

F	F40-44	Katherine	Ahokas	Muskoka Algonquin Runners	73.40%	16:10.7
F	F40-44	Nataliia	Yefanova	Svitanok Running club	67.80%	17:31.6
F	F45-49	Elizabeth	Stewart	Unattached	65.50%	19:03.2
F	F50-54	Heather	Pady	Unattached	82.50%	16:04.4
F	F50-54	Mary Catherine	Stewart	Unattached	77.80%	17:02.9
F	F50-54	Jennifer	Nicholson	Muskoka Algonquin Runners	74.50%	17:48.0
F	F50-54	Angela	Driscoll	Newmarket Huskies Track Club	69.90%	18:58.7
F	F55-59	Lora	Rigutto	Unattached	80.00%	17:42.3
F	F55-59	Catherine	Weber	University of Toronto TC	68.40%	20:42.7
F	F55-59	Shelly	Johnson	Gemini Racers	55.30%	25:37.0
F	F60-64	Makie	Ohler	University of Toronto TC	84.30%	18:02.7
F	F60-64	Laurie-Anne	Penner	Newmarket Huskies Track Club	81.60%	18:38.7
F	F60-64	Anne	Koch	University of Toronto TC	81.50%	18:39.5
F	F60-64	Wilma	Ward	Unattached	67.40%	22:33.3
F	F65-69	Rita	Botelho	University of Toronto TC	78.20%	20:59.1
M	M30-34	Joao Pedro	Bazzo	University of Toronto TC	67.62%	14:46.6
M	M30-34	Shayan	Mantegh	Unattached	67.37%	14:49.8
M	M40-44	Jonathan	Scratch	Toronto West Athletics	64.50%	16:21.5
M	M40-44	Volodymyr	Yefanov	Svitanok Running club	63.10%	16:42.4
M	M40-44	Sandy	Farquharson	Unattached	48.60%	20:57.2
M	M45-49	Patrick	Brown	Unattached	67.60%	16:12.2
M	M45-49	Corey	McArthur	Newmarket Huskies Track Club	55.50%	19:44.6
M	M50-54	Charles	Bedley	University of Toronto TC	79.50%	14:19.8
M	M50-54	David	Tepper	Newmarket Huskies Track Club	74.40%	15:19.5
M	M50-54	Richard	Pady	Unattached	73.80%	15:25.8
M	M50-54	Paulo	Moreira	Unattached	65.10%	16:50.3
M	M50-54	Sean	Guevara	Newmarket Huskies Track Club	63.60%	17:55.0
M	M55-59	John	Thomas	University of Toronto TC	74.40%	15:57.4
M	M55-59	Randy	Zabukovec	Unattached	74.20%	16:00.6
M	M55-59	Mirco	Graenert	Newmarket Huskies Track Club	73.60%	16:07.4
M	M55-59	Cuneyt	Gulerce	Unattached	73.30%	16:11.3
M	M55-59	Pat	McLean	Newmarket Huskies Track Club	62.20%	19:05.4
M	M55-59	Chris	Madsen	University of Toronto TC	55.50%	21:22.6
M	M60-64	Geoffrey	Peat	Newmarket Huskies Track Club	79.40%	15:37.0
M	M60-64	Johani	Londono	Toronto Olympic Track & Field Club	75.40%	16:25.6
M	M60-64	Daniel	Fiorini	Newmarket Huskies Track Club	73.70%	16:49.0
M	M60-64	Andre	Boudreault	Muskoka Algonquin Runners	67.40%	18:23.5
M	M60-64	Scott	Anderson	Newmarket Huskies Track Club	64.70%	19:09.3
M	M65-69	Armand	D'Oliveira	University of Toronto TC	73.40%	17:39.3
M	M65-69	Jim	Freemantle	Newmarket Huskies Track Club	66.20%	19:34.3
M	M70-74	Jerry	Koymans	Toronto Olympic Track & Field Club	78.10%	17:25.6

M	M70-74	Ian	Carter	Unattached	73.70%	18:28.6
M	M70-74	Wayne	Gagne	Muskoka Algonquin Runners	68.20%	19:57.6
M	M70-74	Tony	Farr	University of Toronto TC	66.40%	20:30.2
M	M75-79	Phillip	Swift	University of Toronto TC	55.60%	26:18.6
M	M80-84	Vern	Christensen	University of Toronto TC	53.70%	30:15.2
M	M85-89	Michael	Goodstadt	University of Toronto TC	59.80%	31:24.5
M	M80-84	Robert	Moore	Toronto Olympic Track & Field Club	45.00%	36:03.5