

60M HEAT	Jason	Foubert	male	50	8.07	
60M HEAT	Alex-Bobbie	Mason	male	50	7.98	q
60M HEAT	Chris	Lemassif	male	55	7.90	Q
60M HEAT	Christopher	Warburton	male	55	7.65	Q
60 M HEAT AND SEMI FINAL	Alex-Bobbie	Mason	male	50	7.66	
60 M HEAT AND SEMI FINAL	Debbie	Zinman	female	50	9.15	
60 M HEAT AND SEMI FINAL	Chris	Lemassif	male	55	7.87	
60 M HEAT AND SEMI FINAL	Christopher	Warburton	male	55	7.58	Q
60 M HEAT AND SEMI FINAL	Renata	Macherzynska	female	60	9.40	Q
60 M HEAT AND SEMI FINAL	Karla	Del Grande	female	65	9.30	q
60M FINAL	Christopher	Warburton	male	55	7.59	Gold
60M FINAL	Renata	Macherzynska	female	60	9.42	
60M FINAL	<b>Karla</b>	<b>Del Grande</b>	<b>female</b>	<b>65</b>	<b>9.29</b>	<b>Silver CAN Record</b>
200M HEAT	Jason	Foubert	male	50	26.53	
200M HEAT	Alex-Bobbie	Mason	male	50	25.16	
200M HEAT	Debbie	Zinman	female	50	30.82	
200M HEAT	Chris	Lemassif	male	55	24.62	Q
200M HEAT	Christopher	Warburton	male	55	24.50	Q
200M HEAT	Renata	Macherzynska	female	60	32.26	
200M HEAT	<b>Karla</b>	<b>Del Grande</b>	<b>female</b>	<b>65</b>	<b>31.65</b>	<b>Q World Record (70)</b>
200M SEMI FINAL	Chris	Lemassif	male	55	24.67	
200M SEMI FINAL	<b>Christopher</b>	<b>Warburton</b>	<b>male</b>	<b>55</b>	<b>24.05</b>	<b>Q CAN Record</b>
200M SEMI FINAL	Karla	Del Grande	female	65		
200M FINAL	Christopher	Warburton	male	55	24.20	Silver
200M FINAL	<b>Karla</b>	<b>Del Grande</b>	<b>female</b>	<b>65</b>	<b>31.18</b>	<b>Gold, WMA Record</b>
400M SEMI FINAL	<b>Karla</b>	<b>Del Grande</b>	<b>female</b>	<b>65</b>	<b>11:11.34</b>	<b>Q WMA Record W70</b>
400M FINAL	Karla	Del Grande	female	65	1:17.64	
800M SEMI FINAL	Craig	Thompson	male	40	2:10.81	
800M SEMI FINAL	Paul	Osland	male	55	2:27.89	
800M SEMI FINAL	Michael	Sherar	male	55	2:22.48	
800M SEMI FINAL	Rita	Botelho	female	60	2:57.17	q
800M SEMI FINAL	Doug	Smith	male	70	4:46.4	
800M FINAL	Rita	Botelho	female	60	2:57.23	
800M FINAL	Vern	Christensen	male	80	4:15.15	

1500M HEAT	Craig	Thompson	male	40	4:34.69	
1500M HEAT	Jay	Brecher	male	45	4:41.96	
1500M HEAT	Paul	Osland	male	55	5:00.88	
1500M HEAT	Michael	Sherar	male	55	5:09.56	
1500M FINAL	Rita	Botelho	female	60	6:04.18	
1500M FINAL	Vern	Christensen	male	80	8:24.93	
3000M FINAL	Johani	Londono	male	55	11:17.2	
3000M FINAL	Simon	Rayner	male	55	DNS	
3000M FINAL	Vern	Christensen	male	80	17:56.2	
3000M Race Walk FINAL	Janusz	Tarnawski	male	60	18:01.40	
3000M Race Walk FINAL	Nancy	Patten	female	65	19:24.57	Silver
LONG JUMP FINAL	Jean-Pierre	Mayer	male	75	3.57	
TRIPLE JUMP	Jean-Pierre	Mayer	male	75	7.84	
SHOT PUT	Jean-Pierre	Mayer	male	75	11.78	CAN Record
SHOT PUT	Laura	Sivers	female	40	9.04	
SHOT PUT	Ann-Maria	Duarte	female	50	8.27	
WEGHT THROW FINAL	Laura	Sivers	female	40	10.03	
HALF MARATHON	Susan	Stone	female	60	1:37.24	
10KM RACE WALK FINAL	Janusz	Tarnawski	male	60	1:04.04	
10KM RACE WALK FINAL	Nancy	Patten	female	65	1:07.56	Silver
6 KM CC FINAL	Vern	Christensen	male	80	43:44:00	
8 KM CC FINAL	Simon	Rayner	male	55	DNS	
8 KM CC FINAL	Susan	Stone	female	60	37:22	Bronze
8 KM CC FINAL	Wayne	Chee	male	65	DNS	
DISCUS THROW FINAL	Laura	Sivers	female	40	22.86	
DISCUS THROW FINAL	Sandy	Turney	female	65	15.35	
DISCUS THROW FINAL	Jean-Pierre	Mayer	male	75	37.63	Bronze
HAMMER THROW	Laura	Sivers	female	40	26.28	