

AO Masters AOTY Nominees

W70 Karla Del Grande

W70 two Golds - World Records at the WMA Indoor Championships in Torun Poland
- 31.18 in the 200m and 1:11.34 in the 400m and a Silver in the 60m 9.29
World Rankings – Indoor – 60m - #1, 200m - #1, 400 - #1
Outdoor – 100m - #2, 200 - #1

W60 Kristin Dajia

Broke CAN records in the Hammer (36.62) and Weight Throw (14.21) at the Masters Outdoor Championships
CAN Record Throws Pentathlon 3452pts
World Rankings – Indoor – Weight Throw - #8
Outdoor – Hammer - #8, WeightThrow - #9, Throws Pentathlon - #13

W65 Elizabeth Waywell

CAN Record 43:33 10,000m
World Rankings – Outdoor – 10000m - #1

M55 Chris Warburton

One Gold (60m) and two Silver medals at the WMA Indoor Championships in Torun Poland
- CAN Record 24.05 200m and CAN Record in the 4X200m Relay
World Rankings – Indoor – 60m - #7, 200m - #2
Outdoor – 200m - #18

M60 Chris Deighan

World Record in the 4X800m at the Canadian Masters Championships
World Rankings – Outdoor – 800m - #39

M75 Jean-Pierre Mayer

Bronze medal in the Discus at the WMA Indoor Championships in Torun Poland
CAN Record 11.78m Shot Put
Broke the ONT Records in the High Jump and Triple Jump at the Masters Indoor Championships
World Rankings – Indoor – Shotput - #5, TripleJump - #13, HighJump - #10

All Ontarians

MEN'S ALL-ONTARIANS

SPRINTS/HURDLES

Obrian Gibbons

Ward Hazen

Chris Warburton

DISTANCE/WALKS

Chris Deighan
Mirco Graenert
Stuart Galloway

JUMPS

Zoltan Sara
Peter Zowkewych
Stan Seitz

THROWS

Jean-Pierre Mayer
Jake Wolters
Boris Zaitchouk

COMBINED EVENTS

Matt Beechey

Women

SPRINTS/HURDLES

Karla Del Grande
Renata Macherzynska
Wendy Alexis

DISTANCE/WALKS

Elizabeth Waywell
Sasha Gollish
Makie Ohler

JUMPS

Kairy Loucks

Michell Hastick-Cowell

THROWS

Kristin Dajia

Michelle Crispe

Leah Easton