

2024 Ontario Indoor Relay Championships - 2024-01-13 to 2024-01-14**w/ U16 Selections Meet****Toronto Track and Field Centre****Results - Track Day 2****Women 50 Meter Dash Masters**

Name	Year Team	Prelims
Preliminaries		
1 Eboh, Jennifer	84 Etobicoke Huskie	7.62q
2 Loucks, Kairy	66 Unattached Ontario	8.16q
3 Jose, Nina	70 Unattached Ontario	8.71q

Women 50 Meter Dash Masters

Name	Year Team	Finals
Finals		
1 Eboh, Jennifer	84 Etobicoke Huskie	7.62
2 Loucks, Kairy	66 Unattached Ontario	8.15
3 Jose, Nina	70 Unattached Ontario	8.70

Women 35-39 150 Meter Dash Masters

Name	Year Team	Finals
1 Suchowiecka, Paula	89 Unattached Ontario	18.62

Women 40-44 150 Meter Dash Masters

Name	Year Team	Finals
1 Eboh, Jennifer	84 Etobicoke Huskie	22.96

Women 45-49 150 Meter Dash Masters

Name	Year Team	Finals
1 Hutton, Jennifer	77 Laurel Creek T.F.C.	26.45

Women 55-59 150 Meter Dash Masters

Name	Year Team	Finals
1 Pauls, Jo	69 Unattached	24.20

Women 45-49 300 Meter Dash Masters

Name	Year Team	Finals
1 Hutton, Jennifer	77 Laurel Creek T.F.C.	56.09

Women 55-59 300 Meter Dash Masters

Name	Year Team	Finals
1 Pauls, Jo	69 Unattached	50.71

Women 65-69 300 Meter Dash Masters

Name	Year Team	Finals
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1 Willis, Katherine 58 Laurel Creek T.F.C. 1:10.38

Women 1500 Meter Run Masters

Name	Year Team	Finals
1 Stewart, Mary Catherine	84 Unattached Ontario	5:31.31
2 Powell, Deborah	77 Unattached Ontario	5:33.71
3 Mantel, Kathy	67 Brantford T.F.C.	6:21.12

Women 29&U 3000 Meter Run Masters

Name	Year Team	Finals
1 Ware, Aimee	95 Newmarket Huskie	11:12.24

Women 40-44 3000 Meter Run Masters

Name	Year Team	Finals
1 Stewart, Mary Catherine	84 Unattached Ontario	11:42.43

Women 45-49 3000 Meter Run Masters

Name	Year Team	Finals
1 Powell, Deborah	77 Unattached Ontario	11:39.18

Women 70-74 3000 Meter Run Masters

Name	Year Team	Finals
1 Silverberg, Jackie	50 Unattached Ontario	15:37.59

Women 50-54 50 Meter Hurdles Masters

Name	Year Team	Finals
1 Cheung, Joni	71 Jamcan Int.	11.73

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Women 60-64 1500 Meter Race Walk Masters

Name	Year Team	Finals
1 Slovitt, Nicky	60 Ontario Racewalk	9:46.02
2 De Visme, Claire	63 Ontario Racewalk	10:40.69

Women 70-74 1500 Meter Race Walk Masters

Name	Year Team	Finals
1 De Thy, Anne	53 Ontario Racewalk	9:40.54

Men 50 Meter Dash Masters

Name	Year Team	Prelims	H#
Preliminaries			
1 Granillo, Elias	90 Unattached Ontario	6.55q	2

2024 Ontario Indoor Relay Championships - 2024-01-13 to 2024-01-14**w/ U16 Selections Meet****Toronto Track and Field Centre****Results - Track Day 2**

2	Taggart, Simon	86	Univ. Toronto TC	6.61q	3	
3	Gibbons, O'Brian	70	Border City AC	6.63q	3	
4	Hui, Tit (Jonathan)	71	Jamcan Int.	6.83q	1	
5	Hotic, Damir	87	Unattached Ontario	6.84q	2	
6	Yarema, David	88	Unattached Ontario	6.92q	1	
7	Kudo, Ken	62	Jamcan Int.	7.03q	2	
8	Grainger, Al	87	Unattached Ontario	7.12q	1	
9	Hazen, Ward	54	Unattached	7.16q	2	CAN
(old CAN 7.25 Mike Morris ON 2006)						
9	Reynolds, Rick	66	Unattached Ontario	7.16q	3	
11	Lee Foon, Michael	61	Jamcan Int.	7.47q	1	
12	Atkinson, Donald	65	Laurel Creek T.F.C.	7.78q	2	
13	Morley, Robert	47	Unattached Ontario	8.05q	2	
14	Atkinson, Tyler	71	Unattached	8.10q	1	
15	Powell, Tony	43	Unattached	8.25q	1	
16	Hehar, Mohan	49	Unattached	8.28q	3	
17	Morris, Mike	40	Unattached Ontario	8.83q	1	
18	Genik-Sas-Berezowski, Mi	49	Unattached Ontario	9.29q	2	

Men 50 Meter Dash Masters

Name	Year	Team	Finals	H#		
Finals						
1	Granillo, Elias	90	Unattached Ontario	6.49	1	
2	Gibbons, O'Brian	70	Border City AC	6.58	1	
3	Taggart, Simon	86	Univ. Toronto TC	6.67	1	
4	Hotic, Damir	87	Unattached Ontario	6.85	1	
5	Yarema, David	88	Unattached Ontario	6.96	1	
6	Kudo, Ken	62	Jamcan Int.	7.11	1	
7	Reynolds, Rick	66	Unattached Ontario	7.22	2	
8	Hazen, Ward	54	Unattached	7.25	2	
9	Lee Foon, Michael	61	Jamcan Int.	7.26	2	
10	Grainger, Al	87	Unattached Ontario	7.35	1	
11	Atkinson, Donald	65	Laurel Creek T.F.C.	7.74	2	
12	Morley, Robert	47	Unattached Ontario	8.06	2	
13	Atkinson, Tyler	71	Unattached	8.12	2	
13	Powell, Tony	43	Unattached	8.12	2	CAN
(old CAN 8.13 Ted Rowan SK 2014)						
15	Hehar, Mohan	49	Unattached	8.28	3	
16	Morris, Mike	40	Unattached Ontario	8.95	3	
17	Genik-Sas-Berezowski, Mi	49	Unattached Ontario	9.58	3	

Men 30-34 150 Meter Dash Masters

Name	Year	Team	Finals	H#
1	Granillo, Elias	90	Unattached Ontario	19.08

Men 35-39 150 Meter Dash Masters

Name	Year	Team	Finals	H#	
1	Klein, Eric	85	Thorold Elite	18.25	1
2	Hotic, Damir	87	Unattached Ontario	19.94	1
3	Grainger, Al	87	Unattached Ontario	20.79	2

Men 45-49 150 Meter Dash Masters

2024 Ontario Indoor Relay Championships - 2024-01-13 to 2024-01-14**w/ U16 Selections Meet****Toronto Track and Field Centre****Results - Track Day 2**

Name	Year Team	Finals	H#
1 Kawa, Cory	77 York Region	22.76	4

Men 50-54 150 Meter Dash Masters

Name	Year Team	Finals	H#
1 Gibbons, O'Brian	70 Border City AC	18.69	2
2 Hui, Tit (Jonathan)	71 Jamcan Int.	19.89	2
3 Green, Doug	74 Border City AC	20.91	3
4 Atkinson, Tyler	71 Unattached	24.62	3

Men 55-59 150 Meter Dash Masters

Name	Year Team	Finals	H#
1 Reynolds, Rick	66 Unattached Ontario	20.49	2
-- Atkinson, Donald	65 Laurel Creek T.F.C.	DQ	4 17.3.1

Men 60-64 150 Meter Dash Masters

Name	Year Team	Finals	H#
1 Kudo, Ken	62 Jamcan Int.	20.18	2
1 Lee Foon, Michael	61 Jamcan Int.	21.46	1

Men 65-69 150 Meter Dash Masters

Name	Year Team	Finals	H#
1 Arnfield, Spencer	59 Jamcan Int.	23.86	4

Men 70-74 150 Meter Dash Masters

Name	Year Team	Finals	H#
1 Hazen, Ward	54 Unattached	21.13	3

Men 75-79 150 Meter Dash Masters

Name	Year Team	Finals	H#
1 Hehar, Mohan	49 Unattached	22.96	4

Men 80-84 150 Meter Dash Masters

Name	Year Team	Finals	H#
1 Powell, Tony	43 Unattached	24.10	4

Men 55-59 300 Meter Dash Masters

Name	Year Team	Finals
1 Ellis, John	65 Unattached Ontario	49.95

Men 30-34 600 Meter Run Masters

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Name	Year Team	Finals
1 Miller, Jordan	92 Extreme Velocity	1:34.04
-- Bays, Connor	90 Univ. Toronto TC	DQ 44.6.2

Men 35-39 600 Meter Run Masters

Name	Year Team	Finals
1 Haddad, Aaron	85 Unattached Ontario	1:32.22

Men 45-49 600 Meter Run Masters

Name	Year Team	Finals
1 Beatty, Kevin	76 Unattached Ontario	1:50.09
2 Kawa, Cory	77 York Region	1:52.90

Men 1500 Meter Run Masters

Name	Year Team	Finals	H#
1 Laroche, Alexander	99 Unattached	4:24.35	2
2 Drolet, Simon	05 Unattached	4:28.18	1
3 Bays, Connor	90 Univ. Toronto TC	4:37.83	1
4 Thompson, Craig	82 Univ. Toronto TC	4:50.75	1
5 Beatty, Kevin	76 Unattached Ontario	4:58.68	1
6 Hammond, Mike	68 Unattached Ontario	5:09.81	1
7 Hooley, Patrick	62 Lions Valley	5:20.03	1
8 Thomas, John	67 Univ. Toronto TC	5:20.88	1
9 D'Oliveira, Armand	60 Univ. Toronto TC	5:23.36	1
10 Haddad, Aaron	85 Unattached Ontario	5:26.15	1
11 Moriarity, Dan	68 Longboat RR	5:35.05	1
12 Freemantle, James	58 Newmarket Huskie	6:27.38	2
13 Mackie, Chris	40 Unattached Ontario	7:01.70	2
14 Swift, Phillip	48 Univ. Toronto TC	7:31.97	2
-- Bedley, Michael	47 Longboat RR	DNF	2

Men 29&U 3000 Meter Run Masters

Name	Year Team	Finals
1 Stel, Joey	96 Newmarket Huskie	8:48.59
2 Goguen, Dakota	02 Newmarket Huskie	8:57.53

Men 50-54 3000 Meter Run Masters

Name	Year Team	Finals
1 Van Den Heuvel, Robert	72 Unattached Ontario	10:14.71

Men 55-59 3000 Meter Run Masters

Name	Year Team	Finals
1 Hackshaw, Derek	69 Newmarket Huskie	10:10.30
2 Munro, Alistair	66 Toronto Harriers	10:47.84
3 Hammond, Mike	68 Unattached Ontario	11:14.31

2024 Ontario Indoor Relay Championships - 2024-01-13 to 2024-01-14**w/ U16 Selections Meet****Toronto Track and Field Centre****Results - Track Day 2****Men 60-64 3000 Meter Run Masters**

Name	Year Team	Finals
1 Hanks, Robert	62 Unattached	11:38.24

Men 65-69 3000 Meter Run Masters

Name	Year Team	Finals
1 Kooymans, Jerry	55 Toronto Olympic	10:59.54

Men 35-39 50 Meter Hurdles Masters

Name	Year Team	Finals
1 Taggart, Simon	86 Univ. Toronto TC	7.34 0.991 - 13.72 - 9.14

Men 50-54 50 Meter Hurdles Masters

Name	Year Team	Finals
1 Hui, Tit (Jonathan)	71 Jamcan Int.	8.18 0.914 - 13.00 - 8.50
2 Green, Doug	74 Border City AC	9.01 0.991 - 13.72 - 9.14

Men 55-59 50 Meter Hurdles Masters

Name	Year Team	Finals
1 Dechellis, Matthew	68 Unattached Ontario	9.92 0.914 - 13.00 - 8.50

Men 40-44 1500 Meter Race Walk Masters

Name	Year Team	Finals
1 Rennella, Enrico	82 Etobicoke Huskie	6:43.00

Men 60-64 1500 Meter Race Walk Masters

Name	Year Team	Finals
1 Layng, Blair	64 Unattached Ontario	9:33.83

Men 65-69 1500 Meter Race Walk Masters

Name	Year Team	Finals
1 Tarnawski, Janusz	59 Toronto RW	11:31.35

Women 29&U High Jump Masters

Name	Year Team	Finals
1 Vaughan, Victoria	07 Laurel Creek T.F.C.	1.60m

Women 50-54 Long Jump Masters

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Name	Year Team	Finals
1 Cheung, Joni	71 Jamcan Int.	3.12m

Women 55-59 Long Jump Masters

Name	Year Team	Finals
1 Loucks, Kairy	66 Unattached Ontario	4.03m
2 Mantel, Kathy	67 Brantford T.F.C.	2.22m

Women 40-44 Shot Put Masters

Name	Year Team	Finals
1 Sivers, Laura	82 Brockville Legi.	8.44m

Women 55-59 Shot Put Masters

Name	Year Team	Finals
1 Easton, Leah	65 Throwers Club	8.85m
2 Mantel, Kathy	67 Brantford T.F.C.	6.64m

Women 60-64 Shot Put Masters

Name	Year Team	Finals
1 Dajia, Kristen	63 Throwers Club	8.92m

Men 29&U High Jump Masters

Name	Year Team	Finals
1 Mackay, Jackson	06 London Western	1.80m
2 Rumph, Joel	07 Laurel Creek T.F.C.	J1.80m
3 McClelland, Samuel	08 London Western	1.60m
4 Gallo, John	07 London Western	1.55m

Men 70-74 High Jump Masters

Name	Year Team	Finals
1 Hazen, Ward	54 Unattached	1.20m

Men 55-59 Pole Vault Masters

Name	Year Team	Finals
1 Drozdov, Sergey	69 York Univ T.F.C.	3.05m

Men 50-54 Long Jump Masters

Name	Year Team	Finals
1 Hui, Tit (Jonathan)	71 Jamcan Int.	5.13m

Men 70-74 Triple Jump Masters

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Name	Year	Team	Finals
1 Sinnathurai, Thevarajan	53	United Tamil SC	9.47m

Men 60-64 Shot Put Masters

Name	Year	Team	Finals
1 Wolters, Jake	60	Throwers Club	10.48m
2 Anderson, Michael	60	Throwers Club	9.41m

Men 65-69 Shot Put Masters

Name	Year	Team	Finals
1 Murray, Jerry	57	Throwers Club	9.05m

Men 75-79 Shot Put Masters

Name	Year	Team	Finals
1 Wyroba, Jerzy	49	Unattached Ontario	9.62m