

**ONTARIO MASTERS ATHLETICS ROAD RECORDS - MAY 2025**

| RACE DISTANCE | AGE GROUP | ATHLETE NAME      | GUN TIME   | WHERE           | DATE         |
|---------------|-----------|-------------------|------------|-----------------|--------------|
| 5K            | M35       | Kyle Boorsma      | 00:14:36   | Hamilton ON     | 02-Nov-2024  |
| 5K            | M40       | Reid Coolsaet     | 00:14:30   | Hamilton ON     | 26-Jun-2021  |
| 5K            | M45       | Tom Tushingham    | 00:15:15.0 | Toronto, ON     | 10-May-1987  |
| 5K            | M45       | Frank Lewis       | 00:15:13dh | Toronto, ON     | 03-Jul-1993  |
| 5K            | M50       | Jerry Kooymans    | 00:15:51.0 | Toronto, ON     | 15-Jul-2005  |
| 5K            | M55       | Jerry Kooymans    | 00:16:27.0 | Syracuse, NY    | 30-Sep-20121 |
| 5K            | M60       | Ed Whitlock       | 00:17:11dh | Toronto, ON     | 02-Jul-1994  |
| 5K            | M60       | Ed Whitlock       | 00:17:19.0 | Dundas, ON      | 16-Aug-1992  |
| 5K            | M65       | Ed Whitlock       | 00:17:20.0 | Toronto, ON     | 05-Jul-1996  |
| 5K            | M70       | Ed Whitlock       | 00:18:31.0 | Buffalo, NY     | 29-Aug-2003  |
| 5K            | M75       | Ed Whitlock       | 00:18:45.0 | Toronto, ON     | 14-Jul-2006  |
| 5K            | M80       | Ed Whitlock       | 00:21:17.0 | Bradford, ON    | 20-Aug-2011  |
| 5K            | M85       | Manual Teodoro    | 00:34:25.0 | London, ON      | 08-Aug-2013  |
| 5K            | M90       | Canio Polosa      | 00:36:30   | London, ON      | 31-Oct-2021  |
| 5K            | M95       | Canio Polosa      | 00:42:10   | London, ON      | 13-Sep-2024  |
|               |           |                   |            |                 |              |
| 5K            | W35       | Heather Clemenson | 00:17:46.0 | Toronto, ON     | 25-Sep-1982  |
| 5K            | W40       | Sasha Golish      | 00:16:45   | Moncton NB      | 11-Sep-2022  |
| 5K            | W45       | Diane Palmason    | 00:18:08.0 | Toronto, ON     | 22-Sep-1984  |
| 5K            | W50       | Diane Palmason    | 00:19:08.0 | Kanata, ON      | 01-Jul-1988  |
| 5K            | W55       | Paula Hickman     | 00:19:49.5 | Toronto, ON     | 23-Aug-2008  |
| 5K            | W60       | Makie Ohler       | 00:20:36   | Moncton NB      | 11-Sep-2022  |
| 5K            | W65       | Elizabeth Waywell | 00:21:02   | Farmingdale, NY | 13-Jul-2024  |
| 5K            | W70       | Nancy Wells       | 00:25:11.4 | Hamilton, ON    | 03-Apr-2016  |
| 5K            | W70       | Karin Schindler   | 00:25:21.0 | Toronto, ON     | 22-Oct-2017  |
| 5K            | W80       | Marie Mulally     | 00:48:01.2 | Ottawa, ON      | 28-May-2022  |
| 5K            | W95       | Rejeanne Fairhead | 00:51:10   | Ottawa, ON      | 27-May-2023  |
| 8K            | M35       | Bob Moore         | 00:24:46.0 | Toronto, ON     | 26-Apr-1980  |
| 8K            | M40       | Dave Stewart      | 00:24:05.0 | Naples, FL      | 13-Jan-1990  |
| 8K            | M45       | Steve Cowley      | 00:24:42.0 | Toronto, ON     | 13-Jul-1992  |
| 8K            | M50       | Jerry Kooymans    | 00:25:46.0 | Toronto, ON     | 21-Jun-2006  |
| 8k            | M55       | Jerry Kooymans    | 00:27:45.0 | Grimsby, ON     | 10-Nov-2012  |
| 8K            | M60       | Ed Whitlock       | 00:27:59.0 | Toronto, ON     | 05-Jun-1994  |
| 8K            | M65       | Ed Whitlock       | 00:28:36.0 | Toronto, ON     | 08-Jul-1996  |
| 8K            | M70       | Ed Whitlock       | 00:30:44.0 | Toronto, ON     | 20-Jun-2001  |
| 8K            | M75       | Whitey Sheridan   | 00:48:56.0 | Toronto, ON     | 11-Apr-1992  |

|     |     |                          |            |                 |              |
|-----|-----|--------------------------|------------|-----------------|--------------|
| 8K  | M80 | Sid Pritchard            | 00:60:42.0 | Toronto, ON     | 22-Apr-1995  |
| 8K  | M85 | Manual Teodoro           | 00:54:03.0 | Burlington, ON  | 27-Jan-2013  |
| 8K  | M90 | Canio Polosa             | 00:58:55   | London, ON      | 02-Apr-2022  |
| 8k  | W35 | Linda Findley            | 00:28:46.0 | Toronto, ON     | 28-Apr-1984  |
| 8k  | W40 | Diane Palmason           | 00:30:34.0 |                 | 26-Sep-1982  |
| 8K  | W45 | Anne Emmett              | 00:32:40.0 | Toronto, ON     | 22-Apr-1995  |
| 8k  | W50 | Ilse Hardinge            | 00:32:25.0 | Toronto, ON     | 24-Jun-1992  |
| 8k  | W55 | Molly Turner             | 00:33:10   | Toronto, ON     |              |
| 8K  | W60 | Elizabeth Waywell        | 00:32:52   | Hamilton, ON    | 18-Sep-2021  |
| 8K  | W65 | Liz Schad                | 00:34:57   | Hamilton, ON    | 18-Sep-2021  |
| 8K  | W70 | Molly Turner             | 00:42:37.0 | Toronto, ON     | 23-Jun-2004  |
| 8K  | W75 | Linda Jones              | 00:51:58   | Burlington, ON  | 19-Jan-2025  |
| 5M  | M40 | Bob Moore                | 00:25:01.0 | Toronto, ON     | 23-Jan-1983  |
| 5M  | M45 | Steve Cowley             | 00:24:44.0 | Toronto, ON     | 24-Jun-1992  |
| 5M  | M50 | Jerry Kooymans           | 00:25:53.0 | Toronto, ON     | 21-Jun--2006 |
| 5M  | M55 | Jerry Kooymans           | 00:28:16.0 | Hampton, NB     | 09-Sep-2012  |
| 5M  | M60 | Brian Murphy             | 00:28:33   | Breslau, ON     | 31-Aug--2023 |
| 5M  | M65 | Ed Whitlock              | 00:28:43.0 | Toronto, ON     | 11-Aug-1996  |
| 5M  | M70 | Ed Whitlock              | 00:30:44.0 | Toronto, ON     | 20-Jun-2001  |
| 5M  | M80 | Richard Darling          | 00:31:10.0 | London, ON      | 15-Sep-2018  |
| 5M  | M90 | Canio Polosa             | 00:59:17   | London, ON      | 02-Apr-2022  |
| 5M  | W35 | Linda Findley            | 00:28:46.0 | Toronto, ON     | 28-Apr-1984  |
| 5M  | W40 | Diane Palmason           | 00:30:34.0 |                 | 26-Sep-1982  |
| 5M  | W45 | Audrey McCabe            | 00:33:06.0 | Burlington, ON  | 27-Jan-1985  |
| 5M  | W50 | Ilse Hardinge            | 00:32:25.0 | Toronto, ON     | 24-Jun-1992  |
| 5M  | W55 | Molly Turner             | 00:33:10.0 | Toronto, ON     | 17-May1992   |
| 5M  | W60 | Elizabeth Waywell        | 00:33:02   | Hamilton, ON    | 18-Sep-2021  |
| 5M  | W65 | Liz Schad                | 00:35:08   | Hamilton, ON    | 18-Sep-2022  |
| 5M  | W70 | Molly Turner             | 00:42:37   | Toronto, ON     | 23-Jun-2004  |
| 5M  | W75 | Joanne Miklos den Iseger | 01:10:29   | London, ON      | 02-Apr-2022  |
| 10K | M35 | Eric Gillis              | 00:28:58   | Ottawa, ON      | 23-May-2015  |
| 10K | M40 | Reid Coolsaet            | 00:39:09.0 | Collingwood, ON | 23-May-2019  |
| 10K | M45 | Steve Boyd               | 00:31:11.0 | Ottawa, ON      | 23-May-2009  |
| 10K | M50 | Jerry Kooymans           | 00:32:58.0 |                 | 01-Jul-2006  |
| 10K | M55 | Bob Moore                | 00:34:24.0 | Brugge, BEL     | 29-Jun-1996  |
| 10K | M60 | Ed Whitlock              | 00:35:20.0 | Toronto, ON     | 11-Sep-1994  |
| 10K | M65 | Ed Whitlock              | 00:36:01.0 | Toronto, ON     | 25-Aug-1996  |

|          |     |                    |             |                    |               |
|----------|-----|--------------------|-------------|--------------------|---------------|
| 10K      | M70 | Ed Whitlock        | 00:37:33.0  | Toronto, ON        | 12-Sep-2004   |
| 10K      | M75 | Ed Whitlock        | 00:40:10.0  | Toronto, ON        | 10-Sep-2006   |
| 10K      | M80 | Ed Whitlock        | 00:42:58.0  | Toronto, ON        | 11-Sep-2011   |
| 10K      | M85 | Canio Polosa       | 01:14:04    | London, ON         | 02-Apr-2022   |
| 10K      | W35 | Krista Duchene     | 00:32:52.0  | Ottawa, ON         | 25-May-2013   |
| 10K      | W40 | Lyndsay Tessier    | 00:34:18.0  | Ottawa, ON         | 25-May-2018   |
| 10K      | W45 | Diane Palmason     | 00:36:28 dh | Ottawa, ON         | 06-May-1984   |
| 10K      | W50 | Diane Palmason     | 00:38:49.0  | Ottawa, ON         | 14-May-1988   |
| 10K      | W55 | Molly Turner       | 00:40:39dh  | Toronto, ON        | 02-May-1992   |
| 10K      | W60 | Elizabeth Waywell  | 00:41:08    | Hamilton, ON       | 18-Sep-2021   |
| 10K      | W65 | Elizabeth Waywell  | 00:42:16    | Toronto, ON        | 08-Sep-2024   |
| 10K      | W70 | Phyllis Berck      | 00:53:55    | Georgina, ON       | 08-Sep-2024   |
| 10K      | W75 | Nancy Wells        | 00:55:31    | Toronto, ON        | 15-Jun-2024   |
| 15K      | M35 | Bob Moore          | 00:47:45    | Toronto, ON        | 02-Nov-1978   |
| 15K      | M40 | Ken Inglis         | 00:47:24    |                    | 1984          |
| 15K      | M45 | Frank Lewis        | 00:48:47    | Waterdown, ON      | 22-May-1993   |
| 15K      | M50 | Jerry Kooymans     | 00:51:20    | Guelph, ON         | 30-Apr-2006   |
| 15K      | M55 | Kevin Smith        | 00:53:19    | Washington, DC     | 04-Apr-2025   |
| 15K      | M60 | Ed Whitlock        | 00:55:25    | Waterdown, ON      | 21-May-1994   |
| 15K      | M65 | Ed Whitlock        | 00:55:04    | Utica, NY          | 09-Jul-2000   |
| 15K      | M70 | Ed Whitlock        | 00:58:55    | Utica, NY          | 13-July-2003  |
| 15K      | M75 | Ed Whitlock        | 00:60:29    | Schenectady, NY    | 12-Nov-2006   |
| 15k      | M80 | Ed Whitlock        | 01:07.05    | Schenectady, NY    | 13-Nov-2011   |
| 15k      | M85 | Manual Teodoro     | 01:45:40    | London, ON         | 17-Feb-2013   |
| 15K      | W35 | Linda Findley      | 00:54:24    |                    | 1984          |
| 15K      | W45 | Diane Palmason     | 00:57:32    |                    | 08-May-1984   |
| 15K      | W50 | Diane Palmason     | 01:03:00    | Utica, NY          | 10-Jul-1988   |
| 15K      | W55 | Susan Stone        | 01:04:52    | Utica, NY          | 08-Jul-2018   |
| 15K      | W60 | Susan Stone        | 01:08:31    | Itica NY           | 11/Jul/2022   |
| 15K      | W65 | Jennifer MacDonell | 01:07:33    | Washington, DC     | 02-Apr-2022   |
| 15K      | W70 | Nancy Wells        | 01:23:20    | Toronto, ON        | 12-Jun-2016   |
| 15K      | W75 | Nancy Wells        | 01:32:47    | Tampa, FL          | 22-Feb-2024   |
| 10 Miles | M35 | Bob Moore          | 00:50:50    | Toronto, ON        | 13-Aug-1976   |
| 10 Miles | M40 | Reid Coolsaet      | 00:49:12.3  | Flint, MI          | 23- Aug- 2019 |
| 10 Miles | M45 | Ken Inglis         | 00:52:24    | St. Catharines, ON | 26-Sept-1987  |
| 10 Miles | M50 | Ben Johns          | 00:54:42    | St. Catharines, ON | 27-Sept-1986  |
| 10 Miles | M55 | Kevin Smith        | 00:57:29    | Washington, DC     | 04-Apr-2025   |

|               |     |                        |             |                  |               |
|---------------|-----|------------------------|-------------|------------------|---------------|
| 10 Miles      | M60 | Ed Whitlock            | 01:00:09 dh | Hamilton, ON     | 26/Dec/1995   |
| 10 Miles      | M65 | Ed Whitlock            | 01:00:15    | Toronto, ON      | 30-May-1999   |
| 10 Miles      | M70 | Ed Whitlock            | 01:02:28    | Flint, MI        | 23-Aug-2003   |
| 10 Miles      | M75 | Burton Long            | 01:17:23    | Hamilton, ON     | 26-Dec-2024   |
| 10 Miles      | M85 | Manual Teodoro         | 02:07:04.00 | Flint, MI        | 24-Aug-2013   |
|               |     |                        |             |                  |               |
| 10 Miles      | W35 | Sepanta Dorri          | 01:06:50.2  | Toronto, ON      | 13/Jul/2008   |
| 10 Miles      | W40 | Janet Takahashi        | 00:59:04    | Flint, MI        | 24/Aug/1996   |
| 10 Miles      | W45 | Diane Palmason         | 01:02:48    | Ottawa, ON       | 07/Oct/1984   |
| 10 Miles      | W50 | Diane Palmason         | 01:06:06    |                  | 16/Apr/1988   |
| 10 Miles      | W55 | Carolyn Silvey         | 01:07:57    | Burlington, ON   | 06-Apr-1012   |
| 10 Miles      | W60 | Elizabeth Waywell      | 01:10.17    | Patchogue, NY    | 19/Jan/2019   |
| 10 Miles      | W65 | Jennifer MacDonell     | 01:12:36    | Washington, DC   | 02-Apr-2022   |
| 10 Miles      | W70 | Wendy Patterson        | 01:52:01.5  | Toronto, ON      | 13/Jul/2008   |
| 10 Miles      | W75 | Nancy Wells            | 01:42:02    | London, ON       | 26-Dec-2024   |
| Half Marathon | M35 | Lucas McAneney         | 01:06:45    | Toronto, ON      | 4-May-25      |
| Half Marathon | M40 | Reid Coolsaet          | 01:05:46    | Philadelphia, PA | 15/Sep/2019   |
| Half Marathon | M45 | Frank Lewis            | 01:10:00    | Fairfield, CN    | 27/Jun/1993   |
| Half Marathon | M50 | Troy Cox               | 01:13:40.0  | Toronto, ON      | 20/Oct/2019   |
| Half Marathon | M55 | Kevin Smith            | 1:15:46     | Toronto, ON      | 20-Oct-2024   |
| Half Marathon | M60 | Brian Murphy           | 01:17:55    | Burlington, ON   | 03-Mar-2024   |
| Half Marathon | M65 | Ed Whitlock            | 01:19:32 dh | Toronto, ON      | 29/Sep/1996   |
| Half Marathon | M70 | Ed Whitlock            | 01:22:23    | Grand Island, NY | 21-Apr-2001   |
| Half Marathon | M75 | Ed Whitlock            | 01:29:26    | London, ON       | 13/May/2007   |
| Half Marathon | M80 | Ed Whitlock            | 01:38:11    | Milton, ON       | 15/Sep/2013   |
| Half Marathon | M85 | Ed Whitlock            | 01:50.47    | Waterloo, ON     | 24-April-2016 |
|               |     |                        |             |                  |               |
| Half Marathon | W35 | Sasha Gollish          | 01:11:52    | Valencia, ESP    | 24/Mar/2018   |
| Half Marathon | W40 | Lyndsay Tessier        | 01:13.54    | Houston, TX      | 14/Jan/2019   |
| Half Marathon | W45 | Beth Primrose          | 01:21:16    | Toronto, ON      | 28-Sep-2008   |
| Half Marathon | W45 | Lioudmila Kortchaguina | 01:15.38 dh | Montreal, QC     | 23-Apr-17     |
| Half Marathon | W50 | Carolyn Silvey         | 01:28:25    | Mississauga, ON  | 11-May-200?   |
| Half Marathon | W55 | Paula Hickman          | 01:28:40    | Ottawa, ON       | 09-Sep-2007   |
| Half Marathon | W60 | Elizabeth Waywell      | 01:29:53    | Ottawa, ON       | 23/Sep/2018   |
| Half Marathon | W65 | Elizabeth Waywell      | 01:33:34    | Vancouver, BC    | 11-Feb-2024   |
| Half Marathon | W70 | Doris MacLachlan       | 01:47.03    | Toronto, ON      | 16/Oct/2016   |
| Half Marathon | W75 | Doris MacLachlan       | 01:47.08    | Toronto, ON      | 20-Oct-19     |
| 25K           | M35 | Bob Moore              | 01:23:01    |                  | 01-Mar-1977   |
| 25K           | M40 | Bob Moore              | 01:21:38    |                  | 29-Aug-1982   |

|          |     |                   |               |                  |              |
|----------|-----|-------------------|---------------|------------------|--------------|
| 25K      | M45 | Bob Knuckey       | 01:31:06      | Scarborough, ON  | 31-July-1994 |
| 25K      | M50 | Bob Glazier       | 01:36:15      | Toronto, ON      | 27/Aug/1989  |
| 25K      | M55 | Jim McIlwham      | 01:35:38      | Toronto, ON      | 24/Aug/1986  |
| 25K      | M60 | Ed Whitlock       | 01:37:53      | Scarborough, ON  | 03/Jul/1994  |
| 25K      | M65 | Brian Murphy      | 01:37:21      | Chicago, IL      | 8-Oct-23     |
| 25K      | M70 | Ed Whitlock       | 02:00:56      | Hamilton, ON     | 25-Mar-2001  |
| 25K      | M75 | Duncan Mounsey    | 02:32:26      | Grand Rapids, MI | 10-May-2014  |
|          |     |                   |               |                  |              |
| 25K      | W40 | Laura Lynn        | 01:38:36      | Grand Rapids, MI | 11/May/1991  |
| 25K      | W45 | Gerda Zonruiter   |               | Grand Rapids, MI | 12/May/2007  |
| 25K      | W50 | Teresa Novick     | 02:14:48.00dh | London, ON       | 21/Sep/2013  |
| 25K      | W55 | Eileen Doran      | 01:58:10      | Scarborough, ON  | 31-Jul-1994  |
| 25K      | W60 | Molly Turner      | 02:01:53      | Scarborough, ON  | 31-Jul-1994  |
| 25K      | W65 | Elizabeth Waywell | 01:53:29      | Chicago, IL      | 13-Oct-2024  |
| 25K      | W70 | Judith Kazdan     | 02:56:28      | Scarborough, ON  | 31-Jul-1994  |
| 30K      | M35 | Rick Mannen       | 01:41:05      | Hamilton, ON     | 27-Mar-1994  |
| 30K      | M40 | Bob Moore         | 01:38:17      | Hamilton, ON     | 26-Mar-1983  |
| 30K      | M45 | Ben Johns         | 01:43:07      | Albany, NY       | 24-Mar-1985  |
| 30K      | M50 | Bob Moore         | 01:49:41      | Hamilton, ON     | 24-Mar-1991  |
| 30K      | M55 | Jim McIlwham      | 01:54:50      | Hamilton, ON     | 29-Mar-1987  |
| 30K      | M60 | Brian Murphy      | 01:56:24      | Hamilton, ON     | 27-Mar-2022  |
| 30K      | M65 | Ed Whitlock       | 01:57:35      | Hamilton, ON     | 26-Mar-2000  |
| 30K      | M70 | Ed Whitlock       | 02:00:56      | Hamilton, ON     | 25-Mar-2001  |
| 30K      | M75 | Odino Soligo      | 02:45:47      | Hamilton, ON     | 31-Mar-1996  |
| 30K      | M80 | Odino Soligo      | 03:12:34      | Hamilton, ON     | 25-Mar-2001  |
|          |     |                   |               |                  |              |
| 30K      | W35 | Krista Duchene    | 01:47:04      | Hamilton, ON     | 25-Mar-2012  |
| 30K      | W40 | Anne Emmett       | 02:12:01      | Hamilton, ON     | 24-Mar-1991  |
| 30K      | W45 | Krista Duchene    | 01:57:41      | Hamilton, ON     | 27-Mar-2022  |
| 30k      | W50 | Beth Primrose     | 02:03.08      | Hamilton, ON     | 23/Mar/2013  |
| 30K      | W55 | Elizabeth Waywell | 02:11:52      | Hamilton, ON     | 30-Mar-2014  |
| 30K      | W60 | Teresa Novick     | 02:17:26      | Hamilton, ON     | 26-Mar-2023  |
| 30K      | W65 | Elizabeth Waywell | 02:16:46      | Chicago, IL      | 13-Oct-2024  |
| 30K      | W70 | Doris MacLachlan  | 02:40.06      | Hamilton, ON     | 03/Apr/2016  |
| 30K      | W75 | Lynne Faught      | 03:48:54      | Hamilton, ON     | 22-Mar-2022  |
| Marathon | M35 | Reid Coolsaet     | 02:10.28      | Berlin, GER      | 27/Sep/2015  |
| Marathon | M40 | Reid Coolsaet     | 02:15:23.0    | Toronto, ON      | 20/Oct/2019  |
| Marathon | M45 | Art Taylor        | 02:26:35      | Ottawa, ON       | 09-May-1976  |
| Marathon | M50 | Art Taylor        | 02:27:17      | Ottawa, ON       | 08-May-1977  |

|                 |            |                   |             |                 |              |
|-----------------|------------|-------------------|-------------|-----------------|--------------|
| <b>Marathon</b> | <b>M55</b> | Jan Adegeest      | 02:43:43    | Toronto, ON     | 20-Oct-2024  |
| <b>Marathon</b> | <b>M60</b> | Brian Murphy      | 02:44:20    | London, UK      | 02-Oct-2022  |
| <b>Marathon</b> | <b>M65</b> | Ed Whitlock       | 02:51:02    | Columbus, OH    | 14-Nov-1999  |
| <b>Marathon</b> | <b>M70</b> | Ed Whitlock       | 02:54:49    | Toronto, ON     | 26/Sep/2004  |
| <b>Marathon</b> | <b>M75</b> | Ed Whitlock       | 03:04:54    | Rotterdam NL    | 15/Apr/2007  |
| <b>Marathon</b> | <b>M80</b> | Ed Whitlock       | 03:15:54    | Toronto, ON     | 16-Oct-2011  |
| <b>Marathon</b> | <b>M85</b> | Ed Whitlock       | 03:56:38    | Toronto, ON     | 16-Oct-2016  |
|                 |            |                   |             |                 |              |
| <b>Marathon</b> | <b>W35</b> | Krista Duchene    | 02:28:32    | Toronto, ON     | 20-Oct-2013  |
| <b>Marathon</b> | <b>W40</b> | Lyndsay Tessier   | 02:30:47.0  | Berlin, GER     | 16/Sep/2018  |
| <b>Marathon</b> | <b>W45</b> | Krista Duchene    | 02:38:53    | Tokyo, JPN      | 05/Mar/2023  |
| <b>Marathon</b> | <b>W50</b> | Paula Wiltse      | 02:58:52    | Chicago, IL     | 8-Oct-17     |
| <b>Marathon</b> | <b>W55</b> | Paula Hickman     | 03:11:34.7  | Ottawa, ON      | 25-May-2008  |
| <b>Marathon</b> | <b>W60</b> | Elizabeth Waywell | 03:07:56    | Toronto, ON     | 21/Oct/2018  |
| <b>Marathon</b> | <b>W65</b> | Elizabeth Waywell | 03:15:18    | Chicago, IL     | 08-Oct-2023  |
| <b>Marathon</b> | <b>W70</b> | Jean Marmoreo     | 03:59:07.00 | Toronto, ON     | 20-Oct-2013  |
| <b>Marathon</b> | <b>W70</b> | Doris MacLachlan  | 03:41:49dh  | Mississauga, ON | 07-May-2017  |
| <b>Marathon</b> | <b>W75</b> | Judith Kazdan     | 06:52:33    | Buffalo, NY     | 23-July-1995 |