

2023 Ontario Indoor Masters Athletics Championships
For Split Times Visit: <https://bit.ly/2023-oma-champs>
Toronto Track and Field Centre - 2023-02-05
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M30 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Granillo, Elias	M32 Unattached Ontario	7.62	7.63 83.86%	9	
2 Barker, Jeff	M31 Jamcan Int.	7.67	7.68 83.31%	9	7
3 Daniel, Marqus	M32 Brantford T.F.C.	7.78	7.79 82.13%	9	5
4 Omosa, Stephen	M30 Blue Devils AC	7.81	7.82 81.82%	9	4
5 Long Waslowski, Jesse	M31 Unattached Ontario	8.28	8.29 77.17%	9	

W30 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Pedrero, Ana	W34 Unattached Ontario	8.52	8.53 81.22%	3	
2 Barbon, Jennifer	W30 Unattached Ontario	8.93	8.94 77.49%	3	
3 Leahey, Shelleyann	W31 Unattached Ontario	9.47	9.48 73.07%	3	

W35 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Eboh, Jennifer	W38 Etobicoke Huskie	8.98	8.89 77.95%	2	7

M35 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Taggart, Simon	M36 Uni. Toronto TC	7.49	7.39 86.52%	8	7
2 Primeau, David	M39 Force Track Team	7.96	7.85 81.41%	8	
3 Grainger, Alan	M35 London Legion	8.36	8.25 77.51%	8	5

M40 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Armstrong, Andrew	M40 Thorold Elite	7.86	7.53 84.99%	8	7
2 Uda, Thomas	M44 Uni. Toronto TC	8.09	7.75 82.57%	8	5
3 Tekwa, Eden	M40 Uni. Toronto TC	8.47	8.11 78.87%	8	4

W40 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	Points
1 Gerry, Rachael	W40 Unattached Ontario	9.25	8.83 78.49%	
2 Pillai, Sindhu	W43 Variety Village	9.59	9.15 75.70%	7

M45 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mochizuki, Yoshio	M47 Japan	7.55	7.01 91.26%	6	
2 Weniger, Mike	M49 Unattached Ontario	7.89	7.32 87.33%	6	

W45 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
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1	Cachuela, Grace	W47 Jamcan Int.	9.84	9.04	76.52%	2	7
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W50 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Zinman, Debbie	W53 Unattached Ontario	9.10	8.04 86.04%	2	
2 Duarte, Ann-Maria	W54 Jamcan Int.	9.64	8.52 81.22%	2	7
3 Robarts, Carolyn	W53 Variety Village	9.96	8.80 78.61%	2	5

M50 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Foubert, Jason	M53 Jamcan Int.	7.78	7.00 91.39%	7	7
2 Hui, Tit (jonathan)	M51 Jamcan Int.	7.82	7.03 90.92%	7	5
3 Mason, Alex-Bobbie	M50 Unattached Ontario	7.86	7.07 90.46%	7	
4 Riedl, Mark	M54 Unattached Ontario	8.71	7.83 81.63%	7	
5 Heaven, Howard	M51 Jamcan Int.	8.72	7.84 81.54%	7	4
6 Beechey, Matt	M52 Jamcan Int.	8.79	7.90 80.89%	7	3
7 Atkinson, Tyler	M51 Unattached Ontario	9.30	8.36 76.45%	7	

W55 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	Points
1 Loucks, Kairy	W56 Unattached Ontario	9.55	8.11 85.45%	
2 Ross, Beverley	W55 U.S.A.	9.71	8.24 84.04%	
3 Hargreaves, Valerie	W56 Unattached Ontario	10.12	8.59 80.63%	
4 Oswald, Carrie-Ann	W55 Unattached Ontario	10.53	8.94 77.49%	
5 Chitte, Vinita	W56 Unattached Ontario	11.98	10.17 68.11%	

M55 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Warburton, Christopher	M57 Variety Village	7.59	6.60 96.84%	6	7 MR
(old MR 7.62 Milton Hart 2022, note-CAN record 7.54 Kerry Smith 2009)					
2 Lemassif, Christian	M56 Uni. Toronto TC	7.80	6.79 94.23%	6	5
3 Palmer, Richard	M55 Jamcan Int.	7.90	6.87 93.04%	6	4
4 McGhie, Bradley	M59 London Legion	9.77	8.50 75.23%	6	3

M60 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kudo, Ken	M60 Jamcan Int.	8.20	6.90 92.68%	5	7
2 Nasato, Robert	M62 Jamcan Int.	8.23	6.92 92.35%	5	5
3 McIntosh, Maynard	M61 Jamaica	8.48	7.13 89.62%	5	
4 Lee Foon, Mike	M62 Jamcan Int.	8.58	7.22 88.58%	5	4
5 Williams, Dave	M64 Uni. Toronto TC	8.79	7.39 86.46%	5	3
6 Arnfield, Spencer	M63 Jamcan Int.	9.10	7.65 83.52%	5	2
-- Carvalho, Charles	M60 Variety Village	DNF		5	

M65 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
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1 Hazen, Ward	M68 Laurel Creek T.F.C.	8.51	6.90	92.71%	4	7
2 Urch, Bruce	M68 Throwers Club	9.80	7.94	80.51%	4	5
3 Cilevitz, Ralph	M68 Jamcan Int.	9.87	8.00	79.94%	4	4

M70 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hehar, Manmohan	M72 Unattached Ontario	9.39	7.30 87.54%	4	
2 Lech, Ryszard	M74 Jamcan Int.	10.77	8.38 76.32%	4	7

M75 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mayer, Jean-Pierre	M75 Throwers Club	9.87	7.31 87.54%	4	7
2 Sekhon, Pritam	M79 Unattached Ontario	22.42	16.59 38.54%	4	

M80 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Morris, Mike (old ONT and MR 10.2 Blain Till 1988)	M82 Unattached Ontario	10.24	7.13 89.65%	3	ONT MR
2 Brosz, Helmut	M80 Unattached Ontario	13.42	9.34 68.41%	3	
3 Burgin, Harold	M84 Unattached Ontario	13.83	9.63 66.38%	3	

W80 60 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	Points
1 Burgin, Aileen (old ONT 14.58 Doreen Carmichael 2003, old MR 15.3 Agnes Lamb 2018)	W82 Unattached Ontario	14.07	9.02 76.76%	ONT MR

M29&U 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Blair Reynoso, David	M23 Newmarket Huskie	26.09	26.10 74.05%	10	7

M30 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lau, Manly	M34 Uni. Toronto TC	24.88	24.89 77.65%	9	7
2 Barker, Jeff	M31 Jamcan Int.	25.19	25.20 76.70%	10	5
3 Omosa, Stephen	M30 Blue Devils AC	26.02	26.03 74.25%	10	4
4 Daniel, Marqus	M32 Brantford T.F.C.	26.25	26.26 73.60%	9	3
5 Connors, Michael	M32 Uni. Toronto TC	26.61	26.62 72.60%	10	2
6 Pallett, Adam	M31 Unattached Ontario	26.73	26.74 72.28%	9	

W30 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Pedrero, Ana	W34 Unattached Ontario	28.83	28.84 74.02%	3	

W35 200 Meter Dash Masters

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Name	Age Team	Finals	Age-Grading	H#	Points
1 Carew, Julia	W37 Uni. Toronto TC	28.30	27.46 77.74%	3	
2 Eboh, Jennifer	W38 Etobicoke Huskie	33.15	32.17 66.37%	3	7

M35 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Taggart, Simon	M36 Uni. Toronto TC	24.16	23.77 81.29%	8	7

M40 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Miller, Ainsley	M41 Jamcan Int.	26.89	25.65 75.34%	8	7
2 Tekwa, Eden	M40 Uni. Toronto TC	29.34	27.98 69.05%	8	5

W40 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Pillai, Sindhu	W43 Variety Village	32.31	30.19 70.69%	2	7

M45 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Meikle, Supa D.A.	M45 Jamcan Int.	28.95	26.74 72.26%	8	7

W45 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Cachuela, Grace	W47 Jamcan Int.	35.83	32.19 66.31%	2	7

M50 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mason, Alex-Bobbie	M50 Unattached Ontario	25.73	22.99 84.07%	7	
2 Hui, Tit (jonathan)	M51 Jamcan Int.	26.35	23.55 82.09%	7	7
3 Reid, Richard	M54 Jamcan Int.	27.71	24.76 78.06%	7	5
4 Atkinson, Tyler	M51 Unattached Ontario	32.97	29.46 65.61%	7	

W50 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Zinman, Debbie	W53 Unattached Ontario	31.70	27.34 78.08%	2	

W55 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	Points
1 Ross, Beverley	W55 U.S.A.	35.03	28.95 73.74%	
2 Hargreaves, Valerie	W56 Unattached Ontario	36.50	30.16 70.77%	
3 Oswald, Carrie-Ann	W55 Unattached Ontario	39.09	32.30 66.08%	
4 Chitte, Vinita	W56 Unattached Ontario	42.92	35.47 60.18%	

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M55 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Warburton, Christopher	M57 Variety Village	24.84	21.45 90.10%	6	7 CAN
(old CAN 24.94 Harold Morioka 1999, old ONT 25.74 Chris Lemassif 2022, Old MR 25.69 Mike Lee Foon 2016)					
2 Lemassif, Christian	M56 Uni. Toronto TC	25.38	21.92 88.18%	6	5
3 Zero, Nick	M56 Unattached Ontario	26.91	23.24 83.17%	6	

M60 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kudo, Ken	M60 Jamcan Int.	27.17	22.64 85.35%	5	7
2 Lee Foon, Mike	M62 Jamcan Int.	29.25	24.38 79.28%	5	5
3 Williams, Dave	M64 Uni. Toronto TC	30.03	25.03 77.22%	5	4
-- McIntosh, Maynard	M61 Jamaica	DNF		5	

M65 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Cilevitz, Ralph	M68 Jamcan Int.	40.31	32.28 59.86%	6	7

M70 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hehar, Manmohan	M72 Unattached Ontario	33.12	25.32 76.33%	4	

M75 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sekhon, Pritam	M79 Unattached Ontario	1:38.21	1:10.86 27.27%	9	

M80 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Morris, Mike	M82 Unattached Ontario	37.53	25.14 76.87%	4	
2 Burgin, Harold	M84 Unattached Ontario	1:00.00	40.19 48.08%	4	

W80 200 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Burgin, Aileen	W82 Unattached Ontario	1:00.00	35.15 60.73%	4	

M30 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Connors, Michael	M32 Uni. Toronto TC	59.81	59.82 72.20%	5	7
2 Pallett, Adam	M31 Unattached Ontario	1:01.37	1:01.38 70.36%	5	

M35 400 Meter Dash Masters

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Name	Age Team	Finals	Age-Grading	H#	Points
1 Galloway, Andrew	M38 London Western	55.35	53.44 80.81%	5	7

M40 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Miller, Ainsley	M41 Jamcan Int.	57.96	54.22 79.64%	4	7
2 Costa, Chris	M43 Laurel Creek T.F.C.	1:00.01	56.14 76.92%	4	5

M45 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Cheng, Sam	M48 Unattached Ontario	1:15.17	1:08.06 63.44%	4	

W50 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	Points
1 Weber, Catherine	W53 Uni. Toronto TC	1:23.69	1:11.77 66.33%	7

M50 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Reid, Richard	M54 Jamcan Int.	1:10.16	1:01.42 70.31%	3	7
2 Heaven, Howard	M51 Jamcan Int.	1:10.18	1:01.44 70.29%	3	5

W55 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	Points
1 Hargreaves, Valerie	W56 Unattached Ontario	1:27.33	1:11.33 66.74%	

M60 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tries, Dan	M62 Thames AC	1:18.04	1:03.64 67.86%	2	7
2 Baldamus, Steve	M62 Unattached Ontario	1:37.48	1:19.49 54.33%	2	

M65 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Millward, Steven	M67 Niagara Olympic	1:08.60	53.76 80.32%	2	7

M70 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Henry, Frank	M73 Kawartha Lakes	1:26.76	1:04.73 66.71%	2	7

M75 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M79 Unattached Ontario	3:40.73	2:34.16 28.01%	

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M80 400 Meter Dash Masters

Name	Age Team	Finals	Age-Grading Points
1 Mackie, Chris	M82 Unattached Ontario	1:37.90	1:02.30 69.32%

W29&U 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading Points
1 Allen, Desiree	W26 Newmarket Huskie	2:49.99	2:50.00 66.64% 7

M30 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Auguste, Fritzlor	M32 Unattached Ontario	2:19.03	2:19.04 72.73%	2

M35 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Conway, Michael	M38 Ottawa Lions T.F.C.	2:07.21	2:06.16 80.15%	2 7

W35 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading Points
1 Howitt, Kimberley	W38 Unattached Ontario	2:35.39	2:34.63 73.26%

M40 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Aseltine, Ian	M41 London Western	2:12.75	2:06.91 79.67%	2 7

M45 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Frenette, Gilles	M46 Ottawa Lions T.F.C.	2:19.33	2:08.23 78.86%	2 7

W45 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading Points
1 Newell, Tiffany	W49 Runners Edge	2:37.80	2:23.97 78.69% 7

W50 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading Points
1 Weber, Catherine	W53 Uni. Toronto TC	3:33.15	3:05.64 61.02% 7

W55 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading Points
1 Koch, Anne	W57 Uni. Toronto TC	3:01.86	2:30.86 75.09% 7

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M55 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Madsen, Chris	M55 Uni. Toronto TC	3:03.29	2:35.62 64.97%	2	7

W60 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Ohler, Makie	W60 Uni. Toronto TC	2:58.15	2:19.82 81.02%	7
2 Botelho, Rita	W62 Uni. Toronto TC	3:02.60	2:23.31 79.05%	5

M60 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tries, Dan	M62 Thames AC	3:04.55	2:30.10 67.36%	2	7
2 Cushenbery, Brent	M63 USA	3:18.98	2:41.84 62.48%	2	

M65 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Urch, Bruce	M68 Throwers Club	3:35.25	2:47.38 60.41%	2	7

M70 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
-- Henry, Frank	M73 Kawartha Lakes	DNF		2	

M75 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Tucker, Ray	M75 Unattached Ontario	3:01.63	2:05.77 80.40%	
2 Sekhon, Pritam	M79 Unattached Ontario	7:52.05	5:26.85 30.94%	

M80 800 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Christensen, Verner	M82 Uni. Toronto TC	4:22.89	2:45.13 61.23%	7

M30 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sneddon, Jay	M30 Ottawa Lions T.F.C.	4:35.53	4:35.54 74.77%	3	7

M40 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Aseltine, Ian	M41 London Western	4:23.88	4:11.19 82.01%	3	7

W45 1500 Meter Run Masters

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Name	Age Team	Finals	Age-Grading	Points
1 Newell, Tiffany	W49 Runners Edge	5:05.16	4:35.93 84.25%	7

M45 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bedley, Charles	M49 Uni. Toronto TC	4:35.83	4:11.70 81.84%	3	7
2 Felix, Paul	M48 Dundas Valley TC	4:50.71	4:25.28 77.65%	3	5
3 Jensen, Steven	M48 Newmarket Huskie	5:16.10	4:48.45 71.42%	3	4

M50 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Grossi, Danny	M52 Unattached Ontario	5:24.21	4:43.07 72.77%	2	
2 Moriarity, Dan	M54 Unattached Ontario	5:44.85	5:01.09 68.42%	2	

M55 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Zero, Nick	M56 Unattached Ontario	5:10.28	4:18.69 79.63%	2	
2 McInerney, Mike	M56 Ottawa Lions T.F.C.	5:13.83	4:21.65 78.73%	2	7
3 Madsen, Chris	M55 Uni. Toronto TC	6:08.41	5:07.15 67.07%	2	5

M60 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Friel, Vince	M60 Newmarket Huskie	4:58.25	3:56.79 87.00%	2	7
2 Tries, Dan	M62 Thames AC	6:11.57	4:54.99 69.83%	2	5

M65 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Farr, Tony	M67 Uni. Toronto TC	6:44.88	5:04.84 67.58%	2	7

M70 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Henry, Frank	M73 Kawartha Lakes	6:39.05	4:42.49 72.92%	7

M75 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Tucker, Ray	M75 Unattached Ontario	6:16.73	4:06.99 83.41%	
2 Sekhon, Pritam	M79 Unattached Ontario	15:26.99	10:07.74 33.90%	

M80 1500 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Chris	M82 Unattached Ontario	7:01.39	4:09.47 82.58%	

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2 Christensen, Verner M82 Uni. Toronto TC 8:42.04 5:09.05 66.66% 7

W30 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Shaw, Jessica	W33 Newmarket Huskie	11:05.41	11:05.42 75.36%	7

M40 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bianchi, Michael	M43 Dundas Valley TC	10:08.09	9:46.93 74.97%	2	7

M45 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tepper, David	M47 Newmarket Huskie	9:47.02	9:06.17 80.56%	2	7
2 Bedley, Charles	M49 Uni. Toronto TC	9:47.39	9:06.51 80.51%	2	5

M50 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nickoli, Wayne	M54 Unattached Ontario	15:06.52	13:31.88 54.20%	2	

M55 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Flanders, Dale	M57 U.S.A.	10:37.21	9:08.52 80.22%	2	

W55 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Koch, Anne	W57 Uni. Toronto TC	13:16.40	10:35.85 78.86%	7

M60 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Eley, Brian	M62 Longboat RR	12:22.28	10:13.13 71.76%	2	7
2 Cushenbery, Brent	M63 USA	13:41.29	11:18.39 64.86%	2	

W60 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Ohler, Makie	W60 Uni. Toronto TC	11:40.99	8:41.54 96.14%	7 CAN
(old CAN, ONT and MR 12:08.8 Molly Turner ON 1994)				

M65 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading	Points
1 Kooymans, Jerry	M67 Toronto Olympic	10:51.19	8:34.31 85.55%	7
2 Farr, Tony	M67 Uni. Toronto TC	14:32.30	11:28.95 63.87%	5

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M75 3000 Meter Run Masters

Name	Age Team	Finals	Age-Grading Points
1 Tucker, Ray	M75 Unattached Ontario	13:45.35	9:36.59 76.31%

M35 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Taggart, Simon (old ONT 8.58 Simon at MM#2 this year, old MR 8.85 David Valenzuela 2013)	M36 Uni. Toronto TC	8.42	8.29 88.12%	7 ONT MR
2 Ashmeade, Milton	M37 Jamcan Int.	14.32	14.09 51.82%	3 5

0.991m

W40 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Sivers, Laura	W40 Brockville Legi.	12.74	11.55 66.64%	7 0.762m

M45 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Mochizuki, Yoshio	M47 Japan	9.16	8.34 87.66%	3

0.991m

M50 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Brown, Geoff	M51 Unattached Ontario	12.26	10.94 66.72%	3

0.914m

M55 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Crawford, Todd	M58 Quinte Legion	11.47	9.81 74.46%	3 7

0.914m

W55 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Loucks, Kairy	W56 Unattached Ontario	11.63	9.63 79.88%	0.762m
2 Oswald, Carrie-Ann	W55 Unattached Ontario	14.45	11.97 64.29%	0.762m

M60 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading H#	Points
1 Baldamus, Steve	M62 Unattached Ontario	26.02	21.63 33.74%	2

0.840m

M65 60 Meter Hurdles Masters

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Name	Age Team	Finals	Age-Grading	H#	Points
1 Hazen, Ward (old CAN and MR 10.49 Ward 2020, existing ONT 9.80 Ward MM#3 2020)	M68 Laurel Creek T.F.C.	9.93	7.89 92.55%	2	7 CAN MR
2 Urch, Bruce 0.840m	M68 Throwers Club	13.15	10.45 69.89%	2	5
3 Cilevitz, Ralph 0.840m	M68 Jamcan Int.	13.26	10.53 69.31%	2	4

M80 60 Meter Hurdles Masters

Name	Age Team	Finals	Age-Grading	Points
1 Brosz, Helmut	M80 Unattached Ontario	20.09	13.72 53.21%	0.686m

M40 Mile Steeplechase Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sanders, Joshua (old MR 5:55.89 Glenn Duncan 2016)	M40 Unattached Ontario	5:28.18		2	MR
		0.914m			

M50 Mile Steeplechase Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Geohagen, Nigel 0.914m	M54 Jamcan Int.	9:15.86		2	7

W50 Mile Steeplechase Masters

Name	Age Team	Finals	Age-Grading	Points
1 Weber, Catherine 0.762m (old MR 7:44.96 Catherine 2020)	W53 Uni. Toronto TC	7:27.92		7 MR
2 Cheung, Joni	W51 Unattached Ontario	8:26.83		0.762m

M55 Mile Steeplechase Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kalendra, Richard 0.914m (old MR 7:12.60 James Wallace 2018)	M56 Etobicoke Huskie	6:57.99		2	7 MR

W55 Mile Steeplechase Masters

Name	Age Team	Finals	Age-Grading	Points
1 Chitte, Vinita	W56 Unattached Ontario	8:30.72		0.762m

M60 Mile Steeplechase Masters

Name	Age Team	Finals	Age-Grading	Points
1 Wallace, James 0.762m (old MR 7:15.83 Wayne Chee 2018)	M60 Unattached Ontario	7:10.84		MR
2 Cushenbery, Brent	M63 USA	7:26.53		0.762m

M75 Mile Steeplechase Masters

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Name	Age Team	Finals	Age-Grading Points
1 Sekhon, Pritam	M79 Unattached Ontario	16:06.82	0.762m

M30 4x200 Meter Relay Masters

Team	Finals	Points
1 Jamcan International Athletics 'A'	1:52.38	7
1) Barker, Jeff 31	2) Meikle, Supa D.A. 45	
3) Ashmeade, Milton 37	4) Brown, Mellard 38	
2 University of Toronto TC 'A'	2:23.36	5
1) Connors, Michael 32	2) Williams, Dave 64	
3) Bedley, Charles 49	4) Lemassif, Christian 56	

W50 4x200 Meter Relay Masters

Team	Finals	Points
1. University of Toronto TC	2:37.56	7
1) Botelho, Rita 62	2) Koch, Anne 57	
2) Weber, Catherine 53	4) Ohler, Makie 60	

M50 4x200 Meter Relay Masters

Team	Finals	Points
1 Jamcan International Athletics 'A'	1:54.33	7
1) Palmer, Richard 55	2) Hui, Tit (jonathan) 51	
3) Geohagen, Nigel 54	4) Reid, Richard 54	

M60 4x200 Meter Relay Masters

Team	Finals	Points
1 Jamcan International Athletics 'A'	2:00.08	7 ONT
1) Nasato, Robert 62	2) Kudo, Ken 60	
3) Lee Foon, Mike 62	4) Arnfield, Spencer 63	
(old ONT, MR 2:17.19 UTTC Zowkewych, Greenshields, Smith, Helliker 2014)		

Mixed 30 4x400 Meter Relay Masters

Team	Finals	Points
1 University of Toronto TC 'A'	5:28.74	7 ONT
1) Connors, Michael 32	2) Williams, Dave 64	
3) Ohler, Makie 60	4) Carew, Julia 37	
(no previous record)		

M35 4x400 Meter Relay Masters

Team	Finals	Points
1 Jamcan International Athletics 'A'	4:40.41	7
1) Heaven, Howard 51	2) Reid, Richard 54	
3) Miller, Ainsley 41	4) Brown, Mellard 38	

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Mixed 45 4x400 Meter Relay Masters

Team	Finals	Points
2 University of Toronto TC 'A'	5:37.45	5 ONT
1) Bedley, Charles 49	2) Bailey-Mason, Gwyneth 56	
3) Madsen, Chris 55	4) Koch, Anne 57	
(no previous record)		

M30 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Nishida, Raphael 1.15 1.20 1.25 1.30 O O O XXX	M34 Unattached Ontario	1.25m	1.25m 51.23%

M45 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Sara, Zoltan 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 O O O O O O O O XXX	M47 Brockville Legi.	1.75m	1.98m 81.02% 7
2 Mochizuki, Yoshio 1.40 1.45 1.50 1.55 1.60 1.65 O O O O O XO	M47 Japan	1.65m	1.86m 76.39%

M50 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Beechey, Matt 1.30 1.35 1.40 1.45 XXO O O XXX	M52 Jamcan Int.	1.40m	1.66m 67.96% 7

W55 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Loucks, Kairy 1.20 1.25 1.30 XXO XXO XXX	W56 Unattached Ontario	1.25m	1.56m 74.85%

M60 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Ritchie, Donald 1.20 1.25 1.30 1.35 1.40 O P O P XXX	M61 Unattached Ontario	1.30m	1.69m 69.15%

M65 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Urch, Bruce 1.15 1.20 1.23 1.25	M68 Throwers Club	1.23m	1.73m 71.10% 7

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O O XO XXX
 2 Cilevitz, Ralph M68 Jamcan Int. 0.95m 1.34m 54.91% 5
 0.95
 O

M70 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Sandhar, Balvinder 1.00 1.05 1.10 1.15 1.20 1.25 O O O XO XO XXX	M70 Unattached Ontario	1.20m	1.73m 71.01%

M75 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Mayer, Jean-Pierre 1.10 1.15 1.20 1.25 1.30 O O O O XXX (old ONT 1.20 Bob Land 2012)	M75 Throwers Club	1.25m	1.92m 78.62% 6 ONT tie
2 Seitz, Stan 1.15 1.20 1.25 1.30 O O XXO XXX	M75 Ottawa Lions T.F.C.	1.25m	1.92m 78.62% 6 ONT tie

M80 High Jump Masters

Name	Age Team	Finals	Age-Grading Points
1 Brosz, Helmut 0.95 1.00 O XXX (Existing ONT 0.95 Peter Tams 2020)	M80 Unattached Ontario	0.95m	1.55m 63.76% ONT tie

W40 Pole Vault Masters

Name	Age Team	Finals	Age-Grading Points
1 Ireland, Charlotte 2.40 2.55 2.70 O O XXX	W43 Unattached Ontario	2.55m	2.80m 54.49%

M60 Pole Vault Masters

Name	Age Team	Finals	Age-Grading Points
1 Schaber, Mark 2.70 2.85 O XXX	M64 Unattached Ontario	2.70m	3.90m 63.68%

M65 Pole Vault Masters

Name	Age Team	Finals	Age-Grading Points
1 Cilevitz, Ralph 1.20 XO	M68 Jamcan Int.	1.20m	1.85m 30.15% 7

M75 Pole Vault Masters

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	Points
1 Seitz, Stan 2.25 2.40 2.55 O XO XXX	M75 Ottawa Lions T.F.C.	2.40m	4.20m 68.57%	7

M40 Long Jump Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Williams, Doug FOUL 4.84m 4.56m 4.65m FOUL	M44 Brockville Legi.	4.84m	5.58m 62.37%	2	7
2 Tekwa, Eden 4.43m 4.83m 4.31m 4.37m 4.03m 4.09m	M40 Uni. Toronto TC	4.83m	5.33m 59.56%	2	5

M45 Long Jump Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mochizuki, Yoshio 4.99m 5.71m FOUL 5.53m 5.49m	M47 Japan	5.71m	6.81m 76.13%	2	

M50 Long Jump Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hui, Tit (jonathan) FOUL 5.41m 5.39m 5.27m 5.45m 4.98m	M51 Jamcan Int.	5.45m	6.81m 76.12%	2	7
2 Beechey, Matt 3.85m 3.97m 4.11m 3.97m	M52 Jamcan Int.	4.11m	5.19m 58.05%	2	5

W50 Long Jump Masters

Name	Age Team	Finals	Age-Grading	Points
1 Robarts, Carolyn FOUL 3.12m FOUL 2.99m 3.34m 3.32m	W53 Variety Village	3.34m	4.25m 56.51%	7
2 Cheung, Joni 2.38m 2.68m PASS PASS 2.15m 2.22m	W51 Unattached Ontario	2.68m	3.33m 44.30%	

W55 Long Jump Masters

Name	Age Team	Finals	Age-Grading	Points
1 Loucks, Kairy 4.06m 4.09m 4.06m 4.13m 4.04m 3.31m	W56 Unattached Ontario	4.13m	5.44m 72.46%	

M60 Long Jump Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nasato, Robert 4.35m 4.14m 4.24m 4.30m 4.17m	M62 Jamcan Int.	4.35m	6.20m 69.38%	2	7
2 Arnfield, Spencer 3.37m 3.24m 3.53m 3.66m 2.77m 3.43m	M63 Jamcan Int.	3.66m	5.28m 59.03%	2	5

M65 Long Jump Masters

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Name	Age	Team	Finals	Age-Grading	H#	Points
1 Cilevitz, Ralph	M68	Jamcan Int.	3.73m	5.74m 64.20%	2	7
			3.58m 3.49m 3.73m			
2 Urch, Bruce	M68	Throwers Club	3.68m	5.66m 63.34%	2	5
			3.60m 3.56m 3.68m 3.67m 3.58m			

M70 Long Jump Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Bogatek, Steve	M73	Unattached Ontario	3.34m	5.49m 61.40%	
			3.08m 3.16m 3.34m 3.28m 2.69m 3.15m		
-- Sandhar, Balvinder	M70	Unattached Ontario	FOUL		
			FOUL FOUL		

M75 Long Jump Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Mayer, Jean-Pierre	M75	Throwers Club	3.50m	5.91m 66.16%	7
			FOUL 3.48m FOUL 3.50m 3.50m 3.41m		
2 Sekhon, Pritam	M79	Unattached Ontario	0.55m	0.99m 11.11%	
			0.55m		

M80 Long Jump Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Brosz, Helmut	M80	Unattached Ontario	2.20m	4.05m 45.27%	
			2.20m 1.85m		

M45 Triple Jump Masters

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Sara, Zoltan	M47	Brockville Legi.	10.27m	11.63m 63.63%	2	7
			9.82m 9.93m 10.00m 10.04m 10.27m 10.12m			
2 Cheng, Sam	M48	Unattached Ontario	9.32m	10.68m 58.40%	2	
			9.32m FOUL FOUL 7.09m FOUL FOUL			

M50 Triple Jump Masters

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Beechey, Matt	M52	Jamcan Int.	6.53m	7.84m 42.88%	2	7
			6.53m x			

M55 Triple Jump Masters

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Zero, Nick	M56	Unattached Ontario	9.30m	11.73m 64.18%	2	
			8.52m 9.30m			

W55 Triple Jump Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Loucks, Kairy	W56	Unattached Ontario	8.72m	11.24m 72.55%	ONT

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7.90m 8.46m 8.52m 8.72m 8.56m 8.51m
 (old ONT 8.24 Kairy at last year's meet)

M60 Triple Jump Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Baldamus, Steve	M62 Unattached Ontario	6.77m	9.25m 50.64%	2	
	5.85m 6.16m 6.27m 6.61m 6.50m 6.77m				

M65 Triple Jump Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sinnathurai, Thevarajan	M69 United Tamil SC	10.08m	15.29m 83.65%	2	7
	9.76m 9.79m 10.02m 10.08m 10.05m				
2 Hazen, Ward	M68 Laurel Creek T.F.C.	8.53m	12.74m 69.69%	2	5
	8.53m 7.85m 8.02m				
3 Cilevitz, Ralph	M68 Jamcan Int.	6.50m	9.71m 53.10%	2	4
	6.50m x				

M75 Triple Jump Masters

Name	Age Team	Finals	Age-Grading	Points
1 Mayer, Jean-Pierre	M75 Throwers Club	7.37m	12.36m 67.61%	7 ONT
	7.06m 7.12m 7.33m 7.37m 7.31m			
	(old ONT 6.02 Sanghera Singh 2022)			

2 Sekhon, Pritam	M79 Unattached Ontario	2.30m	4.15m 22.70%	
	2.30m x			

M80 Triple Jump Masters

Name	Age Team	Finals	Age-Grading	Points
1 Brosz, Helmut	M80 Unattached Ontario	5.12m	9.42m 51.51%	
	5.12m x			

M30 Shot Put Masters

Name	Age Team	Finals	Age-Grading	Points
1 Nishida, Raphael	M34 Unattached Ontario	7.89m	7.98m 34.51%	
	7.53m 7.18m 7.62m 7.64m 7.89m FOUL			

M35 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Brown, Mellard	M38 Jamcan Int.	9.59m	10.18m 44.05%	2	7
	8.68m 9.59m 8.94m				
2 Norman, Jermaine	M38 Jamcan Int.	7.53m	7.99m 34.59%	1	5
	FOUL 6.59m 7.18m 7.44m 7.53m 7.17m				

M40 Shot Put Masters

Name	Age Team	Finals	Age-Grading	Points
1 Armstrong, Andrew	M40 Thorold Elite	11.89m	12.95m 56.01%	7

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11.42m 10.92m 10.60m 11.73m 11.89m 11.74m
 2 Williams, Doug M44 Brockville Legi. 9.48m 10.87m 47.05% 5
 8.97m FOUL 8.96m 9.08m 9.48m 9.44m

W40 Shot Put Masters

Name	Age Team	Finals	Age-Grading	Points
1 Sivers, Laura	W40 Brockville Legi.	9.11m	10.18m 45.01%	7
	8.65m 8.69m 9.00m 9.11m 8.53m 8.57m			
2 Mullings, Sheree	W41 Jamcan Int.	8.12m	9.21m 40.72%	5
	7.03m 7.48m 7.44m 7.63m 8.12m			

M45 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mochizuki, Yoshio	M47 Japan	7.63m	9.11m 39.41%	2	
	FOUL 7.63m 7.29m FOUL				
2 Cheng, Sam	M48 Unattached Ontario	7.10m	8.59m 37.19%	2	
	5.87m 6.97m 6.82m 7.10m				

M50 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bungay, Dwight	M53 Throwers Club	10.96m	12.95m 56.03%	2	7
	10.26m 10.06m 10.71m 10.96m FOUL 10.28m				
2 Rigby, Timothy	M52 Unattached Ontario	9.78m	11.39m 49.29%	2	
	8.77m 9.29m 9.13m 9.78m 9.58m 9.61m				
3 Reid, Richard	M54 Jamcan Int.	8.88m	10.65m 46.08%	2	5
	FOUL 8.19m 8.88m				
4 Beechey, Matt	M52 Jamcan Int.	8.53m	9.93m 42.99%	2	4
	7.69m 8.12m 8.53m 8.40m				
5 Pontes, Jack	M51 Jamcan Int.	5.23m	6.00m 25.98%	2	3
	5.23m 5.15m 5.02m				

W50 Shot Put Masters

Name	Age Team	Finals	Age-Grading	Points
1 Heston, Jennifer	W51 U.S.A.	7.68m	8.85m 39.12%	
	FOUL 7.30m 7.25m 7.68m 6.96m 7.26m			
2 Duarte, Ann-Maria	W54 Jamcan Int.	7.50m	9.10m 40.24%	7
	7.15m 6.56m 7.50m 6.86m FOUL 6.53m			

M55 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Crawford, Todd	M58 Quinte Legion	10.78m	13.74m 59.46%	2	7
	FOUL 10.48m 10.78m 10.20m				
2 Kalendra, Richard	M56 Etobicoke Huskie	6.18m	7.64m 33.05%	2	5
	FOUL 5.47m 5.95m 5.91m 6.18m 5.39m				

W55 Shot Put Masters

Name	Age Team	Finals	Age-Grading	Points
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1 Easton, Leah	W57 Throwers Club	8.25m	10.56m	46.69%	7
7.99m	8.10m	7.58m	8.25m	FOUL	8.19m
2 Reisler, Stephanie	W58 London Western	7.76m	10.11m	44.73%	5
7.33m	6.71m	6.61m	7.76m	6.96m	7.08m

M60 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Wolters, Jake	M62 Throwers Club	10.63m	13.20m 57.09%	2	7
10.47m	10.63m	FOUL	FOUL	FOUL	FOUL
2 Anderson, Michael	M62 Throwers Club	9.33m	11.58m 50.11%	2	5
9.33m	9.01m	8.79m	9.15m	8.71m	8.97m

M65 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Murray, Jerry	M65 Throwers Club	10.41m	13.60m 58.85%	3	7
9.91m	FOUL	10.05m	10.05m	FOUL	10.41m
2 Cilevitz, Ralph	M68 Jamcan Int.	7.34m	10.11m 43.77%	3	5
6.71m	7.34m				
3 Urch, Bruce	M68 Throwers Club	6.16m	8.49m 36.73%	3	4
5.36m	6.16m				

W65 Shot Put Masters

Name	Age Team	Finals	Age-Grading	Points	
1 Garner, Doreen	W68 Throwers Club	9.11m	14.49m 64.06%	7	
8.96m	8.91m	8.77m	9.06m	9.11m	8.91m

M70 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sandhar, Balvinder	M70 Unattached Ontario	10.12m	12.95m 56.00%	3	
9.63m	9.64m	9.60m	9.71m	10.01m	10.12m
2 Wyroba, Jerzy	M73 Unattached Ontario	10.09m	13.68m 59.18%	3	
9.35m	9.82m	9.66m	9.84m	10.09m	9.96m

M75 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mayer, Jean-Pierre	M75 Throwers Club	11.40m	16.10m 69.64%	3	7 MR
10.68m	10.00m	11.22m	11.08m	10.85m	11.40m
(old MR 11.39 Garry Bachman 1999)					
2 Kasperski, John	M79 Throwers Club	10.69m	16.45m 71.17%	3	5
10.35m	10.32m	10.69m	FOUL	FOUL	10.32m
3 Sekhon, Pritam	M79 Unattached Ontario	4.88m	7.51m 32.49%	3	
4.88m	x				

M80 Shot Put Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Brosz, Helmut	M80 Unattached Ontario	9.16m	12.49m 54.04%	3	

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	8.69m	9.16m	7.98m	8.29m						
2	Burgin, Harold				M84	Unattached Ontario	7.52m	11.28m	48.83%	3
	7.35m	7.52m	7.10m	6.98m						
3	Toscano, Enrico				M82	Throwers Club	5.81m	8.30m	35.91%	3 7
	5.20m	5.58m	FOUL	5.81m						

M35 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Norman, Jermaine	M38	Jamcan Int.	5.90m	6.20m 23.99%	7
	2.27m	5.90m 4.81m 5.68m 5.38m 4.36m			

M40 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Bichaltzis, Sotirios	M42	Etobicoke Huskie	12.51m	13.81m 53.42%	7
	12.41m 12.51m FOUL FOUL 12.20m FOUL				
2 Armstrong, Andrew	M40	Thorold Elite	10.16m	10.94m 42.33%	5
	9.51m FOUL 10.16m FOUL FOUL FOUL				

W40 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Sivers, Laura	W40	Brockville Legi.	8.44m	9.63m 40.83%	7 MR
	7.80m 7.23m FOUL 7.98m FOUL 8.44m				
	(old MR 7.6 Darlene Aulenback 1992)				

M45 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Harrison, Kevin	M48	Unattached Ontario	12.39m	14.75m 57.07%	
	11.71m 12.31m FOUL 12.39m FOUL FOUL				

M50 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Rigby, Timothy	M52	Unattached Ontario	9.63m	9.87m 38.20%	
	9.38m 9.63m FOUL FOUL FOUL				
2 Pontes, Jack	M51	Jamcan Int.	4.68m	4.73m 18.32%	7
	3.76m 4.68m 3.82m 3.31m FOUL 4.19m				

W50 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Heston, Jennifer	W51	U.S.A.	8.18m	9.71m 41.17%	
	6.73m 8.12m 7.44m 8.18m 7.81m 6.54m				

M55 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Crawford, Todd	M58	Quinte Legion	11.37m	12.67m 49.03%	7
	FOUL 11.08m 10.65m FOUL FOUL 11.37m				

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W55 Weight Throw Masters

Name	Age Team	Finals	Age-Grading	Points
1 Easton, Leah	W57 Throwers Club	9.83m	12.98m 55.01%	7
FOUL 7.62m 8.52m 9.69m 9.14m 9.83m				

M60 Weight Throw Masters

Name	Age Team	Finals	Age-Grading	Points
1 Wolters, Jake	M62 Throwers Club	15.30m	15.83m 61.22%	7
FOUL 13.94m 14.08m 15.30m 15.26m FOUL				
2 Anderson, Michael	M62 Throwers Club	10.81m	11.18m 43.26%	5
9.91m 10.38m 10.59m 10.81m 10.54m 10.62m				

M65 Weight Throw Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Cilevitz, Ralph	M68 Jamcan Int.	6.89m	7.82m 30.27%	2	7
6.89m 6.37m 6.58m					
-- Murray, Jerry	M65 Throwers Club	FOUL		2	
FOUL FOUL FOUL FOUL FOUL FOUL					

W65 Weight Throw Masters

Name	Age Team	Finals	Age-Grading	Points
1 Garner, Doreen	W68 Throwers Club	10.46m	14.55m 61.67%	7
10.20m 10.46m 10.43m FOUL FOUL 10.08m				

M70 Weight Throw Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sandhar, Balvinder	M70 Unattached Ontario	11.38m	11.68m 45.19%	2	
FOUL 9.47m 10.00m FOUL 10.65m 11.38m					
2 Garner, George	M70 Throwers Club	10.11m	10.38m 40.15%	2	7
8.91m FOUL FOUL FOUL 10.11m 9.93m					
3 Wyroba, Jerzy	M73 Unattached Ontario	8.19m	8.87m 34.33%	2	
7.83m 7.38m 7.90m 7.63m 8.19m 7.79m					

W70 Weight Throw Masters

Name	Age Team	Finals	Age-Grading	Points
1 Green, Lucille	W74 Oakville T.F.C.	6.55m	10.53m 44.62%	7
6.42m FOUL 5.82m 5.88m 6.55m 6.55m				

M75 Weight Throw Masters

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kasperski, John	M79 Throwers Club	11.10m	13.65m 52.83%	2	7
10.47m 10.44m 10.93m 11.10m 10.49m 10.64m					
2 Sekhon, Pritam	M79 Unattached Ontario	5.05m	6.21m 24.04%	2	
x x x 5.05m					

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M80 Weight Throw Masters

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Brosz, Helmut 10.45m 7.92m 9.42m	M80	Unattached Ontario	10.45m	11.09m 42.88%	2	
2 Sumner, James 7.83m 8.50m 8.03m	M84	Unattached Ontario	8.71m	10.28m 39.75%	2	
3 Toscano, Enrico 6.00m 6.34m 5.76m	M82	Throwers Club	6.34m	7.08m 27.39%	2	7
		6.29m FOUL 6.15m				

W30 3000 Meter Race Walk Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Wong, Luna	W33	Toronto RW	18:55.62	18:55.63 61.20%	7

W45 3000 Meter Race Walk Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Smetana, Blanka	W48	Toronto RW	19:06.36	17:40.39 65.54%	7
2 Friday, Alicia	W49	Ontario RW	26:18.65	24:20.26 47.59%	5

M50 3000 Meter Race Walk Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Wu, Lei	M51	Toronto RW	26:27.39	23:06.59 45.54%	7

M55 3000 Meter Race Walk Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Xu, Jianping	M57	Dundas Valley TC	15:55.31	13:19.03 79.02%	7

M60 3000 Meter Race Walk Masters

Name	Age	Team	Finals	Age-Grading	Points
1 Tarnawski, Janusz	M63	Toronto RW	18:23.28	14:40.42 71.72%	7

W65 3000 Meter Race Walk Masters

Name	Age	Team	Finals	Age-Grading	Points
1 De Thy, Anne	W69	Ontario RW	20:01.82	15:13.87 76.05%	7

Combined Team Scores

1) JAMCAN International Athle	316	2) University of Toronto TC	201
3) Throwers Club	166	4) Brockville Legion Track C	47
5) Ottawa Lions T.F.C.	41	6) Variety Village Athletic	40
7) Newmarket Huskies Track Cl	39	8) Etobicoke Huskies-Strider	33
9) Toronto Race Walkers	28	10) London Western T.F.C.	26
11) Laurel Creek T.F.C.	24	12) Quinte Legion T.F.C.	21
13) Thames Athletics Club	19	13) Thorold Elite Track Club	19

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13) Dundas Valley Track Club	19	16) Runners Edge Track Club	14
16) Kawartha Lakes Lightning	14	18) Ontario Racewalkers Assoc	12
19) Brantford T.F.C.	8	19) Blue Devils Athletics Clu	8
19) London Legion T.F. Allianc	8	22) United Tamil Sports Club	7
22) Niagara Olympic Club	7	22) Oakville Track & Field Cl	7
22) Toronto Olympic Track & Fi	7	22) Longboat Roadrunners	7