69m 15.20m 16.09m 15.58m					
3 Toscano, Enrico	M80 Unattached ON	10.61m	8.64m	2	6 400g
8.64m 7.83m 7.96m 8.64m					

Event 46 W45 Weight Throw Masters

Name	Year Team	Seed	Finals	Points
1 Viggers, Tracy	W49 Jamcan Int.	10.00m	9.34m	10 9.08kg
8.03m 9.05m 8.33m 8.86m 9.34m				

Event 46 W50 Weight Throw Masters

Name	Year Team	Seed	Finals	Points
1 McCarthy, Tracey(willow)	W53 Unattached ON	9.00m	9.89m	10 7.26kg
9.37m 9.33m 9.79m 8.93m FOUL 9.89m				

Event 46 W55 Weight Throw Masters

Name	Year Team	Seed	Finals	Points
<b>1 Dajia, Kristen</b>	<b>W58 Throwers Club</b>	<b>13.00m</b>	<b>12.85m</b>	<b>10 7.26kg MR</b>
12.59m FOUL 12.85m 12.35m 12.44m 12.07m (old MR 8.03 Dortha Swanson USA 1995)				
2 Easton, Leah	W56 Throwers Club	8.00m	8.90m	8 7.26kg
8.12m 8.90m FOUL 7.75m FOUL 7.67m				

Event 46 W70 Weight Throw Masters

Name	Year Team	Seed	Finals	Points
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1 Green, Lucille W72 Oakville T.F.C. 7.50m 7.01m 10 5.45kg  
 6.68m 7.01m FOUL 6.54m 6.69m FOUL

Event 47 M50 Weight Throw Masters

Name	Year Team	Seed	Finals	Points
1 Rigby, Timothy	M51 Unattached ON	8.00m	8.66m	10 11.34kg
8.14m FOUL 7.79m 7.62m 8.41m 8.66m				

Event 47 M55 Weight Throw Masters

Name	Year Team	Seed	Finals	Points
1 Delyea, Tim	M56 Unattached ON	7.51m	8.50m	10 11.34kg
7.69m FOUL 8.45m FOUL 8.42m 8.50m				

Event 47 M60 Weight Throw Masters

Name	Year Team	Seed	Finals	Points
1 Dabrowa, Jerzy	M63 Unattached ON	10.00m	10.19m	10 9.08kg
8.60m 8.99m 9.12m 9.09m FOUL 10.19m				
2 Belle, Carl	M60 Unattached ON	8.50m	9.92m	8 9.08kg
9.44m 9.54m 9.07m 9.45m 9.41m 9.92m				
3 Baldamus, Steve	M61 Unattached ON	7.23m	7.75m	6 9.08kg
7.75m FOUL 7.53m 6.91m PASS PASS				

Event 47 M65 Weight Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Cilevitz, Ralph	M67 Jamcan Int.	10.00m	9.96m	2 10	9.08kg
8.66m FOUL 9.18m 9.96m					
2 Pearson, William	M69 Throwers Club	11.00m	8.83m	2 8	9.08kg
7.76m 8.32m 8.83m 8.38m 8.67m 8.74m					

Event 47 M70 Weight Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Wyroba, Jerzy	M72 Unattached ON	10.00m	8.87m	2 10	7.26kg
8.23m 7.69m 8.85m 8.45m 8.87m 8.81m					

Event 47 M75 Weight Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Brosz, Helmut	M78 Unattached ON	9.00m	5.97m	2 10	7.26kg
5.97m					

Event 47 M80 Weight Throw Masters

Name	Year Team	Seed	Finals	H#	Points
1 Sumner, James	M82 Unattached ON	7.00m	8.95m	2 10	5.45kg
7.59m 7.78m 8.21m 8.40m 8.77m 8.95m					
2 Toscano, Enrico	M80 Unattached ON	6.36m	7.15m	2 8	5.45kg
FOUL 6.70m FOUL 7.15m 7.01m 6.74m					

Event 49 M29&U 4x100 Meter Relay Masters

Team	Seed	Finals	Points
1 Champs International Athletics 'A'		44.76	10
1) Ryan, Dree 79 2) Singh, Gurveer 00			

3) Singh, Manik 98

4) Bennett, Kyle 93

Event 49 M35 4x100 Meter Relay Masters

Team	Seed	Finals	Points	
<b>1 Ontario Mixed 'A'</b> (old MR 47.90 2004)		<b>47.80</b>	<b>10</b>	<b>MR</b>
2 Jamcan International Athletics 'A'		58.11	8	
1) Ashmeade, Milton 85	2) Makkar, Sardar 43			
3) Meikle, Supa D.A. 77	4) Hui, Tit (jonathan) 71			

Event 49 M40 4x100 Meter Relay Masters

Team	Seed	Finals	Points
1 Jamcan International Athletics 'A'		57.55	10
1) Ayo, Mello 59	2) Cilevitz, Ralph 54		
3) Reid, Richard 68	4) Morgan, Otis 76		

Event 49 M55 4x100 Meter Relay Masters

Team	Seed	Finals	Points
1 Jamcan International Athletics 'A'		53.95	10
1) Lee Foon, Mike 61	2) Nasato, Robert 61		
3) Arnfield, Spencer 59	4) Kudo, Ken 62		

Event 50 W50 4x400 Meter Relay Masters

Team	Seed	Finals	Points	
<b>1 University of Toronto TC 'A'</b>		<b>5:49.01</b>	<b>10</b>	<b>MR</b>
1) Koch, Anne 65	2) Weber, Catherine 69			
3) Northcott, Clara 54	4) Ohler, Makie 62			
(no previous MR)				

Event 51 M30 4x400 Meter Relay Masters

Team	Seed	Finals	Points
1 Jamcan International Athletics 'B'		4:25.48	10
1) Johnson, Mark 81	2) Meikle, Supa D.A. 77		
3) Edwards, Travis 87	4) Morgan, Otis 76		
2 Jamcan International Athletics 'A'		5:09.93	8
1) Pontes, Jack 71	2) Cilevitz, Ralph 54		
3) Reid, Richard 68	4) Ashmeade, Milton 85		