

**2022 Ontario Masters Indoor Championships - 2022-02-27**For Split Times Visit: <https://bit.ly/2022-oma-champs>

Toronto Track and Field Centre

Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 1 W29&U 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Ford, Danielle	W23 Unattached Ontario	8.90	8.91 77.75%	4	

**Event 1 W30 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Suchowiecka, Paula</b>	<b>W32 Unattached Ontario</b>	<b>7.60</b>	<b>7.61 91.05%</b>	<b>5</b>	<b>7 MR</b>
(old MR 7.88 Mavis Ayippey 2008)					
2 Williams, Jordanne	W31 Variety Village	7.84	7.85 88.27%	5	5

**Event 1 W45 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Armstrong, Nicole	W45 Unattached Ontario	10.00	9.19 75.30%	4	7

**Event 1 W50 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lefebvre, Marcia	W50 Uni Windsor AC	8.98	7.94 87.19%	4	7
2 Thompson, Marsha	W50 Jamcan Int.	9.39	8.30 83.39%	4	5
3 Oswald, Carrie	W54 Unattached Ontario	10.22	9.03 76.61%	4	4

**Event 1 W55 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Loucks, Kairy	W55 Unattached Ontario	9.54	8.10 85.53%	4	7

**Event 1 W60 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Lee, Faith	W62 Ontario RW	11.20	9.11 75.98%	7

**Event 1 W65 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alexis, Wendy	W66 Ottawa Lions T.F.C.	9.06	7.05 98.23%	3	7

**Event 1 W85 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
<b>1 Lamb, Agnes</b>	<b>W86 Unattached Ontario</b>	<b>19.40</b>	<b>11.16 62.01%</b>	<b>7 ONT MR</b>
(no previous ONT record)				



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Name	Age Team	Finals	Age-Grading	H#	Points
1 Yarema, David	M33 Unattached Ontario	7.88	7.89 81.09%	5	7
2 Raval, Manan	M30 Unattached Ontario	8.92	8.93 71.64%	5	5

**Event 1 M35 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Silla, Jay	M39 Unattached Ontario	7.82	7.71 82.86%	5	7
2 Rhodes, James	M39 Unattached Ontario	7.94	7.83 81.61%	5	5
3 Smith, Jason	M37 Unattached Ontario	7.97	7.86 81.30%	5	4
4 Tiburcio, Mark	M36 Unattached Ontario	8.14	8.03 79.61%	5	3

**Event 1 M40 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 O'Brien, Jamin	M41 Variety Village	7.80	7.47 85.64%	4	7

**Event 1 M45 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chalabi, Youb	M45 Unattached Ontario	8.20	7.61 84.02%	4	7

**Event 1 M50 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hui, Tit (jonathan)	M51 Jamcan Int.	7.85	7.06 90.57%	3	7
2 Beechey, Matt	M51 Invictus AC	8.96	8.06 79.35%	3	5

**Event 1 M55 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Hart, Milton</b> (old MR 7.75 by Kerry Smith 2011. And Milton in 2020)	<b>M57 Unattached Ontario</b>	<b>7.62</b>	<b>6.63 96.46%</b>	<b>3</b>	<b>7 MR</b>
2 Lemassif, Christian	M55 Uni. Toronto TC	7.94	6.91 92.57%	3	5
3 Kudo, Ken	M59 Jamcan Int.	8.24	7.17 89.20%	3	4

**Event 1 M60 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nasato, Robert	M61 Jamcan Int.	8.29	6.97 91.68%	2	7
2 Lee Foon, Mike	M61 Jamcan Int.	8.45	7.11 89.94%	2	5
3 Kumarakulasingam, Kumar	M63 Unattached Ontario	8.85	7.44 85.88%	2	4
4 Arnfield, Spencer	M62 Jamcan Int.	9.17	7.71 82.88%	2	3



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5 Ancheta, Ernie	M60 Unattached Ontario	9.25	7.78	82.16%	2	2
6 Lee, Paul	M62 Jamcan Int.	9.43	7.93	80.59%	2	1
7 Baldamus, Steve	M61 Throwers Club	10.85	9.12	70.05%	2	

**Event 1 M65 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Cilevitz, Ralph	M67 Jamcan Int.	10.29	8.34 76.68%	7

**Event 1 M70 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hehar, Manmohan	M71 Unattached Ontario	9.29	7.23 88.48%	3	7

**Event 1 M75 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M78 Unattached Ontario	19.99	14.80 43.22%	7

**Event 1 M85 60 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sharma, Dev	M86 Unattached Ontario	12.62	8.10 78.92%	7
2 Lamb, Ted	M86 Unattached Ontario	19.53	12.53 51.00%	5

**Event 2 W30 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Williams, Jordanne</b> (old 26.36 Wendy Clarke 2014)	<b>W31 Variety Village</b>	<b>25.79</b>	<b>25.80 82.75%</b>	<b>7</b>	<b>7 MR</b>

**Event 2 W45 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Armstrong, Nicole	W45 Unattached Ontario	35.73	32.10 66.50%	6	7

**Event 2 W50 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lefebvre, Marcia	W50 Uni Windsor AC	30.36	26.18 81.52%	4	7
2 Thompson, Marsha	W50 Jamcan Int.	33.14	28.58 74.68%	4	5
3 Oswald, Carrie	W54 Unattached Ontario	37.36	32.22 66.25%	4	4



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**Event 2 W85 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Lamb, Agnes</b>	<b>W86 Unattached Ontario</b>	<b>1:17.99</b>	<b>38.47 55.48%</b>	<b>7</b>	<b>ONT MR</b>
(no previous ONT or Meet record)					

**Event 2 M35 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Smith, Jason	M37 Unattached Ontario	25.69	25.28 76.45%	7	7
2 Rhodes, James	M39 Unattached Ontario	26.03	25.61 75.45%	7	5

**Event 2 M40 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 O'Brien, Jamin	M41 Variety Village	25.73	24.54 78.74%	6	7

**Event 2 M45 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sithamparapillai, Arulra	M48 United Tamil SC	27.56	25.46 75.91%	6	7

**Event 2 M50 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hui, Tit (jonathan)	M51 Jamcan Int.	26.31	23.51 82.21%	5	7
2 Farr, Kevin	M51 Uni Windsor AC	26.60	23.77 81.32%	5	5
3 Munro, Lenroy	M51 Unattached Ontario	27.29	24.39 79.26%	5	4
4 Proudfoot, Marc	M52 Jamcan Int.	32.62	29.15 66.31%	5	3

**Event 2 M55 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lemassif, Christian	M55 Uni. Toronto TC	25.74	22.23 86.95%	6	7

**Event 2 M60 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lee Foon, Mike	M61 Jamcan Int.	28.63	23.86 81.00%	3	7
2 Nasato, Robert	M61 Jamcan Int.	28.89	24.08 80.27%	3	5
3 Arnfield, Spencer	M62 Jamcan Int.	32.08	26.73 72.29%	3	4
4 Kumarakulasingam, Kumar	M63 Unattached Ontario	35.01	29.18 66.24%	3	3
5 Baldamus, Steve	M61 Throwers Club	37.98	31.65 61.06%	2	2

**Event 2 M65 200 Meter Dash Masters**

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Name	Age Team	Finals	Age-Grading	H#	Points
1 Cilevitz, Ralph	M67 Jamcan Int.	38.11	30.52 63.32%	2	7
-- Gagne, Wayne	M67 Unattached Ontario	DQ	2		17.3.1

**Event 2 M70 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hehar, Manmohan	M71 Unattached Ontario	33.48	25.59 75.51%	4	7

**Event 2 M75 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M78 Unattached Ontario	1:48.89	1:18.57 24.59%	7

**Event 2 M85 200 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sharma, Dev	M86 Unattached Ontario	49.42	29.91 64.61%	7
2 Lamb, Ted	M86 Unattached Ontario	1:27.48	52.94 36.50%	5

**Event 3 W35 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Partlow, Catherine T20	W38 Unattached Ontario	1:13.04	1:11.58 66.51%	3	7

**Event 3 W45 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Armstrong, Nicole	W45 Unattached Ontario	1:29.01	1:19.96 59.53%	2	7

**Event 3 W50 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Weber, Catherine	W52 Uni. Toronto TC	1:25.91	1:13.67 64.61%	7

**Event 3 W55 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Graenert, Anke	W55 Newmarket Huskie	1:22.14	1:07.09 70.95%	7

**Event 3 M35 400 Meter Dash Masters**

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Name	Age Team	Finals	Age-Grading	H#	Points
1 Klein, Eric	M36 Unattached Ontario	57.07	55.10 78.38%	4	7

**Event 3 M40 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Watson, Jeff	M40 Thames AC	1:05.29	1:01.08 70.70%	4	7

**Event 3 M45 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chalabi, Youb	M45 Unattached Ontario	57.23	51.82 83.33%	4	7

**Event 3 M50 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Farr, Kevin	M51 Uni Windsor AC	1:00.95	53.36 80.94%	4	7

**Event 3 M60 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tries, Dan	M61 Thames AC	1:24.93	1:09.26 62.36%	2	7
2 Lee, Paul	M62 Jamcan Int.	1:35.11	1:17.56 55.68%	2	5
3 Baldamus, Steve	M61 Throwers Club	1:39.60	1:21.22 53.17%	2	4

**Event 3 M65 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Gagne, Wayne	M67 Unattached Ontario	1:11.21	55.81 77.38%	3	7

**Event 3 M70 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Tucker, Ray	M74 Brantford T.F.C.	1:15.80	56.55 76.36%	7

**Event 3 M75 400 Meter Dash Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M78 Unattached Ontario	3:09.19	2:12.14 32.68%	7



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Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 4 W30 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Shaw, Jessica	W32 Newmarket Huskie	2:28.75	2:28.76 76.15%	2	7

**Event 4 W35 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Howitt, Kimberley	W37 Unattached Ontario	2:31.42	2:30.68 75.18%	2	7

**Event 4 W45 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Newell, Tiffany	W49 Unattached Ontario	2:30.47	2:17.28 82.52%	3	7

**Event 4 W55 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ohler, Makie	W59 Uni. Toronto TC	2:57.57	2:27.30 76.90%	2	7

**Event 4 M35 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Klein, Eric	M36 Unattached Ontario	2:12.12	2:11.03 77.17%	4	7
2 Smith, Jason	M37 Unattached Ontario	2:17.10	2:15.97 74.37%	4	5

**Event 4 M40 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Costa, Chris	M42 Laurel Creek T.F.C.	2:12.71	2:06.88 79.69%	4	7

**Event 4 M45 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Wells, Bill	M47 Monarch c	2:10.91	2:00.48 83.93%	4	7
2 Frenette, Gilles	M45 Ottawa Lions T.F.C.	2:22.29	2:10.95 77.22%	3	5

**Event 4 M50 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Graenert, Mirco	M53 Newmarket Huskie	2:17.38	2:01.55 83.19%	4	7
2 Byrne, Louis	M50 Unattached Ontario	2:40.62	2:22.11 71.16%	3	5

**Event 4 M60 800 Meter Run Masters**

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Name	Age Team	Finals	Age-Grading	Points
1 Tries, Dan	M61 Thames AC	3:08.75	2:33.52 65.86%	7
2 Baldamus, Steve	M61 Throwers Club	4:10.31	3:23.58 49.67%	5

**Event 4 M70 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tucker, Ray	M74 Brantford T.F.C.	2:58.14	2:12.18 76.50%	2	7
2 Clarke, John	M70 Unattached Ontario	2:59.50	2:13.19 75.92%	2	5
3 Payne, Tim	M71 Newmarket Huskie	3:36.56	2:40.69 62.92%	2	4

**Event 4 M75 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M78 Unattached Ontario	8:01.76	5:33.58 30.31%	7

**Event 4 M80 800 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Chris	M81 Unattached Ontario	3:25.31	2:08.96 78.41%	7

**Event 5 W29&U 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Gilmore, Katie	W25 Newmarket Huskie	5:04.34	5:04.35 76.38%	2	

**Event 5 W30 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Shaw, Jessica	W32 Newmarket Huskie	5:04.20	5:04.21 76.42%	2	7
2 Wheeler, Rebecca	W33 Unattached Ontario	5:19.12	5:19.13 72.85%	2	5

**Event 5 W45 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Newell, Tiffany</b>	<b>W49 Unattached Ontario</b>	<b>4:46.12</b>	<b>4:18.71 89.86%</b>	<b>2</b>	<b>7 ONT</b>

**MR** (old ONT and MR 4:58.58 Annie Bunting ON 2010)

**Event 5 W50 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Weber, Catherine	W52 Uni. Toronto TC	6:38.66	5:43.93 67.59%	7





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**Event 5 W55 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ohler, Makie	W59 Uni. Toronto TC	5:48.28	4:46.01 81.28%	2	7

**Event 5 W65 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Northcott, Clara	W67 Uni. Toronto TC	6:40.81	4:50.27 80.09%	7

**Event 5 M35 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thompson, Craig	M39 Unattached Ontario	5:02.87	5:00.24 68.61%	2	7

**Event 5 M45 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Adachi, Shinsuke	M45 Unattached Ontario	4:38.01	4:13.69 81.20%	2	7
2 Tepper, David	M46 Newmarket Huskie	4:40.73	4:16.17 80.42%	2	5
3 Jensen, Steven	M47 Newmarket Huskie	5:28.67	4:59.92 68.69%	2	4

**Event 5 M60 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tries, Dan	M61 Thames AC	6:13.78	4:56.75 69.42%	2	7

**Event 5 M65 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Farr, Tony	M67 Uni. Toronto TC	6:22.83	4:48.24 71.47%	7

**Event 5 M70 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Clarke, John	M70 Unattached Ontario	6:00.62	4:15.29 80.69%	7
2 Payne, Tim	M71 Newmarket Huskie	7:02.96	4:59.42 68.80%	5

**Event 5 M80 1500 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Chris	M81 Unattached Ontario	6:43.70	3:59.00 86.20%	7



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Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 18 W29&U 1 Mile Run Invitational Masters**

Name	Age Team	Finals	Age-Grading
1 Teschuk, Erin	W27 Unattached Ontario	4:37.80	4:37.81 90.57%

**Event 18 W40 1 Mile Run Invitational Masters**

Name	Age Team	Finals	Age-Grading
<b>1 Gollish, Sasha</b> (old WR 4:44.81 Sonja Friend-Uhl USA 2012, Old CAN 4:57.71 Patty Blanchard NB 1999)	<b>W40 Unattached Ontario</b>	<b>4:38.73</b>	<b>4:23.93 95.33% World Record</b>

**Event 18 M29&U 1 Mile Run Invitational Masters**

Name	Age Team	Finals	Age-Grading
1 Devito, Ben	M26 Unattached Ontario	4:40.79	4:40.80 79.28%

**Event 6 W45 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
<b>1 Newell, Tiffany</b> (old ONT 10:43.47 Liz Maguire ON 2012, old MR 11:13.88 Amy Ballon 2018)	<b>W49 Unattached Ontario</b>	<b>10:29.74</b>	<b>9:31.24 87.78%</b>	<b>7 ONT MR</b>
2 Pady, Heather	W48 Unattached Ontario	11:24.72	10:21.11 80.73%	5

**Event 6 W50 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
-- Catton, Nancy	W54 Unattached Ontario	DNF		

**Event 6 W55 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Ohler, Makie	W59 Uni. Toronto TC	12:07.33	9:40.71 86.35%	7

**Event 6 W65 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Northcott, Clara	W67 Uni. Toronto TC	14:29.69	9:59.74 83.61%	7

**Event 6 M29&U 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
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1 Macintosh, Connor	M24 Newmarket Huskie	8:36.83	8:36.84	85.13%	2
2 Richardson, Ben	M26 Newmarket Huskie	8:49.41	8:49.42	83.11%	2

**Event 6 M45 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Adachi, Shinsuke	M45 Unattached Ontario	9:57.20	9:15.64 79.19%	2	7
2 Pady, Richard	M47 Unattached Ontario	10:09.99	9:27.54 77.53%	2	5

**Event 6 M50 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hackshaw, Derek	M52 Newmarket Huskie	10:26.16	9:20.79 78.46%	2	7
2 Lopez-Bravo, Pedro	M51 Newmarket Huskie	10:43.17	9:36.03 76.39%	2	5
3 Matthaïos, Ioannis	M53 Unattached Ontario	10:52.72	9:44.58 75.27%	2	4
4 Boston, Steve	M51 Newmarket Huskie	11:02.31	9:53.17 74.18%	2	3
5 Nickoli, Wayne	M53 Unattached Ontario	13:24.95	12:00.92 61.03%	2	2

**Event 6 M55 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Peat, Geoffrey	M58 Newmarket Huskie	10:33.03	9:04.92 80.75%	2	7

**Event 6 M60 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Eley, Brian	M61 Longboat RR	12:54.64	10:39.86 68.77%	7

**Event 6 M65 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Farr, Tony	M67 Uni. Toronto TC	13:44.80	10:51.43 67.54%	7

**Event 6 M70 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Clarke, John	M70 Unattached Ontario	12:17.22	9:11.96 79.72%	7

**Event 6 M75 3000 Meter Run Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M78 Unattached Ontario	32:09.41	22:27.89 32.64%	7



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**Event 7 W55 60 Meter Hurdles Masters**

Name	Age Team	Finals	Age-Grading	Points
<b>1 Loucks, Kairy</b> (old MR 11.81 Rhona Trott 2008)	<b>W55 Unattached Ontario</b>	<b>11.41</b>	<b>9.45 81.42%</b>	<b>7 MR</b>

**Event 7 M45 60 Meter Hurdles Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Green, Doug	M47 Uni Windsor AC	10.78	9.81 74.49%	2	7

**Event 7 M50 60 Meter Hurdles Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Farr, Kevin	M51 Uni Windsor AC	12.67	11.31 64.56%	2	7

**Event 7 M60 60 Meter Hurdles Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Baldamus, Steve	M61 Throwers Club	14.69	12.22 59.77%	7

**Event 7 M65 60 Meter Hurdles Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Urch, Bruce	M67 Throwers Club	21.18	16.82 43.39%	7

**Event 8 W45 3000 Meter Race Walk Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Friday, Alicia	W48 Ontario RW	26:01.04	24:03.97 48.13%	7

**Event 8 W50 3000 Meter Race Walk Masters**

Name	Age Team	Finals	Age-Grading	Points
-- Driscoll, Heather	W52 Ontario RW	DQ		5.4.71

**Event 8 W55 3000 Meter Race Walk Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Yoell, Heather	W58 Dundas Valley TC	25:55.34	21:59.24 52.68%	7



**2022 Ontario Masters Indoor Championships - 2022-02-27**For Split Times Visit: <https://bit.ly/2022-oma-champs>

Toronto Track and Field Centre

Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 8 W60 3000 Meter Race Walk Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Lee, Faith	W62 Ontario RW	18:22.85	14:48.79 78.20%	7
2 Cashman, Kitty	W61 Toronto RW	19:26.23	15:39.87 73.95%	5
3 Archibald, Sandy	W62 Bytown Walkers	20:02.62	16:09.20 71.71%	4
4 Slovitt, Nicky	W61 Ontario RW	21:20.76	17:12.17 67.33%	3

**Event 8 W65 3000 Meter Race Walk Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Patten, Nanci	W66 Toronto RW	18:38.11	14:10.22 81.74%	7
2 De Thy, Anne	W68 Ontario RW	19:58.61	15:11.43 76.25%	5

**Event 8 M55 3000 Meter Race Walk Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Xu, Jianping	M56 Dundas Valley TC	15:55.55	13:19.23 79.00%	7
2 Maniatogiannis, George	M55 Toronto RW	18:36.13	15:33.54 67.64%	5

**Event 8 M60 3000 Meter Race Walk Masters**

Name	Age Team	Finals	Age-Grading	Points
-- Tarnawski, Janusz	M62 Toronto RW	DQ		5.4.71

**Event 9 W50 High Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Thompson, Marsha	W50 Jamcan Int.	1.15m	1.40m 67.25%	7
1.15				
0				

**Event 9 M50 High Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Beechey, Matt	M51 Invictus AC	1.25m	1.45m 59.24%	7
1.25 1.38				
0 XXX				

**Event 9 M60 High Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Ritchie, Donald	M60 Unattached Ontario	1.50m	1.95m 79.79%	7 MR
1.43 1.46 1.50 1.54				



**2022 Ontario Masters Indoor Championships - 2022-02-27**For Split Times Visit: <https://bit.ly/2022-oma-champs>

Toronto Track and Field Centre

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

P O O XXX  
 (old MR 1.46 Peter Zowkewych 2014)  
 2 Baldamus, Steve M61 Throwers Club 1.05m 1.36m 55.85% 5  
 0.90 0.95 1.00 1.05 1.10 1.15 1.18  
 O O P P P P X

**Event 9 M65 High Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Urch, Bruce 1.15 1.18 O XO	M67 Throwers Club	1.18m	1.63m 66.67%	7
2 Cilevitz, Ralph 0.90 0.95 1.00 1.05 1.10 O P P P P	M67 Jamcan Int.	0.90m	1.24m 50.85%	5

**Event 9 M70 High Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Zowkewych, Peter 1.25 1.38 O XXX	M71 Unattached Ontario	1.25m	1.85m 75.76%	7

**Event 10 M60 Pole Vault Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Schaber, Mark 2.50 2.65 2.80 2.90 O O XO XXX	M63 Unattached Ontario	2.80m	3.98m 64.97%	7

**Event 10 M70 Pole Vault Masters**

Name	Age Team	Finals	Age-Grading	Points
-- Simpson, Bruce 2.50 XXX	M71 Bolton Pole Vault	NH		

**Event 11 W55 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Loucks, Kairy 4.08m 4.06m 4.16m 4.16m 4.01m FOUL (old ONT 3.99 Kairy at MM#3 2022, old MR 3.68 Rhona Trott 2007))	W55 Unattached Ontario	4.16m	5.57m 74.15%	7 ONT MR



**2022 Ontario Masters Indoor Championships - 2022-02-27****For Split Times Visit: <https://bit.ly/2022-oma-champs>****Toronto Track and Field Centre****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 11 M40 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Watson, Jeff	M40 Thames AC	5.06m	5.51m 61.63%	7
4.69m 5.06m FOUL 4.82m 4.99m 4.87m				

**Event 11 M45 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sithamparapillai, Arulra	M48 United Tamil SC	4.70m	5.42m 60.65%	7
4.70m 4.61m 4.45m 4.30m FOUL FOUL				

**Event 11 M50 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Hui, Tit (jonathan)	M51 Jamcan Int.	5.01m	6.15m 68.82%	7
4.78m FOUL 4.77m 5.01m 4.96m FOUL				
2 Beechey, Matt	M51 Invictus AC	3.97m	4.87m 54.53%	5
3.97m FOUL 3.79m FOUL FOUL FOUL				

**Event 11 M60 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Nasato, Robert	M61 Jamcan Int.	4.28m	6.02m 67.30%	7
4.14m FOUL 4.25m 4.28m FOUL FOUL				
2 Lee, Paul	M62 Jamcan Int.	3.33m	4.68m 52.36%	5
FOUL 3.33m 3.08m FOUL FOUL FOUL				
3 Baldamus, Steve	M61 Throwers Club	3.04m	4.27m 47.80%	4
2.88m 3.04m 2.97m 2.95m 3.02m FOUL				

**Event 11 M65 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Cilevitz, Ralph	M67 Jamcan Int.	3.54m	5.37m 60.10%	7
3.15m 3.54m 3.46m FOUL FOUL FOUL				
2 Urch, Bruce	M67 Throwers Club	3.50m	5.31m 59.42%	5
3.34m 3.17m 3.50m 3.42m FOUL FOUL				

**Event 11 M70 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Zowkewych, Peter	M71 Unattached Ontario	3.39m	5.58m 62.43%	7
3.32m 3.39m 3.38m 2.73m FOUL FOUL				

**Event 11 M75 Long Jump Masters**

Name	Age Team	Finals	Age-Grading	Points
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**2022 Ontario Masters Indoor Championships - 2022-02-27****For Split Times Visit: <https://bit.ly/2022-oma-champs>****Toronto Track and Field Centre****Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1 Sekhon, Pritam M78 Unattached Ontario 0.55m 0.99m 11.07% 7  
 0.55m FOUL FOUL FOUL FOUL FOUL

**Event 12 W55 Triple Jump Masters**

Name	Age Team	Finals	Age-Grading	Points		
<b>1 Loucks, Kairy</b>	<b>W55 Unattached Ontario</b>	<b>8.24m</b>	<b>10.76m</b>	<b>69.48%</b>	<b>7</b>	<b>ONT MR</b>
7.77m	FOUL	7.87m	8.07m	8.24m	8.16m	
(no previous ONT, old MR 7.62 Jutta Reigel 1995)						

**Event 12 M40 Triple Jump Masters**

Name	Age Team	Finals	Age-Grading	Points		
1 Watson, Jeff	M40 Thames AC	10.27m	10.92m	59.71%	7	
9.42m	9.33m	9.39m	9.94m	9.81m	10.27m	

**Event 12 M50 Triple Jump Masters**

Name	Age Team	Finals	Age-Grading	Points		
1 Munro, Lenroy	M51 Unattached Ontario	10.63m	12.73m	69.66%	7	
FOUL	10.63m	10.35m	FOUL	10.38m	10.19m	

**Event 12 M60 Triple Jump Masters**

Name	Age Team	Finals	Age-Grading	Points		
1 Baldamus, Steve	M61 Throwers Club	6.21m	8.52m	46.59%	7	
5.26m	6.10m	5.89m	6.21m	6.06m	6.10m	

**Event 12 M65 Triple Jump Masters**

Name	Age Team	Finals	Age-Grading	Points		
<b>1 Sinnathurai, Thevarajan</b>	<b>M68 United Tamil SC</b>	<b>10.10m</b>	<b>14.94m</b>	<b>81.72%</b>	<b>7</b>	<b>ONT MR</b>
9.60m	10.10m	FOUL	FOUL	FOUL	FOUL	
(old ONT 9.44 Thevarajan 2020, old MR 10.08 Ian Hume 1981 !!!)						
2 Cilevitz, Ralph	M67 Jamcan Int.	6.10m	9.02m	49.35%	5	
6.10m	FOUL	FOUL	FOUL	FOUL	FOUL	

**Event 12 M70 Triple Jump Masters**

Name	Age Team	Finals	Age-Grading	Points		
1 Zowkewych, Peter	M71 Unattached Ontario	8.07m	12.95m	70.85%	7	
7.65m	7.73m	7.86m	7.79m	8.07m	7.98m	

**Event 12 M75 Triple Jump Masters**



**2022 Ontario Masters Indoor Championships - 2022-02-27****For Split Times Visit: <https://bit.ly/2022-oma-champs>****Toronto Track and Field Centre****Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M78 Unattached Ontario	1.31m	2.29m 12.57%	7
1.31m 1.31m FOUL	FOUL FOUL FOUL FOUL			

**Event 13 W35 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Sivers, Laura	W39 Brockville Legi.	9.02m	9.35m 41.32%	7
8.07m 8.22m 8.39m	8.87m 8.60m 9.02m			

**Event 13 W50 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Viggers, Tracy	W50 Jamcan Int.	10.05m	12.67m 55.99%	2	7
9.61m 9.32m 9.83m	10.05m FOUL FOUL				
2 Thompson, Marsha	W50 Jamcan Int.	8.57m	10.80m 47.74%	2	5
8.25m FOUL 6.49m	6.86m 7.29m 8.57m				

**Event 13 W55 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Easton, Leah	W56 Throwers Club	8.47m	11.60m 51.30%	2	7
7.85m 8.35m 7.89m	8.47m 8.27m 8.47m				

**Event 13 W65 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Garner, Doreen</b>	<b>W67 Throwers Club</b>	<b>9.16m</b>	<b>15.20m 67.20%</b>	<b>2</b>	<b>7 MR</b>
FOUL 8.56m 9.05m	9.16m 8.43m 8.98m				
(old MR 8.38 Helgi Pedel 1991)					

**Event 13 M30 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Janarthanan, Sharathvign</b>	<b>M32 Throwers Club</b>	<b>10.28m</b>	<b>10.28m 44.46%</b>	<b>7</b>	<b>MR</b>
8.62m 9.69m FOUL	9.30m 10.28m FOUL				
(old MR 8.45 Milton Ashmeade 2015)					

**Event 13 M50 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rigby, Timothy	M51 Unattached Ontario	8.75m	10.25m 44.35%	2	7
8.70m 8.59m FOUL	FOUL 8.75m FOUL				



**2022 Ontario Masters Indoor Championships - 2022-02-27****For Split Times Visit: <https://bit.ly/2022-oma-champs>****Toronto Track and Field Centre****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 13 M60 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Yoisten, Danny	M62 Unattached Ontario	11.92m	14.87m 64.36%	3	7
11.71m FOUL 11.28m 11.26m 11.86m 11.92m					
2 Dabrowa, Jerzy	M63 Unattached Ontario	9.82m	12.25m 53.02%	3	5
9.34m 9.79m FOUL FOUL 9.45m 9.82m					
3 Anderson, Michael	M61 Unattached Ontario	8.82m	11.00m 47.62%	3	4
8.53m 8.24m 8.38m 8.45m 8.72m 8.82m					
4 Arnfield, Spencer	M62 Jamcan Int.	8.35m	10.42m 45.09%	3	3
FOUL FOUL 8.29m FOUL 8.16m 8.35m					
5 Baldamus, Steve	M61 Throwers Club	7.55m	9.42m 40.77%	3	2
6.90m 7.55m 5.72m 6.08m 7.25m FOUL					
6 Lee, Paul	M62 Jamcan Int.	6.64m	8.28m 35.85%	3	1
6.64m 6.49m 5.95m FOUL 6.64m 6.46m					

**Event 13 M65 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Pearson, William	M69 Throwers Club	8.85m	12.04m 52.09%	7
8.38m FOUL 7.78m 8.85m FOUL 8.53m				
2 Urch, Bruce	M67 Throwers Club	8.46m	11.51m 49.79%	5
8.46m 8.10m 7.37m 7.99m FOUL FOUL				
3 Cilevitz, Ralph	M67 Jamcan Int.	6.42m	8.73m 37.79%	4
6.42m FOUL FOUL FOUL FOUL FOUL				

**Event 13 M70 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Zowkewych, Peter	M71 Unattached Ontario	11.60m	14.85m 64.27%	7
10.02m 10.44m 11.09m 11.43m 11.03m 11.60m				
2 Wyroba, Jerzy	M72 Unattached Ontario	10.70m	13.70m 59.28%	5
9.40m 10.61m 10.24m 10.59m 10.56m 10.70m				

**Event 13 M75 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kasperski, John	M78 Throwers Club	9.76m	13.65m 59.08%	1	7
9.65m 9.76m 9.42m 9.44m 9.35m FOUL					
2 Sekhon, Pritam	M78 Unattached Ontario	4.65m	6.50m 28.15%	2	5
4.65m FOUL FOUL FOUL FOUL FOUL					

**Event 13 M80 Shot Put Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sumner, James	M83 Unattached Ontario	7.19m	10.82m 46.81%	2	7
7.10m 7.19m FOUL FOUL 7.15m 7.11m					
2 Toscano, Enrico	M81 Throwers Club	5.59m	8.41m 36.39%	2	5



**2022 Ontario Masters Indoor Championships - 2022-02-27****For Split Times Visit: <https://bit.ly/2022-oma-champs>****Toronto Track and Field Centre****Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

FOUL 5.45m 5.44m 5.59m FOUL 5.37m

**Event 14 W35 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading H#	Points
1 Sivers, Laura	W39 Brockville Legi.	10.43m	11.39m 48.26%	2 7
	8.15m 10.43m 9.77m FOUL 9.29m FOUL			

**Event 14 W50 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading H#	Points
1 Viggers, Tracy	W50 Jamcan Int.	11.01m	13.01m 55.16%	2 7
	10.54m FOUL 10.71m 11.01m FOUL 10.53m			

**Event 14 W55 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading H#	Points
1 Easton, Leah	W56 Throwers Club	8.00m	10.33m 43.79%	2 7
	FOUL FOUL 7.46m 7.32m 7.14m 8.00m			

**Event 14 W65 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading H#	Points
1 Garner, Doreen	W67 Throwers Club	10.29m	13.64m 57.81%	2 7
	9.71m 9.94m 10.29m 9.72m 10.01m 10.00m			

**Event 14 W70 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading H#	Points
<b>1 Green, Lucille</b>	<b>W73 Oakville T.F.C.</b>	<b>7.38m</b>	<b>10.82m 45.87%</b>	<b>7 MR</b>
	FOUL 7.38m 6.28m 6.22m FOUL 5.96m (old MR 6.38 Lucille in 2020)			

**Event 14 M30 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading H#	Points
1 Janarthanan, Sharathvign	M32 Throwers Club	7.95m	7.95m 30.74%	7
	7.52m 7.21m 7.85m 7.64m 7.44m 7.95m			

**Event 14 M40 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading H#	Points
1 Bichaltzis, Sotirios	M41 Etobicoke Huskie	10.33m	11.25m 43.53%	2 7
	10.33m FOUL FOUL 9.77m FOUL FOUL			
2 Clark, Kyle	M43 Unattached Ontario	7.55m	8.22m 31.82%	2 5
	6.96m 7.41m 7.55m FOUL FOUL 7.52m			



**2022 Ontario Masters Indoor Championships - 2022-02-27**For Split Times Visit: <https://bit.ly/2022-oma-champs>

Toronto Track and Field Centre

Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**Event 14 M60 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Belle, Carl 9.30m 10.98m 10.93m FOUL FOUL FOUL	M60 Unattached Ontario	10.98m	11.44m 44.26%	2	7
2 Dabrowa, Jerzy 9.43m FOUL 9.48m 10.14m 9.71m 9.47m	M63 Unattached Ontario	10.14m	10.56m 40.87%	2	5

**Event 14 M65 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Pearson, William 8.61m 8.72m FOUL 8.32m 8.70m 8.60m	M69 Throwers Club	8.72m	9.72m 37.60%	7
2 Cilevitz, Ralph 5.64m 6.93m 7.93m 7.77m FOUL 7.62m	M67 Jamcan Int.	7.93m	8.84m 34.20%	5

**Event 14 M70 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Wyroba, Jerzy FOUL 8.85m FOUL 8.32m 8.69m FOUL	M72 Unattached Ontario	8.85m	10.09m 39.04%	2	7

**Event 14 M75 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kasperski, John 10.57m FOUL 10.31m 10.19m 10.49m 10.66m	M78 Throwers Club	10.66m	13.09m 50.64%	1	7
2 Sekhon, Pritam 4.96m FOUL FOUL FOUL FOUL FOUL	M78 Unattached Ontario	4.96m	6.09m 23.56%	2	5

**Event 14 M80 Weight Throw Masters**

Name	Age Team	Finals	Age-Grading	Points
1 Toscano, Enrico 6.36m 6.59m 6.64m 6.57m FOUL FOUL	M81 Throwers Club	6.64m	8.66m 33.48%	7

**Event 15 M45 4x200 Meter Relay Masters**

Team	Finals	Points
1 Jamcan International Athletics 'A' 1) Nasato, Robert 61 3) Cilevitz, Ralph 67	2:23.09	7
2) Lee, Paul 62 4) Lee Foon, Mike 61		

**Event 16 M50 4x400 Meter Relay Masters**

**2022 Ontario Masters Indoor Championships - 2022-02-27****For Split Times Visit: <https://bit.ly/2022-oma-champs>****Toronto Track and Field Centre****Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Team		Finals	Points
1 Jamcan International Athletics	'A'	5:00.09	7
1) Hui, Tit (jonathan) 51		2) Proudfoot, Marc 52	

**....Event 16 M50 4x400 Meter Relay Masters**

3) Arnfield, Spencer 62                      4) Lee Foon, Mike 61

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**Combined Team Scores - Masters - 16 Events Scored**


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1) JAMCAN International Athle	171	2) Throwers Club	130
3) University of Toronto TC	75	4) Newmarket Huskies Track C	68
5) Thames Athletics Club	42	6) U Windsor Athletic Club	40
7) Ontario Racewalkers Associ	29	8) Variety Village Athletic	26
9) United Tamil Sports Club	21	10) Toronto Race Walkers	17
10) Invictus Athletics Club	17	12) Brockville Legion Track C	14
12) Dundas Valley Track Club	14	12) Brantford T.F.C.	14
15) Ottawa Lions T.F.C.	12	16) Etobicoke Huskies-Strider	7
16) Oakville Track & Field Clu	7	16) Laurel Creek T.F.C.	7
16) Longboat Roadrunners	7	16) Monarch Athletics Club	7
21) Bytown Walkers	4		

